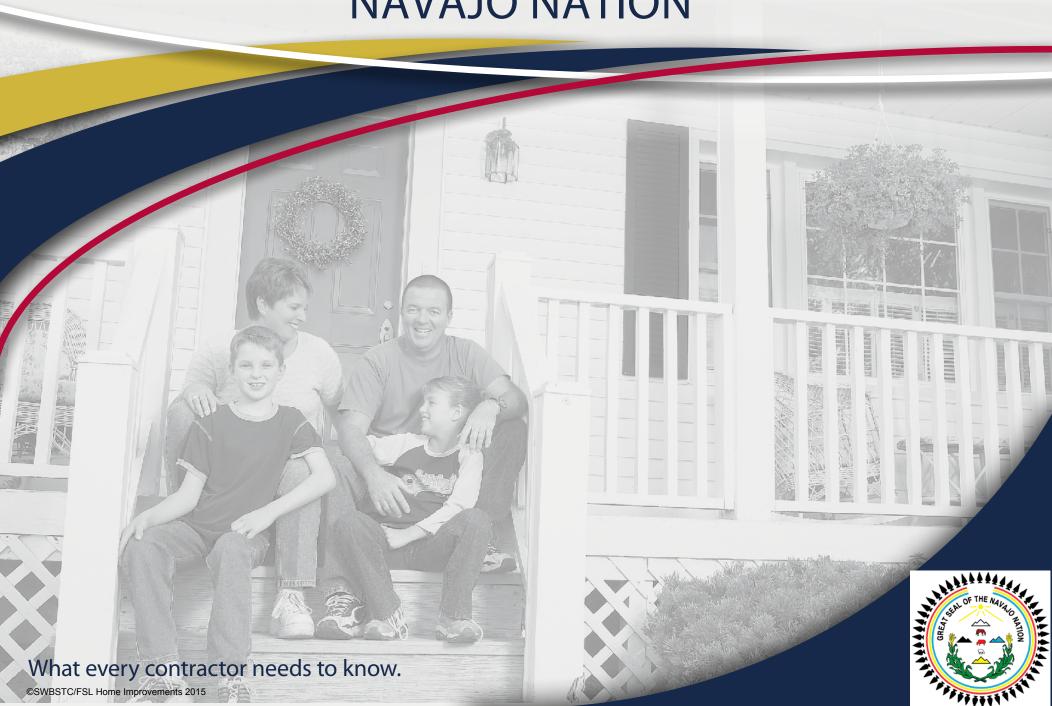
# SUCCESS WITH WEATHERIZATION NAVAJO NATION







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#### SUCCESS WITH WEATHERIZATION

#### Critical Detials Field Guide List

Accessing Duct Leakage Sites N/A

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Installing duct straps 3.1601.3

Installing duct support for flex 3.1601.3

Install flex duct 3.1601.1

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Installing insulation N/A



#### SUCCESS WITH WEATHERIZATION

#### Non Critical Details - Quick Links

While this guide contains the most common weatherization measures you would perform in a DOE weatherization project in the South West region, for practical reasons we cannot include *every* measure, nor could any single Critical Detail sheet encompass every possible variation you might find in a home. For that reason, you may have need to directly access the NREL SWS specs themselves to make a determination of how to properly deal with a unique situation. These links will bring you to the main parts of the SWS site to speed up that process.

HEALTH AND SAFETY https://sws.nrel.gov/spec/2

AIR SEALING <a href="https://sws.nrel.gov/spec/3">https://sws.nrel.gov/spec/3</a>

INSULATION <a href="https://sws.nrel.gov/spec/4">https://sws.nrel.gov/spec/4</a>

HEATING AND COOLING <a href="https://sws.nrel.gov/spec/5">https://sws.nrel.gov/spec/5</a>

VENTILATION https://sws.nrel.gov/spec/6

BASELOAD <a href="https://sws.nrel.gov/spec/7">https://sws.nrel.gov/spec/7</a>

Combustion Safety Testing is accomplished by following the procedure highlighted in the "Combustion Safety App"



#### **OSHA REGULATIONS**

OSHA regulations must always be followed when completing any home energy upgrades. Ensure the measures below are addressed:

- Work site operations are conducted in compliance with OSHA regulatory requirements.
- Workers are trained in the hazards of their job and the methods to protect themselves.
- Workers are provided the protective equipment needed to reduce site exposures.

#### **EPA GUIDELINES**

EPA has developed the Healthy Indoor Environment Protocols for Home Energy Upgrades to provide guidance on improving or maintaining indoor air quality and indoor environments during home energy upgrades and retrofits. It addresses these measures:

- Contaminants
- Critical Building Systems
- Safety

#### SUCCESS WITH WEATHERIZATION

# Health + Safety Information Sheet

#### **Health + Safety: Introduction**

Home energy upgrades can decrease an occupant's energy bills while increasing the comfort of the home. However, home energy upgrade activities may negatively affect indoor air quality if appropriate health and safety measures are not put in place. It is important for an assessment to be completed prior to beginning any work. As always, it is required for all contractors to follow OSHA regulations. By law, employers and supervisors are required to ensure that:

1. Work site operations are conducted in compliance with OSHA regulatory requirements.

Site plans should address safety and health and should include precautions to address multiple construction issues. Measures an employer needs to take to evaluate existing and potential health concerns, as well as recommended actions to ensure worker safety, are also included in Table 2. Free help with developing these plans is often available from state or federal training (consulting) programs.

- 2. Workers are trained in the hazards of their job and the methods to protect themselves.
- 3. Workers are provided the protective equipment needed to reduce site exposures.

When possible, choose construction products whose manufacturers disclose all ingredients and verify that they are free of formaldehyde, mercury and other known toxic substances.

When known pollutants are being produced or disturbed during retrofit activities, follow appropriate standards (including OSHA, NIOSH, EPA lead safe, and BPI) to minimize worker and occupant exposure.

The U.S. Environmental Protection Agency (EPA) has developed a guide specific to the home energy retrofit industry to supplement OSHA requirements. This guide, the Healthy Indoor Environment Protocols for Home Energy Upgrades provides practical guidance on improving or maintaining indoor air quality and indoor environments during home energy upgrades, retrofits or remodeling.

These protocols apply to existing single-family and multi-family low-rise residential buildings and are intended for use by the home energy retrofit industry. They provide guidance for conducting home assessments and undertaking the responses necessary to maintain or improve indoor air quality and safety. The protocols also can help improve the quality of home weatherization projects and other energy-efficiency retrofit or remodeling jobs, thus reducing failures and call-backs.

The full document may be found in the appendix or online here:

http://www.epa.gov/iag/pdfs/epa\_retrofit\_protocols.pdf

#### **Healthy Indoor Environment Protocols**

The Healthy Indoor Environment Protocols for Home Energy Upgrades includes the topics listed below:

Contaminants

This section contains information on common contaminants, such as lead, mold, asbestos, pests and radon. For each contaminant, it provides information on how to assess if the contaminant exists and how to mitigate issues.

Critical Building Systems For Healthy Indoor Environments

This section contains information on heating and ventilation systems in a home. Each measure provides a list of items



#### SUCCESS WITH WEATHERIZATION

# Health + Safety Information Sheet

to assess and actions to take if the measure is not working properly.

Safety

This section contains information on creating a safe environment for both the occupants and the contractors completing home energy upgrades.

In the appendix, we have included the complete Healthy Indoor Environment Protocols for Home Energy Upgrades for your use. We recommend that both assessors and installers keep the guide with them during on-site visits for guidance. Note this document should be used in addition to OSHA regulations.

#### **Occupant Health + Safety**

Advanced Energy believes that every retrofit project should result in a more healthy, safe, comfortable, durable, energy efficient and environmentally responsible home. We also believe a house is a system, meaning all parts of the house are interactive and interdependent. Proper air sealing of a house includes ensuring combustion appliances work properly and considering fresh air ventilation. It's important to realize air sealing can affect each part of the house in an adverse way, creating unhealthy conditions for the occupants, durability issues for the home and considerable risk and liability for you the retrofit contractor.

# REPAIR

SUCCESS WITH WEATHERIZATION

What every contractor needs to know.



#### SUCCESS WITH WEATHERIZATION

# **Duct Repair + Sealing Contents**

Duct repair and sealing is a challenging and important job. Done right it can bring increased comfort, safety and health to the home's occupant while saving them money on their heating and cooling bills. The purpose of this guide is to assist you, the duct repair and sealing professional, with getting the job done right the first time – every time. Below is a list of provided materials in this section

Health + Safety	8
Duct Sealing Checklist	9
Critical Detail: Sealing Ducts	. 12
Additional Job Aids	
Critical Detail: Installing Metal Ducts	. 14
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#### SUCCESS WITH WEATHERIZATION

# Health + Safety Information Sheet

#### **Health + Safety: Introduction**

The introduction to this manual introduced EPA's Healthy Indoor Environment Protocols for Home Energy Upgrades. The document is a useful tool for finding solutions for common issues that arise when completing home energy upgrades. This page will highlight some important details in the document in relation to safety when duct sealing.

#### **Health + Safety: Worker Safety**

As mentioned in the introduction, it is required for all contractors to follow OSHA regulations. By law, employers and supervisors are required to ensure that all workers have the correct personal protective equipment. These items include, but aren't limited to:

- Gloves
- · Protective clothing
- Knee pads
- Eye protection
- Respirators: Different types of respirators are required for different jobs. Use the Healthy Indoor Environment Protocols for Home Energy Upgrades to verify that your current respirator is compliant with the job.
- Non-contact voltage detectors

Tip: It is important to keep your PPE in good condition. Having a bag that stores all of your PPE and supplies for cleaning the items will save you time and keep you safe.

#### **Health + Safety: Health Hazards**

It is important to look for hazards and create a mitigation plan before beginning work. The list below highlights the most important items to identify and mitigate for all duct repair jobs:

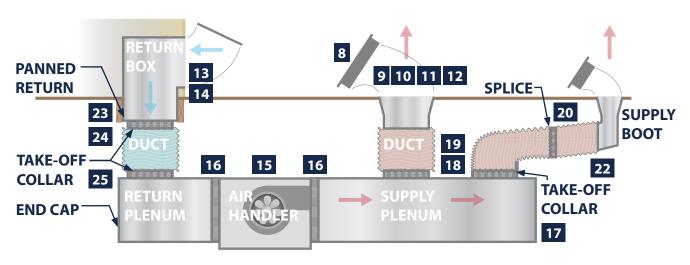
- Sewer gases, fuel oil, chemicals and other pollutants in crawl spaces or attics
- Mold-like growth in attics and crawl spaces
- Presence of pest/rodents in crawl spaces or attics
- Lack of CO alarm in all houses
- Unvented combustion appliances
- Duct tapes and wrappings that are likely to contain asbestos

If any of these conditions exist, follow action items listed in the Healthy Indoor Environment Protocols for Home Energy Upgrades before beginning work.



# CHECKLIST:

# **DUCT SEALING**



✓	N/A	PREP
		1. Complete a combustion safety test and record the results.
		2. Verify that a ventilation plan is established.
		3. Put on all personal protection equipment (PPE).
		4. Identify all worker and occupant safety hazards.
		5. Identify all potential durability issues.
		6. Address all combustion safety, worker safety, occupant safety and durability issues prior to starting work and notify the occupant. Do not
_	_	complete work if a life safety hazard is identified.
<b>√</b>	N/A	complete work if a life safety hazard is identified.  INSIDE THE LIVING SPACE
<b>✓</b>		
✓ □	N/A	INSIDE THE LIVING SPACE
	N/A	INSIDE THE LIVING SPACE  7. Turn the HVAC fan on and feel for air flowing out of each supply with your hand. Note any supply lines not providing air. Turn the fan off.
	N/A	INSIDE THE LIVING SPACE  7. Turn the HVAC fan on and feel for air flowing out of each supply with your hand. Note any supply lines not providing air. Turn the fan off.  8. Remove all supply registers and return grilles.



# CHECKLIST:

# SUCCESS WITH WEATHERIZATION

# **DUCT SEALING**

		12. Seal all gaps between the subfloor or ceiling and the supply boot.				
		13. Seal all seams of each return box.				
		14. Seal all gaps between the subfloor, wall or ceiling and the return box.				
<b>✓</b>	N/A	OUTSIDE THE LIVING SPACE				
		15. Tape the air handler cabinet panels and seal all penetrations.				
		16. Mechanically fasten and seal the connection between the air handler and the plenums.				
		17. Mechanically fasten and seal all supply plenum seams and end caps.				
		18. Mechanically fasten and seal the connection between supply take-off collars and plenums.				
		19. Mechanically fasten and seal inner liner of all supply ducts to supply take-off collars.				
		20. Inspect all supply ducts for disconnects, tears and/or holes and pay attention to supply lines the Fix by reconnecting ducts and patching holes. If flex duct, remove section with hole or tear and	, ,			
		21. Fasten and seal all sectioned metal elbows to supply ducts and take-off collars.				
		22. Fasten and seal inner liner of all supply ducts to supply boots. Skip this step if sealed from insid	e the living space.			
		23. Seal all panned returns.				
		24. Inspect all return ducts for disconnects, tears and/or holes. Fix by reconnecting, patching or fas connections. If flex duct, remove section with hole or tear and replace with a sealed spliced col				
		25. Seal the connection between supply take-off collars and plenums.				
✓	N/A	CLOSE OUT				
		26. Clean the work area.				
		27. Complete a combustion safety test and record the results.				
		28. Educate occupants on the work completed.				
		JOB INFORMATION				
Name			Initials			



# CHECKLIST:

#### **DUCT SEALING**

NOTES					
Location (e.g., NW corner of house)	Issue (e.g., disconnect, crimped duct)				

#### **DUCT SEALING GUIDELINES**

For seams, cracks joints, holes and penetrations that are:

#### 1/4-inch or less (small)

Seal with mastic.





#### 1/4-inch to 3/4-inch (medium)

Install temporary tape. Apply a base coat of mastic. Apply fiberglass mesh tape. Apply mastic atop fiberglass mesh tape.







#### 3/4-inch or greater (large)

Mechanically fasten rigid support material that is at least 1 in. larger than the hole. Apply base coat of mastic, fiberglass mesh tape and top coat of mastic.

**BEFORE** 







**MATERIALS** 

**TOOLS** 

## **SEALING DUCTS**

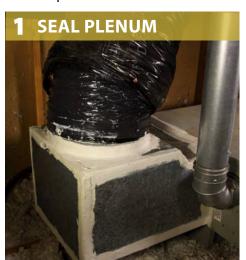
DESIRED OUTCOME: Ducts and plenums sealed to prevent leakage.

Duct and plenum not sealed. Duct and plenum sealed. **X** BEFORE **AFTER SAFETY + NOTES** Gloves, appropriate respirator, safety glasses

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

#### **SEALING DUCTS**

Seal plenum with mastic. Choose the appropriate sealing technique based on hole size.



Replace outer liner and insulation.



Peel back outer liner and insulation.



Install nylon tie band around inner liner using a tie band tensioning tool.



Install nylon tie band around inner liner using a tie band tensioning tool.



Seal inner liner with mastic. Choose the appropriate sealing technique based on hole size.



No	otes	
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í		

#### **INSTALLING METAL DUCTS**

DESIRED OUTCOME: Ducts properly installed and sealed to prevent leak-

MATERIALS	TOOLS	<b>X</b> BEFORE
MATERIALS	TOOLS	BEFORE
		<b>建筑的基础的</b>
		SAFET
		Gloves, appropriate respira

Duct sealed and insulated.



#### + NOTES

r, safety glasses

Duct not sealed.

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

#### **INSTALLING METAL DUCTS**

Roof termination fittings: use 90° fitting first. Wall termination fittings: use a straight fitting.



Fasten duct connections with a minimum of three equally spaced screws.



If a termination is not installed, follow the exhaust fan termination installation critical detail.



Seal all seams and joints.



Install duct pieces with crimped ends pointed in the direction of air flow. Cut pieces to fit.



If installing duct in unconditioned space, wrap the duct with insulation and seal the seams.



For the connection between the duct and the termination, install the termination cap adaptor.



Notes:	

**MATERIALS** 

**TOOLS** 

#### **INSTALLING FLEX DUCTS**

DESIRED OUTCOME: Ducts properly installed and sealed to prevent leakage.

**X** BEFORE **AFTER SAFETY + NOTES** Gloves, appropriate respirator, safety glasses

Duct sealed and insulated.

\* Materials and tools listed are only recommendations and may not include everything needed to complete job.

Duct not sealed.



# CRITICAI DETAIL: SWS 3.1601.1c

#### **INSTALLING FLEX DUCTS**

Roof termination fittings: use 90° fitting first. Wall termination fittings: use a straight fitting.



If a termination is not installed, follow the exhaust fan termination installation critical detail.



Measure and cut f flex duct to run between the termination and the metal fitting attached to the fan.



Seal the collar of the metal duct and the termination connection with mastic.



Connect the flex duct at both ends using flex duct ties.



Seal each flex duct connection with mastic.



Pull flex duct insulation into place and seal with mastic.



Support the duct at least every 4 ft.



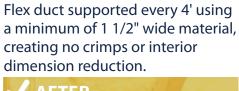
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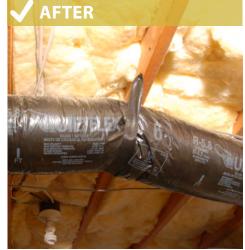
#### INSTALLING DUCT SUPPORT FOR FLEX DUCTS

DESIRED OUTCOME: Ducts and plenums properly supported.

			dimension reduc
MATERIALS	TOOLS	BEFORE	AFTER  WITH THE PROPERTY OF TH
			Y + NOTES
		Gloves, appropriate respirat	or, salety glasses

Flex duct needing support straps.





# TY + NOTES

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

Notes:

### INSTALLING DUCT SUPPORT FOR FLEX DUCTS

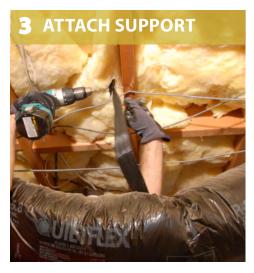
Attach support material to framing (i.e., truss, rafter or joist).

1 ATTACH SUPPORT

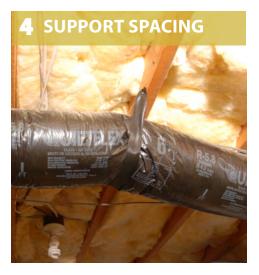
Run support material under flex duct and lift into correct position.



Attach support material to framing (i.e., truss, rafter or joist).



Flex duct supported every 4' having no crimps or interior dimension reduction.





# CRITICAL DETAIL: SWS 3.1601.3

# SUCCESS WITH WEATHERIZATION

# **INSTALLING DUCT STRAPS**

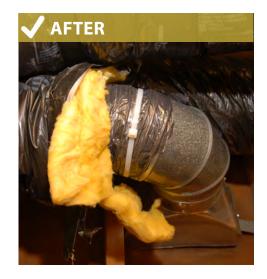
DESIRED OUTCOME: Ducts and plenums properly fastened to prevent leakage.

**MATERIALS TOOLS** 

Flex-to-collar connection needing tie ban.



Joints fastened with tie bands using a tie band tensioning tool. Metal ducts will be supported at intervals not exceeding 10 feet.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

\* Materials and tools listed are only recommendations and may not include everything needed to complete job.

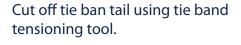


# CRITICAL DETAIL: SWS 3.1601.3

#### **INSTALLING DUCT STRAPS**

Place tie ban being used around the connection.











Notes:



#### **DUCT LEAKAGE SITES**

These tech tips show how to access the areas listed below:

- A. Air Handler to Plenum
- B. S and Drive Connections
- C. Take Off Collar to Plenum
- D. Splices
- E. Return Platform
- F. Metal Plenums
- G. Duct Board Plenums
- H. Panned Returns
- I. Inner Liner to Boot Connections
- J. Package Units

#### **HEALTH + SAFETY**

Put on all PPE before beginning any work. Place duct tape over sharp metal edges during work.

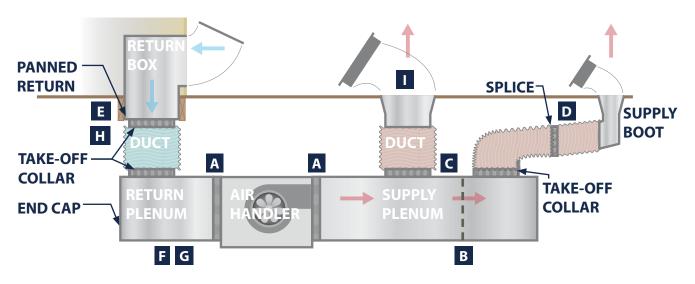
#### **TOOLS**

Be sure to have, at a minimum, these tools:

- Utility knife or Scissors
- Screwdrivers
- Drill
- Flashlight
- Cutter
- Tin snips

#### SUCCESS WITH WEATHERIZATION

# **Accessing Duct Leakage Sites**



#### Introduction

One of the first steps to sealing a duct system is gaining access to the leakage site. Reference the following TECH TIPS for before and after illustrations on how and where to gain access at various duct leakage sites. Illustrations are provided for the following sites:

- A. Air Handler to Plenum
- B. S and Drive Connections
- C. Take Off Collar to Plenum
- D. Splices
- E. Return Platform
- F. Metal Plenums
- G. Duct Board Plenums
- H. Panned Returns
- Inner Liner to Boot Connections
- J. Package Units

#### Health + Safety

Prior to starting work, make sure to have all the necessary PPE equipment (gloves, appropriate respirator, safety glasses, etc.). While accessing these locations, place duct tape over the sharp metal edges where access holes have been cut can help protect the worker from injury.

#### **Tools**

It is important to gather all necessary materials and tools before accessing duct leakage sites. Some necessary tools include utility knives, screwdrivers, a drill, flashlights, sheet metal hole or circle cutter and tin snips.

For more information about how to seal these locations please reference our Sealing Duct Leakage Sites CRITICAL DETAILS.



#### **ACCESSING DUCT LEAKAGE SITES**

A. Air Handler to Plenum (Externally insulated metal): Gain access to joint by peeling back plenum insulation.





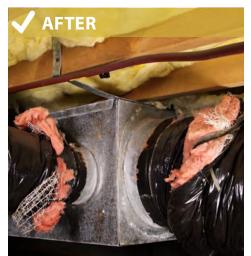
S and Drive Connections in Plenum (Externally insulated B. metal): Gain access to joint by peeling back plenum insulation.



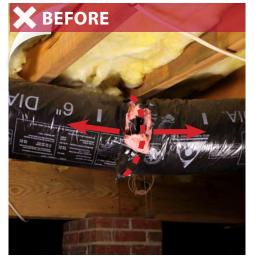


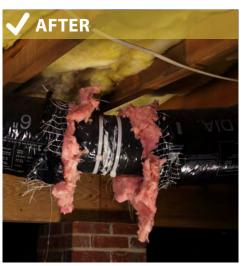
Take Off Collar to Plenum: Gain access to joint by removing outer nylon tie band or tape and peeling back insulation.





D. Splices: Gain access to connection by removing outer nylon tie band or tape and peeling back insulation.





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#### **ACCESSING DUCT LEAKAGE SITES**

E. Return Platform: Create temporary access hole by removing or cutting cladding of return platform.





F. Metal Plenums: Create temporary access hole by cutting hole through accessible side of plenum.





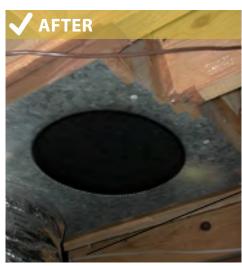
Duct Board Plenums: Create temporary access hole by cutting hole through accessible side of plenum. Make sure to "pumpkin cut" for ease of patching hole.





H. Panned Returns: Create temporary access hole by cutting hole through accessible area of return.



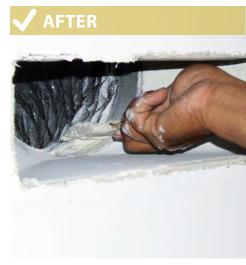


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# **ACCESSING DUCT LEAKAGE SITES**

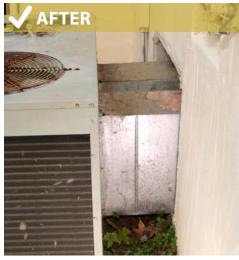
Inner Liner to Boot: Gain access to connection from inside home by removing supply grill.





J. Package Units (Ground level): Gain access to connections by removing shroud.





Package Units (Ground level): Gain access to connections by removing shroud and cutting holes in supply and return ducts.





Notes:			



# CRITICAL DETAILS: SWS 3.1602.1

# SUCCESS WITH WEATHERIZATION

After gaining access to the leakage site, choose the appropriate sealing technique from below. Each of these step-by-step groupings illustrate a

# SEALING SMALL, MEDIUM + LARGE HOLES

	specific sealing technique based on the hole size. Please reference the
TOOLS	vertical gray text boxes and first step of each series to ensure the correct step-by-step process is being followed. There are 3 sets to choose from:
	(SMALL HOLES) - MASTIC ONLY:
	Seams, cracks, joints, holes and penetrations that are 1/4-inch or less.
	(MEDIUM HOLES) - TEMPORARY TAPE + MASTIC + MESH TAPE  Seams, cracks joints, holes and penetrations that are 1/4-inch to 3/4-inch.
	(LARGE HOLES) - RIGID SUPPORT + MASTIC + MESH TAPE:  Seams, cracks, joints, holes and penetrations that are larger than 3/4-inch.
	SAFETY + NOTES
	Gloves, appropriate respirator, safety glasses
mendations and may not include	e



# CRITICAL DETAIL: SWS 3.1602.1

# **SEALING SMALL HOLES**

Seams, cracks, joints, holes and penetrations that are 1/4-inch or less.

Seal with mastic.



Notes:



#### **SEALING MEDIUM HOLES**

Seams, cracks, joints, holes and penetrations that are 1/4-inch to 3/4-inch.



Install temporary tape over seams, cracks, joints, holes and penetrations.



Apply a base coat of mastic to completely cover and extend beyond tape.



Apply fiberglass mesh tape to completely cover and extend beyond mastic.



Apply a second coat of mastic atop fiberglass mesh tape to completely cover and extend beyond tape.



#### Notes:

- Temporary tape can be a variety of different types of tape. It is used to prevent mastic from falling into the hole and should only be used if also using mesh tape for reinforcement.

Seams, cracks, joints, holes and penetrations that are larger than 3/4-inch.



Install rigid duct support material that is at least 1 inch larger than the hole.



Apply a base coat of mastic to completely cover and extend beyond support material.



Apply fiberglass mesh tape to completely cover and extend beyond mastic.



Apply a second coat of mastic atop fiberglass mesh tape to completely cover and extend beyond tape.



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Seams, cracks, joints, holes and penetrations that are larger than 3/4-inch.



Install rigid duct support material that is at least 1 inch larger than the hole.



Apply a coat of mastic to completely cover and extend beyond support material.



Apply fiberglass mesh tape to completely cover and extend beyond mastic.



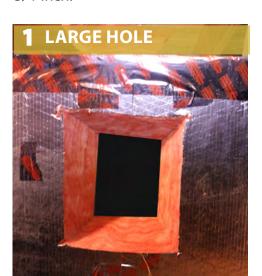
Apply a second coat of mastic atop fiberglass mesh tape to completely cover and extend beyond tape.



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1	W.		

Seams, cracks, joints, holes and penetrations that are larger than 3/4-inch.



Replace cut out. Make sure to "pumpkin cut" for ease of patching hole.



Apply a coat of mastic to completely cover and extend beyond support material.



Apply fiberglass mesh tape to completely cover and extend beyond mastic.



Apply a second coat of mastic atop fiberglass mesh tape to completely cover and extend beyond tape.



Notes	Ν	0	t	e	S	
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Miles .	
	1

Seams, cracks, joints, holes and penetrations that are larger than 3/4-inch.

**HOLE SIZE** 

Install rigid duct support material that is at least 1 inch larger than the hole.



Apply a base coat of mastic to completely cover and extend beyond support material.



Apply fiberglass mesh tape to completely cover and extend beyond mastic.



Apply a second coat of mastic atop fiberglass mesh tape to completely cover and extend beyond tape.



Ν	0	t	e	S

MIZE		



# CRITICAL DETAIL: SWS 5.3003.3

#### **BAR-FACED GRILLE INSTALLATION**

Stamp-faced return grille. Bar-faced return grille. DESIRED OUTCOME: Increase air flow through the return grille **X** BEFORE **MATERIALS TOOLS AFTER SAFETY + NOTES** Gloves, appropriate respirator, safety glasses

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

**SCORE** 

# **BAR-FACED GRILLE INSTALLATION**

If present, score any caulk or paint sealing between return grille and interior surface.

Remove filter and grill.



If present, score any mastic or duct tape sealing between return grill flange and return. Remove screws.



Remove frame.



Seal return to sheetrock connection.



Install new grille and filter.

6 INSTALL GRILLE

Notes:

_



# CRITICAL DETAIL: SWS 3.1602.5

# SUCCESS WITH WEATHERIZATION

#### SEALING FRAMED RETURN PLATFORMS

DESIRED OUTCOME: Return air sealed to minimize air leakage

MATERIALC	TOOLS	<b>₩</b> pi
MATERIALS	TOOLS	<b>X</b> B
		_
		Glove
		41000
	. <u></u> .	

Rough frame support platform.



Platform completely lined and air sealed.



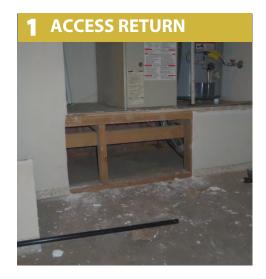
#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

\* Materials and tools listed are only recommendations and may not include everything needed to complete job.

#### SEALING FRAMED RETURN PLATFORMS

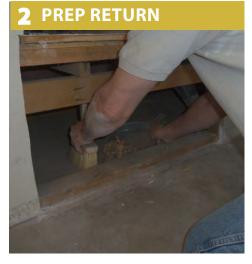
Remove grille or cut access hole into framed platform.



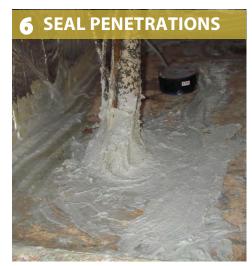
If refrigerant and condensate lines penetrate the platform return, provide infill and seal as needed.



Clean out debris and dirt from return platform.



If refrigerant and condensate lines terminate to the outside, install hardware cloth or equivalent rodent barrier.



Line plenum with duct board. Mechanically fasten duct board to framing.



Seal the inside of the return. Choose the appropriate sealing technique based on hole size.



#### Notes:

Scrap flashing material can make great washers for use when securing duct board. If using this technique, exercise caution and make sure to wear gloves to protect your hands from the sharp edges.

# ENTILATION

SUCCESS WITH WEATHERIZATION

What every contractor needs to know.



#### SUCCESS WITH WEATHERIZATION

#### **Ventilation Contents**

Ventilation is a challenging and important joB. Done right it can Bring increased comfort, safety and health to the home's occupant while saVing them money on their heating and cooling Bills. The purpose of this guide is to assist you, the duct repair and sealing professional, with getting the joB done right the first time – eVery time. Below is a list of proVided materials in this section

Health + Safety
Bathroom Exhaust Fan Replacement Checklist
Bathroom Exhaust Fan Installation Checklist
Additional Job Aids
Critical Detail: Replacing Bathroom Exhaust Fans
Critical Detail: Installing Bathroom Exhaust Fans
Critical Detail: Installing Roof Terminations for Exhaust Fans
Critical Detail: Installing Wall Terminations for Exhaust Fans
Critical Detail: Installing Transfer Grilles
Critical Detail: Installing Jump Ducts



#### SUCCESS WITH WEATHERIZATION

# Health + Safety Information Sheet

#### **Health + Safety: Introduction**

The introduction to this manual introduced EPA's Healthy Indoor Environment Protocols for Home Energy Upgrades. The document is a useful tool for finding solutions for common issues that arise when completing home energy upgrades. This page will highlight some important details in the document in relation to safety when duct sealing.

#### **Health + Safety: Worker Safety**

As mentioned in the introduction, it is required for all contractors to follow OSHA regulations. By law, employers and supervisors are required to ensure that all workers have the correct personal protective equipment. These items include, but aren't limited to:

- Gloves
- · Protective clothing
- Knee pads
- Eye protection
- Respirators: Different types of respirators are required for different jobs. Use the Healthy Indoor Environment Protocols for Home Energy Upgrades to verify that your current respirator is compliant with the job.
- · Non-contact voltage detectors

Tip: It is important to keep your PPE in good condition. Having a bag that stores all of your PPE and supplies for cleaning the items will save you time and keep you safe.

#### **Health + Safety: Health Hazards**

It is important to look for hazards and create a mitigation plan before beginning work. The list below highlights the most important items to identify and mitigate for all duct repair jobs:

- Sewer gases, fuel oil, chemicals and other pollutants in crawl spaces or attics
- Mold-like growth in attics and crawl spaces
- Presence of pest/rodents in crawl spaces or attics
- lack of CO alarm in all houses
- Unvented combustion appliances
- Duct tapes and wrappings that are likely to contain asbestos

If any of these conditions exist, follow action items listed in the Healthy Indoor Environment Protocols for Home Energy Upgrades before beginning work.

# SUCCESS WITH WEATHERIZATION

# **BATHROOM EXHAUST FAN REPLACEMENT**

	, ,	
✓	N/A	PREP
		1. Verify current fan does not meet program requirements.
		2. Complete a combustion safety test and record the results.
		3. Verify that the selected fan will exhaust the required amount of air and has a back-draft damper.
		4. Verify that the selected fan can be properly installed in the selected location.
		5. Put on all personal protection equipment (PPE).
		6. Identify all worker and occupant safety hazards.
		7. Identify all potential durability issues.
		8. Address all combustion safety, worker safety, occupant safety and durability issues prior to starting work and notify the occupant. <b>Do not complete work if a life safety hazard is identified.</b>
✓	N/A	WORK
		9. Turn off power to the existing fan at the electrical panel.
		<ul><li>9. Turn off power to the existing fan at the electrical panel.</li><li>10. Remove the existing fan and install the new fan. Notice: All electrical work must be completed by a licensed electrician.</li></ul>
		10. Remove the existing fan and install the new fan. Notice: All electrical work must be completed by a licensed electrician.
		<ul><li>10. Remove the existing fan and install the new fan. Notice: All electrical work must be completed by a licensed electrician.</li><li>11. Install duct work with appropriate fittings by following the Duct Repair Critical Details.</li></ul>
		<ul> <li>10. Remove the existing fan and install the new fan. Notice: All electrical work must be completed by a licensed electrician.</li> <li>11. Install duct work with appropriate fittings by following the Duct Repair Critical Details.</li> <li>12. Install a termination to the outside.</li> </ul>
		<ul> <li>10. Remove the existing fan and install the new fan. Notice: All electrical work must be completed by a licensed electrician.</li> <li>11. Install duct work with appropriate fittings by following the Duct Repair Critical Details.</li> <li>12. Install a termination to the outside.</li> <li>13. Set the ventilation rate on the fan or fan switch to the required air flow.</li> </ul>
		<ul> <li>10. Remove the existing fan and install the new fan. Notice: All electrical work must be completed by a licensed electrician.</li> <li>11. Install duct work with appropriate fittings by following the Duct Repair Critical Details.</li> <li>12. Install a termination to the outside.</li> <li>13. Set the ventilation rate on the fan or fan switch to the required air flow.</li> </ul>
		<ol> <li>Remove the existing fan and install the new fan. Notice: All electrical work must be completed by a licensed electrician.</li> <li>Install duct work with appropriate fittings by following the Duct Repair Critical Details.</li> <li>Install a termination to the outside.</li> <li>Set the ventilation rate on the fan or fan switch to the required air flow.</li> <li>Verify the air flow matches the program requirement by completing an air flow test.</li> </ol>
		<ol> <li>Remove the existing fan and install the new fan. Notice: All electrical work must be completed by a licensed electrician.</li> <li>Install duct work with appropriate fittings by following the Duct Repair Critical Details.</li> <li>Install a termination to the outside.</li> <li>Set the ventilation rate on the fan or fan switch to the required air flow.</li> <li>Verify the air flow matches the program requirement by completing an air flow test.</li> </ol> CLOSE OUT

# SUCCESS WITH WEATHERIZATION

# BATHROOM EXHAUST FAN REPLACEMENT

JOB INFORMATION	
Name	Initials
Address	Date

# SUCCESS WITH WEATHERIZATION

# **BATHROOM EXHAUST FAN INSTALLATION**

✓	N/A	PREP
		1. Complete a combustion safety test and record the results.
		2. If the fan is the primary ventilation strategy, select a centrally-located bathroom for installation.
		3. Verify that the selected fan will exhaust the required amount of air and has a back-draft damper.
		4. Verify that the selected fan can be properly installed in the selected location.
		5. Verify that the exterior termination for the selected fan can be properly installed in the selected location.
		6. Put on all personal protection equipment (PPE).
		7. Identify all worker and occupant safety hazards.
		8. Identify all potential durability issues.
		<ol> <li>Address all combustion safety, worker safety, occupant safety and durability issues prior to starting work and notify the occupant. Do not complete work if a life safety hazard is identified.</li> </ol>
<b>✓</b>	N/A	WORK
<b>✓</b>	N/A	WORK  10. Install the fan. Notice: All electrical work must be completed by a licensed electrician.
<b>✓</b>		
		10. Install the fan. Notice: All electrical work must be completed by a licensed electrician.
		<ul><li>10. Install the fan. Notice: All electrical work must be completed by a licensed electrician.</li><li>11. Install duct work with appropriate fittings by following the Duct Repair Critical Details.</li></ul>
		<ul><li>10. Install the fan. Notice: All electrical work must be completed by a licensed electrician.</li><li>11. Install duct work with appropriate fittings by following the Duct Repair Critical Details.</li><li>12. Install a termination to the outside.</li></ul>
		<ul> <li>10. Install the fan. Notice: All electrical work must be completed by a licensed electrician.</li> <li>11. Install duct work with appropriate fittings by following the Duct Repair Critical Details.</li> <li>12. Install a termination to the outside.</li> <li>13. Set the ventilation rate on the fan or fan switch to the required air flow.</li> </ul>
		<ul> <li>10. Install the fan. Notice: All electrical work must be completed by a licensed electrician.</li> <li>11. Install duct work with appropriate fittings by following the Duct Repair Critical Details.</li> <li>12. Install a termination to the outside.</li> <li>13. Set the ventilation rate on the fan or fan switch to the required air flow.</li> <li>14. Verify the air flow matches the program requirement by completing an air flow test.</li> </ul>
		<ul> <li>10. Install the fan. Notice: All electrical work must be completed by a licensed electrician.</li> <li>11. Install duct work with appropriate fittings by following the Duct Repair Critical Details.</li> <li>12. Install a termination to the outside.</li> <li>13. Set the ventilation rate on the fan or fan switch to the required air flow.</li> <li>14. Verify the air flow matches the program requirement by completing an air flow test.</li> </ul>

# SUCCESS WITH WEATHERIZATION

# **BATHROOM EXHAUST FAN INSTALLATION**

	JOB INFORMATION	
Name		Initials
Address		Date

#### REPLACING BATHROOM EXHAUST FANS

DESIRED OUTCOME: Surface mounted ducted fans installed to specification.

MATERIALS	TOOLS

Bath exhaust fan does not meet air flow requirement.



Bath exhaust fan meets air flow requirement.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

# CRITICAL DETAIL: SWS 6.6003.1

#### REPLACING BATHROOM EXHAUST FANS

Turn off power to the fan at electrical panel.

TURN OFF POWER

LONGE, MARK.

Measure the new fan housing and the existing hole. Carefully trim the hole no greater than a 1/4" greater than assembly to fit the new housing.

5 MEASURE + TRIM HOLE

Identify/test wires. If the fan is separately wired for a light, mark. Notice: Licensed electrician only.

2 NOTICE: ELECTRICIAN



If the new fan does not have a damper, install a back-draft damper.



Disconnect the wires and remove from housing. Notice: Licensed electrician only.



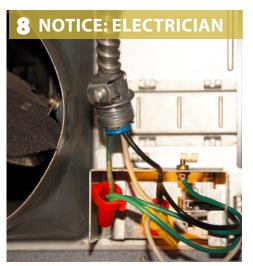
Install the fan according to the mfg's specs and with the exhaust port aimed at the termination.



Remove the fan and housing.



Connect the wires to the fan. Notice: Licensed electrician only.





# CRITICAL DETAIL: SWS 6.6003.1

#### REPLACING BATHROOM EXHAUST FANS

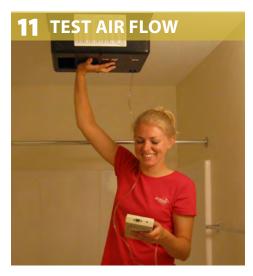
Caulk all of the cracks between the drywall and the housing unit and all holes in the housing unit.

9 AIR SEAL

Select the type of duct to install and follow the appropriate critical detail. Turn power on.



Verify air flow matches the program requirement by completing an air flow test.



Notes:



**MATERIALS** 

# CRITICAL DETAIL: SWS 6.6003.1

#### **INSTALLING BATHROOM EXHAUST FANS**

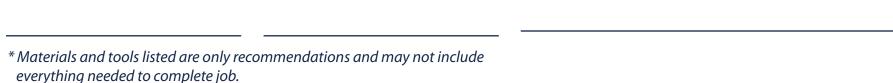
**TOOLS** 

DESIRED OUTCOME: Surface mounted ducted fans installed to specification.

**X** BEFORE **AFTER SAFETY + NOTES** Gloves, appropriate respirator, safety glasses

No bathroom exhaust fan.

Bathroom exhaust fan installed.





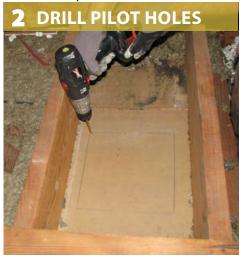
# CRITICAL DETAIL: SWS 6.6003.1

#### INSTALLING BATHROOM EXHAUST FANS

Select the bath fan location close to the tub or shower. Trace the outline of the fan onto the drywall.



In the attic, drill two small pilot holes in opposite corners of the traced template.



In the bathroom, trace the outline of the fan on the ceiling, using the pilot holes as a guide.



In the bathroom or attic, carefully cut the fan hole no greater than a 1/4" greater than assembly.
Support the piece while cutting.



If the new fan does not have a damper, install a back-draft damper.



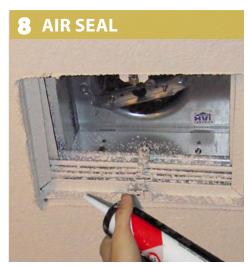
Install the fan according to the mfg's specs and with the exhaust port aimed at the termination.



Connect the wires to the fan. Notice: Licensed electrician only.



Caulk all of the cracks between the drywall and the housing unit and all holes in the housing unit.



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# CRITICAL DETAIL: SWS 6.6003.1

#### **INSTALLING BATHROOM EXHAUST FANS**

Select the type of duct to install and follow the appropriate critical detail. Turn power on.

9 INSTALL DUCT

Notes:

Verify air flow matches the program requirement by completing an air flow test.



# **INSTALLING ROOF TERMINATIONS FOR EXHAUST FANS**

DESIRED OUTCOME: Securely installed termination fittings with unrestricted air flow

MATERIALS	TOOLS	<b>★</b> BEFORE	AFTER
		SAFET	Y + NOTES
		Gloves, appropriate respirat	tor, safety glasses

Roof without an exhaust fan termination.



Roof with an exhaust fan termination.



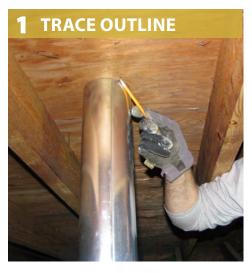
#### **SAFETY + NOTES**

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.



#### INSTALLING ROOF TERMINATIONS FOR EXHAUST FANS

Choose location to minimize length of duct, turns and bends. Trace outline at the location.



Drill small pilot holes along the edges of the traced template.



Outside of the house, trace the outline of the duct, using the pilot holes as a guide.



From the exterior roof surface side, cut out the round duct hole no greater than a 1/4" greater than assembly.



For roof holes, pry up and break shingle tab seals around the hole. Do not damage the shingles.



Install a collar the same diameter as the outlet; if it is larger than outlet, use a rigid metal transition.



Install a vent cap under shingles and directly over the hole. Trim shingles as necessary.



Seal the underside of the flange vent cap, nail holes and roof shingles with roof sealant.



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# CRITICAL DETAIL: SWS 6.6002.2

#### **INSTALLING ROOF TERMINATIONS FOR EXHAUST FANS**

Notice: Install vent 3' away from property lines and openings and 10' away from air intakes

9 NOTICE: LOCATION

Install screen material with no less than ¼" and no greater than ½" hole size in any direction.



Notes:		

DESIRED OUTCOME: Securely installed termination fittings with

Wall with an exhaust fan

# **INSTALLING WALL TERMINATIONS FOR EXHAUST FANS**

Wall without an exhaust fan

unrestricted air flow		termination.		termination.
MATERIALS	TOOLS	BEFORE		AFTER
			SAFETY -	+ NOTES
		Gloves, appropriate	respirator	r, safety glasses

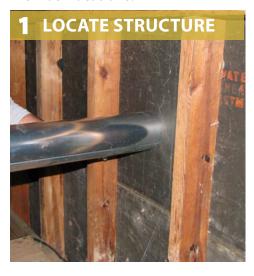
<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.





#### INSTALLING WALL TERMINATIONS FOR EXHAUST FANS

Find location of termination in the attic or crawlspace. Note structural member locations.



Locate the duct termination on the exterior and position it in the center of a course of siding.



Outside of the house, trace the outline of the duct, avoiding structural members.



If installing the termination through the attic, cut a hole no greater than a 1/4" greater than the diameter of the duct.



If installing termination through the crawlspace, use hammer drill to cut hole.



Notice: Install proper flashing around termination hole.

**6** NOTICE: FLASHING

Install a collar the same diameter as the outlet; if it is larger than outlet, use a rigid metal transition.



Fasten steel flange vent cap. Caulk the underside of the steel flange vent cap and verify it moves freely.





Install screen material with no less than ¼" and no greater than ½" hole size in any direction.



Notice: Install vent 3' away from property lines and openings and 10' away from air intakes





Notes:

#### **INSTALLING WALL TRANSFERS**

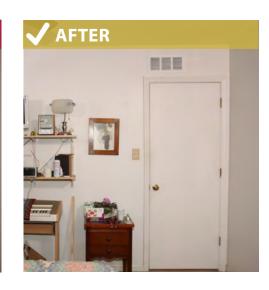
DESIRED OUTCOME: To reduce pressure between two zones.

MATERIALS	TOOLS

No pressure relief.



Wall transfer installed.



#### **SAFETY + NOTES**

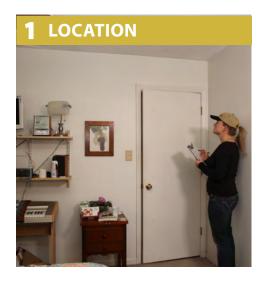
Gloves, appropriate respirator, safety glasses

Before beginning work ensure that wall transfer materials meet the prescribed pressure relief per the scope of work. Note selection of net-free area of the grill.

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

#### **INSTALLING WALL TRANSFERS**

Select location.



Draw outline of hole for transfer onto drywall.



Carefully cut the transfer grill hole. Support the piece while cutting to prevent chipping or tearing.



NOTICE: If wiring, venting, plumbing, or piping are now visible, blocking and sealing must be done to separate from living space.



Seal the entire cavity



Mechanically fasten grills with louvers pointing upward.



#### Notes:

When determining placement of wall transfers, consider light and sound transmission issues, as well as potential blocking by furniture and doors.

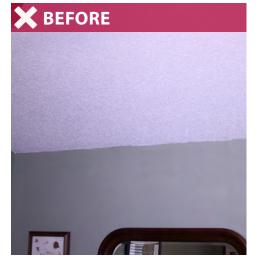
#### SUCCESS WITH WEATHERIZATION

#### **INSTALLING JUMP DUCTS**

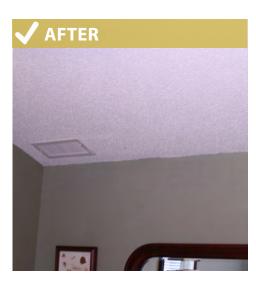
DESIRED OUTCOME: To reduce pressure between two zones.

MATERIALS	TOOLS
MATERIALS	TOOLS

No pressure relief.



Jump duct installed.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

Before beginning work ensure that jump duct materials meet the prescribed pressure relief per the scope of work.

Note selection of boot size, duct diameter and R-value and net-free area of the grill.

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

#### **INSTALLING JUMP DUCTS**

2 OUTLINE

Select the jump duct location in the attic. Clear attic insulation away from work area.

Trace the outline of the boots onto the drywall.

Carefully cut the jump duct hole. Support the piece while cutting to prevent chipping or tearing.



Install the jump duct boots to adjacent framing with screws or nails so boots don't bend or move.







Replace flex duct insulation and insulate boots using duct wrap with vapor retarder.

Seal boot to drywall connection.



Install grills.



Mechanically fasten, support and seal

flex duct to both boots.





# EALING S



SUCCESS WITH WEATHERIZATION

60

What every contractor needs to know.





### **Air Sealing Contents**

Air sealing is a challenging and important job. Done right it can bring increased comfort, safety and health to the home's occupant while saving them money on their heating and cooling bills. The purpose of this guide is to assist you, the air sealing professional, with getting the job done right the first time – every time. Below is a list of provided materials in this section:

Health + Safety	60
Air Sealing Survey Checklist	62
Air Sealing Checklist	63
Additional Job Aids	
Critical Detail: Sealing Cathedral Ceiling Skylights	65
Critical Detail: Sealing Penetrations	67
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Critical Detail: Sealing Tongue + Groove Ceilings	71
Critical Detail: Sealing Balloon Framing	73
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Critical Detail: Capping Stairwells	79



#### SUCCESS WITH WEATHERIZATION

## Health + Safety Information Sheet

#### **Health + Safety: Introduction**

The introduction to this manual introduced EPA's Healthy Indoor Environment Protocols for Home Energy Upgrades. The document is a useful tool for finding solutions for common issues that arise when completing home energy upgrades. This page will highlight some important details in the document in relation to safety when duct sealing.

#### **Health + Safety: Worker Safety**

As mentioned in the introduction, it is required for all contractors to follow OSHA regulations. By law, employers and supervisors are required to ensure that all workers have the correct personal protective equipment. These items include, but aren't limited to:

- Gloves
- · Protective clothing
- Knee pads
- Eye protection
- Respirators: Different types of respirators are required for different jobs. Use the Healthy Indoor Environment Protocols for Home Energy Upgrades to verify that your current respirator is compliant with the job.
- Non-contact voltage detectors

Tip: It is important to keep your PPE in good condition. Having a bag that stores all of your PPE and supplies for cleaning the items will save you time and keep you safe.

#### **Health + Safety: Health Hazards**

It is important to look for hazards and create a mitigation plan before beginning work. The list below highlights the most important items to identify and mitigate for all duct repair jobs:

- Sewer gases, fuel oil, chemicals and other pollutants in crawl spaces or attics
- Mold-like growth in attics and crawl spaces
- · Presence of pest/rodents in crawl spaces or attics
- lack of CO alarm in all houses
- Unvented combustion appliances
- Combustion air intakes
- Knob and tube wiring
- Vermiculite insulation
- Pipe insulations that are likely to contain asbestos
- Deteriorated interior finishes that may contain asbestos in a friable condition

If any of these conditions exist, follow action items listed in the Healthy Indoor Environment Protocols for Home Energy Upgrades before beginning work.



# AIR SEALING SURVEY

#### **HOUSE FLOOR PLAN**

Create a diagram of the house below:

# SUCCESS WITH WEATHERIZATION

# AIR SEALING SURVEY

✓	N/A	ASSESSMENT
		1. Complete combustion safety testing before starting work and inform occupant if problems are found.
		2. Create a rough sketch of the house floor plan, including all interior walls.
		3. Mark areas on the floor plan that may be chases, dropped ceilings and soffits that are adjacent to the attic.
		4. Draw conditioned and unconditioned spaces on the floor plan .
		5. Mark location of fire hazards (combustion flues, can lights, etc.).
		6. Mark remaining areas on the floor plan that need to be sealed.
		7. Create a Scope of Work based on the interior assessment

#### **AIR SEALING LOCATIONS**

Look for seams, cracks joints, holes in these locations:

ATTIC		
Top plates of all walls	Can Lights	Dropped Ceilings
Tongue + Groove Ceilings	Plumbing Vent Pipes	Stairwells
Chases	Exhaust Fans	Chimney/Flue
Soffits	Missing wall cavity top plates	Ductwork
Attic Hatches		
WALL		
Electrical Wire	Missing knee wall cavity bottom plates	Attic Doors
Bottom plates of knee walls	Missing wall cavity top plates	CMU Hollow Cores
FLOOR		
Chases	Electrical	
Plumbing	Blocking of all floor cavities	

JOB INFORMATION		
Assessor Name	Initials	
Address	Date	

# SUCCESS WITH WEATHERIZATION

# AIR SEALING

✓	N/A	PREP	
		1. Complete a combustion safety test and record the results.	
		2. Verify that a ventilation plan is established.	
		3. Put on all personal protection equipment (PPE).	
		4. Identify all worker and occupant safety hazards.	
		5. Identify all potential durability issues.	
		6. Address all combustion safety, worker safety, occupant safety and durability issues prior to starting we complete work if a life safety hazard is identified.	ork and notify the occupant. <b>Do not</b>
		7. Create a diagram of the attic, walls and/or floor, identifying area needing sealing.	
✓	N/A	AIR SEALING	
		8. Remove existing insulation at air sealing locations.	
		9. For homes with vented exterior soffits, install protective baffling.	
		10. Install insulation dams.	
		11. Verify that all wall cavities have six sides. Install additional blocking where necessary.	
		12. Install infill material in all extra large holes.	
		13. Seal all small, medium and large holes between the unconditioned and conditioned space.	
		14. Reinstall removed insulation and install new insulation to align with the air barrier and according to the Verify that all insulation has no gaps, voids, compression or misalignment.	ne manufacturer's specifications.
✓	N/A	CLOSE OUT	
		15. Clean the work area.	
		16. Complete a combustion safety test and record the results.	
		17. Educate occupants on the work completed.	
		JOB INFORMATION	
Installer N	lame		Initials
Address			Date



#### **AIR SEALING**

#### **AIR SEALING GUIDELINES**

For seams, cracks, joints, holes and penetrations that are:

1/4-inch or less (small)	1/4 inch to 2 inches (medium)	2 to 3 inches (large)	3 inches or more (extra large)
Seal with caulk.*	Seal with one component foam or mastic.*	Seal with two component foam.	Install an infill
BEFORE AFTER	BEFORE AFTER	BEFORE AFTER	material that will not bend, sag or move. Follow guidelines for applicable hole size.

<sup>\*</sup> Sealants used for larger holes may also be used in these conditions.

#### **AIR SEALING LOCATIONS**

Look for seams, cracks joints, holes in these locations:

ATTIC		
Top plates of all walls	Can Lights	Dropped Ceilings
Tongue + Groove Ceilings	Plumbing Vent Pipes	Stairwells
Chases	Exhaust Fans	Chimney/Flue
Soffits	Missing wall cavity top plates	Ductwork
Attic Hatches		
WALL		
Electrical Wire	Missing knee wall cavity bottom plates	Attic Doors
Bottom plates of knee walls	Missing wall cavity top plates	CMU Hollow Cores
FLOOR		
Chases	Electrical	
Plumbing	Blocking of all floor cavities	



**MATERIALS** 

# CRITICAL DETAIL: SWS 3.1001.3

#### SEALING CATHEDRAL CEILING SKYLIGHTS

**TOOLS** 

DESIRED OUTCOME: Seams of skylight sealed to prevent movement of air leakage or moisture movement between the attic and conditioned space.

BEFORE

Skylight not air sealed.

Skylight fully air sealed.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

Any evidence of roof leak must be investigated prior to air sealing. (e.g. water staining, discoloration, peeling paint)

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.



# CRITICAL DETAIL: SWS 3.1001.3

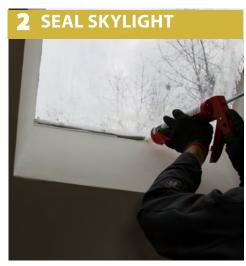
# SEALING CATHEDRAL CEILING SKYLIGHTS

Prepare skylight shaft for air sealing. Remove trim as needed.

Install backer rod or infill, if needed.

Reinstall trim around perimeter of skylight.







Notes:

# CRITICAL DETAIL: SWS 3.1001.4

#### SUCCESS WITH WEATHERIZATION

#### **SEALING PENETRATIONS**

DESIRED OUTCOME: Penetrations sealed to prevent leakage and moisture movement between the attic and conditioned space.

MATERIALS	TOOLS

Leaking wiring penetration.



Penetration air sealed.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses
Select a sealant that meets local code requirements regarding flammability.

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.



# CRITICAL DETAIL: SWS 3.1001.4

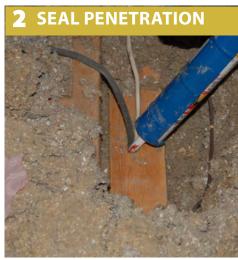
# **SEALING PENETRATIONS**

Leaking wiring penetration.











Notes:

#### **SEALING KNEE WALLS**

DESIRED OUTCOME: Attic knee walls framed to prevent thermal bypass and sealed to prevent air leakage between attic and conditioned space.

MATERIALS	TOOLS

Knee wall with incomplete or missing top and bottom plate and no air sealing.



Knee wall with both a top and bottom plate and air sealed.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.



## CRITICAL DETAIL: SWS3.1001.3

## SUCCESS WITH WEATHERIZATION

## **SEALING KNEE WALLS**

Remove or adjust insulation to allow access to top and/or bottom of knee wall.

Install top plate or blocking.

Air seal joints, cracks and penetrations including connection between interior surface and framing.







Notes:



## SEALING TONGUE + GROOVE CEILINGS

שבאותבט ליטוניטויוב: Fongue and groove ceilings sealed to prevent air leakage and moisture movement between the attic and conditioned space

MATERIALS TOOLS

Unsealed tongue and groove ceiling.



Air sealed tongue and groove ceiling.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

NOTICE: No sealant should be visible in the living space.

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.



#### SEALING TONGUE + GROOVE CEILINGS

Option A: Air seal tongue and groove ceiling.



Notes:

NOTICE: If air sealant is a foam plastic, it must be covered with an approved thermal barrier (e.g. rockwool, slag wool).



Option B: Install air barrier that is approved for attic exposure.



Air seal backing using a sealant that meets fire barrier specifications.



110003.			
		·	

Wall cavities blocked and sealed.

## **SEALING BALLOON FRAMING**

DESIRED OUTCOME: Open wall cavities sealed to prevent air leakage and moisture movement between the attic and conditioned space

**X** BEFORE **MATERIALS TOOLS** AFTER **SAFETY + NOTES** Gloves, appropriate respirator, safety glasses \* Materials and tools listed are only recommendations and may not include

Wall cavities open to attic.

everything needed to complete job.

## **SEALING BALLOON FRAMING**

Prepare work area.



Cover or fill cavity at ceiling height with rigid material. Fasten as needed.



Seal all seams, gaps, and holes in blocking.



Seal all gaps, holes and seams in adjacent framing.



Notes:			

## **CAPPING CHASES**

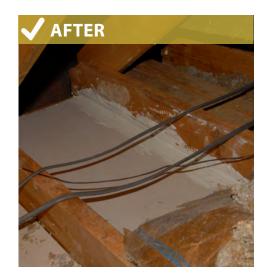
DESIRED OUTCOME: Chase capped to prevent air leakage and moisture movement between the attic and conditioned space.

MATERIALS	TOOLS

Chase open to the attic.



Chase completely capped and air sealed.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

Any evidence of roof leak must be fixed prior to air

sealing.

If interior surface covering in chase is not appropriately fire rated, the material used to cap the chase must be appropriately fire rated.

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

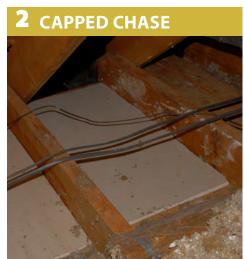
## **CAPPING CHASES**

Chase open to the attic.

Install cap to cover entire chase. Install support material as needed. Fasten in place.

Seal all cracks, seams, and holes at chase and adjacent framing.







Notes:

## **CAPPING SOFFITS**

DESIRED OUTCOME: Soffit is capped to prevent air leakage or moisture movement between the attic and conditioned space

MATERIALS	TOOLS

Wall cavities within the SOFFIT/ DROPPED CEILING are open to the attic.



Wall cavities capped and air-sealed.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

If interior surface covering in soffit is not appropriately fire rated, the material used to cap the soffit must be appropriately fire rated.

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

### **CAPPING SOFFITS**

Prepare work area.



Install support material (e.g., 2X) for spans wider than 24 inches.



NOTICE: If air sealant is a foam plastic, it must be covered with an approved thermal barrier (e.g. rockwool, slag wool).



Install and fasten rigid sheathing over soffit/dropped ceiling.



Air-seal all gaps, holes and seams of rigid sheathing.



Seal all gaps, holes and seams in adjacent framing.



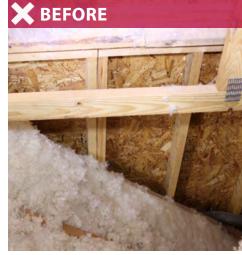
Notes: Be cautious when installing support material since excessive hammering may crack interior surfaces

## **CAPPING STAIRWELLS**

DESIRED OUTCOME: Stairwells sealed to prevent air leakage and moisture movement between the attic and conditioned space

MATERIALS	TOOLS

Wall cavities within the stairwell open to the attic.



Whole stairwell capped and air sealed.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

If interior surface covering in stairwell is not appropriately fire rated, the material used to cap the stairwell must be appropriately fire rated.

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

## **CAPPING STAIRWELLS**

Install support material (e.g., 2X) for spans wider than 24 inches.

IMPORTANT: Rigid sheathing must have 15-minute fire rating if interior walls are not fire rated.

Install and fasten rigid sheathing over stairwell.

Air seal all gaps, holes and seams of rigid sheathing.









Seal all gaps, holes and seams in adjacent framing at top of stairwell.



Notes: Be cautious when installing support material since

excessive hammering may crack interior surfaces

(e.g. drywall)

# INSULATIO REP



SUCCESS WITH WEATHERIZATION

What every contractor needs to know.



## Prep + Insulation Contents

Prep and Insulation sealing is a challenging and important job. Done right it can bring increased comfort, safety and health to the home's occupant while saving them money on their heating and cooling bills. The purpose of this guide is to assist you, the air sealing professional, with getting the job done right the first time – every time. Below is a list of provided materials in this section:

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# Prep + Insulation Contents

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**OSHA REGULATIONS** 

#### SUCCESS WITH WEATHERIZATION

## Health + Safety Information Sheet

- Sewer gases, fuel oil, chemicals and other pollutants in crawl spaces or attics
- Mold-like growth in attics and crawl spaces
- · Presence of pest/rodents in crawl spaces or attics
- Lack of CO alarm in all houses
- Unvented combustion appliances
- Combustion air intakes
- Knob and tube wiring
- Vermiculite insulation
- Pipe insulations that are likely to contain asbestos
- Deteriorated interior finishes that may contain asbestos in a friable condition

If any of these conditions exist, follow action items listed in the Healthy Indoor Environment Protocols for Home Energy Upgrades before beginning work.

#### **Health + Safety: Introduction**

The introduction to this manual introduced EPA's Healthy Indoor Environment Protocols for Home Energy Upgrades. The document is a useful tool for finding solutions for common issues that arise when completing home energy upgrades. This page will highlight some important details in the document in relation to safety when duct sealing.

#### **Health + Safety: Worker Safety**

As mentioned in the introduction, it is required for all contractors to follow OSHA regulations. By law, employers and supervisors are required to ensure that all workers have the correct personal protective equipment. These items include, but aren't limited to:

- Gloves
- · Protective clothing
- Knee pads
- Eye protection
- Respirators: Different types of respirators are required for different jobs. Use the Healthy Indoor Environment Protocols for Home Energy Upgrades to verify that your current respirator is compliant with the job.
- Non-contact voltage detectors

Tip: It is important to keep your PPE in good condition. Having a bag that stores all of your PPE and supplies for cleaning the items will save you time and keep you safe.

#### **Health + Safety: Health Hazards**

It is important to look for hazards and create a mitigation plan before beginning work. The list below highlights the most important items to identify and mitigate for all duct repair jobs:



# **ROOF DECK INSULATION**

<b>✓</b>	N/A	PREP		
		1. Complete a combustion safety test and record the results.	Complete a combustion safety test and record the results.	
		2. Verify that a ventilation plan is established.		
		3. Put on all personal protection equipment (PPE).		
		4. Identify all worker and occupant safety hazards.		
		5. Identify all potential durability issues.		
		<ol> <li>Address all combustion safety, worker safety, occupant safety and durability issues prior to start complete work if a life safety hazard is identified.</li> </ol>	ing work and notify the occupant. <b>Do not</b>	
<b>✓</b>	N/A	WORK		
		7. Identify how vapor will flow through the roof. Do not install an insulation material that will creat	te a moisture issue.	
		Remove all existing insulation that touches the interior ceiling from the attic.		
		Address all combustion safety, worker safety, occupant safety and durability issues uncovered by insulation removal prior to starting work and notify the occupant. <b>Do not complete work if a life safety hazard is identified.</b>		
		10. Identify roof deck areas where insulation must not be installed.		
		. Ensure all ventilation fans are ducted to the outside and seal all holes between the attic and the outside.		
		12. Install insulation according to the manufacturer's specifications. Verify that all insulation has no	gaps, voids, compression or misalignment.	
✓	N/A	CLOSE OUT		
		13. Clean the work area.		
		14. Complete a combustion safety test and record the results.	4. Complete a combustion safety test and record the results.	
		15. Educate occupants on the work completed.		
		JOB INFORMATION		
Name			Initials	
Address			Date	

# SUCCESS WITH WEATHERIZATION

# ATTIC INSULATION

✓	N/A	PREP		
		Complete a combustion safety test and record the results.		
		2. Verify that a ventilation plan is established.		
		3. Put on all personal protection equipment (PPE).		
		4. Identify all worker and occupant safety hazards.		
		5. Identify all potential durability issues.		
		<ol> <li>Address all combustion safety, worker safety, occupant safety and durability issues prior to start complete work if a life safety hazard is identified.</li> </ol>	ting work and notify the occupant. <b>Do not</b>	
✓	N/A	WORK		
		7. Identify areas where insulation will not be installed.		
		8. Seal all holes between the interior of the house and the attic.		
		9. For homes with vented exterior soffits, install protective baffling.		
		10. Install insulation dams.		
		11. Install insulation according to the manufacturer's specifications. Verify that all insulation has no gaps, voids, compression or misalignment.		
✓	N/A	CLOSE OUT		
		12. Clean the work area.		
		13. Complete a combustion safety test and record the results.		
		14. Educate occupants on the work completed.		
		JOB INFORMATION		
Name			Initials	
Address			Date	

# SUCCESS WITH WEATHERIZATION

## CRAWLSPACE AND/OR BASEMENT INSULATION

✓	N/A	PREP			
		Complete a combustion safety test and record the results.			
		2. Verify that a ventilation plan is established.	Verify that a ventilation plan is established.		
		3. Put on all personal protection equipment (PPE)			
		4. Identify all worker and occupant safety hazards.			
		5. Identify all potential durability issues.			
		. Address all combustion safety, worker safety, occupant safety and durability issues prior to starting work and notify the occupant. <b>Do not complete work if a life safety hazard is identified.</b>			
✓	N/A	WORK			
		7. Remove existing damaged insulation from the crawlspace and/or basement.	Remove existing damaged insulation from the crawlspace and/or basement.		
		3. Address all combustion safety, worker safety, occupant safety and durability issues uncovered by insulation removal prior to starting work and notify the occupant. <b>Do not complete work if a life safety hazard is identified.</b>			
		Identify areas where insulation must not be installed.			
		0. Seal all holes between the crawlspace and/or basement and the interior and exterior of the house.			
		11. Install insulation according to the manufacturer's specifications. Verify that all insulation has no gaps, voids, compression or misalignment.			
✓	N/A	CLOSE OUT			
		12. Clean the work area.			
		13. Complete a combustion safety test and record the results.			
		14. Educate occupants on the work completed.			
		JOB INFORMATION			
Name			Initials		
Address	Date				

# SUCCESS WITH WEATHERIZATION

# **OPEN WALL CAVITY INSULATION**

✓	N/A	PREP				
		Complete a combustion safety test and record the results.				
		2. Verify that a ventilation plan is established.	Verify that a ventilation plan is established.			
		3. Put on all personal protection equipment (PPE)				
		4. Identify all worker and occupant safety hazards.				
		5. Identify all potential durability issues.				
		Address all combustion safety, worker safety, occupant safety and durability issues prior to starting work and notify the occupant. <b>Do not complete work if a life safety hazard is identified.</b>				
✓	N/A	WORK				
		7. Remove existing damaged insulation. Address all combustion safety, worker safety, occupant sa insulation removal prior to starting work and notify the occupant. <b>Do not complete work if a l</b>				
		8. Identify wall cavities without top and bottom plates and install blocking.				
		Seal all holes in the wall.				
		Install insulation according to the manufacturer's specifications. Verify that all insulation has no gaps, voids, compression or misalignment.				
		. Install a backing material to enclose insulation.				
		12. Seal all holes in the backing material.				
✓	N/A	CLOSE OUT				
		13. Clean the work area.				
		. Complete a combustion safety test and record the results.				
		15. Educate occupants on the work completed.				
JOB INFORMATION						
Name			Initials			
Address			Date			

# SUCCESS WITH WEATHERIZATION

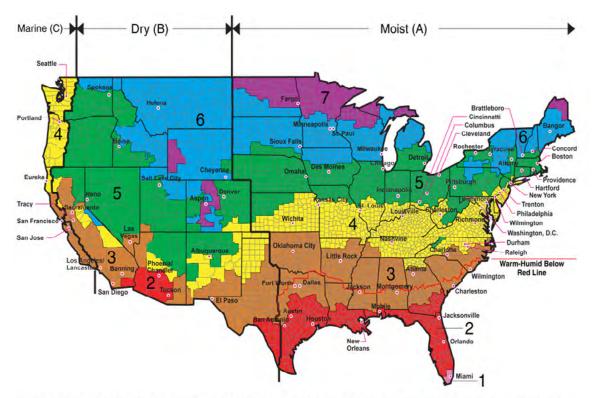
# **ENCLOSED WALL CAVITY INSULATION (DENSE PACK)**

, , , ,						
✓	N/A	PREP				
		1. Complete a combustion safety test and record the results.				
		2. Verify that a ventilation plan is established.				
		3. Put on all personal protection equipment (PPE)				
		4. Identify all worker and occupant safety hazards.				
		5. Identify all potential durability issues.				
		6. Address all combustion safety, worker safety, occupant safety and durability issues prior to starting work and notify the occupant. <b>Do not complete work if a life safety hazard is identified.</b>				
✓	N/A	WORK				
		7. Gain access to all wall cavities and probe for obstructions and/or hazards.				
		8. Install insulation according to the manufacturer's specifications.				
		9. View completed sections using an IR camera with a blower door operating. Drill and repack any	voids or low density areas.			
		10. Seal access points of all wall cavities. Patch exterior holes with a weather barrier. Patch and coat holes to match original interior surface.				
		11. Repair the visible surface of access locations.				
✓	N/A	CLOSE OUT				
		12. Clean the work area.				
		13. Complete a combustion safety test and record the results.				
		14. Educate occupants on the work completed.				
JOB INFORMATION						
Name			Initials			
Address			Date			



## 2009 IECC INSULATION LEVELS

CLIMATE ZONE	CEILING	FRAME WALL	MASS WALL <sup>c</sup>	FLOOR	BASEMENT WALL <sup>e</sup>	CRAWL SPACE WALL <sup>e</sup>	$SLAB^{g,h}$
Zone 1	R-30	R-13	R-3	R-13	R-0	R-0	0
Zone 2	R-30	R-13	R-4	R-13	R-0	R-0	0
Zone 3	R-30	R-13	R-5	R-19	R-5/13 <sup>f</sup>	R-5/13	0
Zone 4	R-38	R-13	R-5	R-19	R-10/13	R-10/13	10, 2 ft.
Zone 5	R-38	R-20 or R-13+R-5 <sup>b</sup>	R-13	R-30 <sup>d</sup>	R-10/13	R-10/13	10, 2 ft.
Zone 6	R-49	R-20 or R-13+R-5 <sup>b</sup>	R-15	R-30 <sup>d</sup>	R-15/19	R-10/13	10, 4 ft.
Zone 7	R-49	R-21	R-19	R-38 <sup>d</sup>	R-15/19	R-10/13	10, 4 ft.



- All of Alaska in Zone 7 except for the following Boroughs in Zone 8: Bethel, Dellingham, Fairbanks, N. Star, Nome North Slope, Northwest Arctic, Southeast Fairbanks, Wade Hampton, and Yukon-Koyukuk
- Zone 1 includes: Hawaii, Guam, Puerto Rico, and the Virgin Islands

- a. R-Values are minimums.
- b. "R-13+R-5" means R-13 cavity insulation plus R-5 insulated sheathing. If structural sheathing covers 25 percent or less of the exterior, insulated sheathing is not required where structural sheathing is used. If structural sheathing covers more than 25 percent of the exterior, structural sheathing shall be supplemented with insulation sheathing of at least R-2.
- c. The second R-value applies when more than half of the insulation is on the interior of the mass wall.
- d. Sufficient insulation to fill the cavity, R-19 minimum.
- e. "R-15/19" means R-15 continuous insulation sheathing on the interior or exterior of the home or R-19 cavity insulation at the interior of the basement wall. "R-10/13" means R-10 continuous insulated sheathing or R-10 cavity insulation on the interior or exterior of the home or R-13 cavity insulation at the interior of the basement wall.
- Basement wall insulation is not required in warm-humid locations defined by Figure 301.1 and Table 301.1 of the IECC.
- R-values are minimums.
- h. R-5 shall be added to the required slab edge R-values for heated slabs. Insulation depth shall be the depth of the footing or two feet, whichever is less in Climate Zones 1-3 for heated slabs.

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#### Interactive Map:

http://energycode.pnl.gov/EnergyCodeRegs/



# WHAT TYPE OF INSULATION?

It is more important that the insulation is properly installed rather than the specific type being used. Avoid these five flaws when installing insulation to achieve a Grade I installation:

- Gaps
- Voids
- Misalignment
- Compression
- Wind Intrusion

#### SUCCESS WITH WEATHERIZATION

#### **Insulation Information Sheet**

#### **Grade I Insulation Installation**

It is important to install all ceiling, wall, floor and slab insulation to achieve RESNET-defined Grade I installation or Grade II for surfaces with insulated sheathing. By installing the insulation to meet these standards, you can ensure that it will work properly. According to the RESNET Mortgage Industry National HERS Standards:

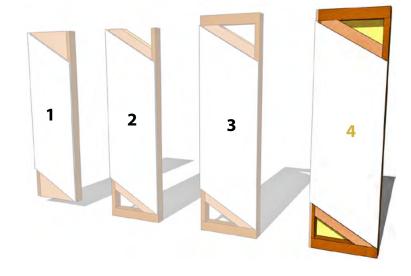
"Grade I" installation requires that the insulation material uniformly fills each cavity side-to-side and top-to-bottom, without substantial gaps or voids around obstructions (such as blocking or bridging), and is split, installed and/or fitted tightly around wiring and other services in the cavity.

To attain a rating of "Grade I", wall insulation shall be enclosed on all six sides, and shall be in substantial contact with the sheathing material on at least one side (interior or exterior) of the cavity.

Exception: The interior sheathing/enclosure material is optional in climate zones 1-3, provided insulation is adequately supported and meets all other requirements.

#### **Proper Installation: Framing**

Properly installed insulation consists of insulation framed on all six sides, including top and bottom plates, rigid backing and sheathing. Ensure that framing is correctly installed prior to the start of insulation. By verifying that the framer has created six-sided wall cavities, insulators will save time and money through preventive measures. The images to the right illustrate how framing must be installed for insulation to meet the required Grade Linstallation.



#### Improper Framing - Insulation will not meet Grade I

- 1. No top or bottom plate and no backing
- 2. Bottom plate, but no top plate and no backing
- 3. Top and bottom plate, but no backing

#### Proper Framing - Insulation will meet Grade I

4. Top and bottom plate, includes backing (best design)

#### **Proper Installation: Insulation**

Once the framing has been verified as properly installed, it is more important that the insulation is properly installed. It is not important which type of insulation is used, but it is important to train installers. Training on how to properly install the type of insulation to avoid flaws will create a Grade I installation as well as a more comfortable and durable home.



#### **Insulation Information Sheet**

Train installers on these five flaws and how to avoid them:

- Gaps: Ensure the insulation fills the entire exterior wall, ceiling or floor cavity
- Voids: Verify all exterior wall, ceiling and floor cavities have insulation
- Misalignment: Ensure all insulation is touching the air barrier
- **Compression:** Verify that insulation is installed without compression
- **Wind Intrusion:** Ensure there is a physical separation (such as wind baffles) between insulation in the attic and weather conditions

To better understand what improper and proper installation looks like for each of these five flaws, refer to the images and text on the Tech Tips in this section.



## **INSTAILING INSULATION**

Install insulation to fill the cavity between conditioned and unconditioned space without gaps, oids, misalignments or compression.

**TECH TIPS:** 

**X** GAPS



Install insulation to fill the cavity between conditioned and unconditioned space without gaps, voids, misalignments or compression.



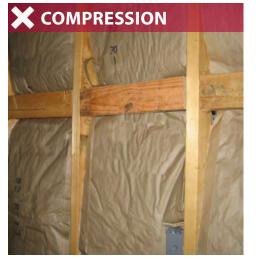


Install insulation to fill the cavity between conditioned and unconditioned space without gaps, voids, misalignments or compression.

Install insulation to fill the cavity between conditioned and unconditioned space without gaps, voids, misalignments or compression.









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#### INSTALLING INSULATION

Cut and split insulation around blocking, plumbing, HVAC and electrical components.



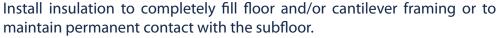


Cut and split insulation around blocking, plumbing, HVAC and electrical components.





maintain permanent contact with the subfloor.







Install insulation to completely fill floor and/or cantilever framing or to maintain permanent contact with the subfloor.





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Documented inspection.



#### **REPLACING KNOB + TUBE WIRING**

DESIRED OUTCOME: Insulation kept away from contact with live wiring

tify knob and tube wiring. **BEFORE MATERIALS TOOLS SAFETY + NOTES** Gloves, appropriate respirator, safety glasses <sup>†</sup>NOTICE: Use a non-contact voltage tester (clamp style or surface style). Option: If wiring must remain, install insulation dams around the wiring to prevent contact.

Return to Index

House visually inspected to iden-

<sup>\*</sup> Materials and tools listed are only recommendations and may not include



# CRITICAL DETAIL: SWS 4.1001.2

### **REPLACING KNOB + TUBE WIRING**

Visually inspect to identify knob and tube wiring.

Use non-contact testing method to identify live wiring.

Replace knob and tube wiring with new appropriate wiring by a licensed electrician per local codes.







Notes:

## ENCLOSING UNINSULATED (NON-IC RATED) RECESSED LIGHTS

DESIRED OUTCOME: Sealed light boxes safely prevent air leakage and moisture movement between the attic and conditioned space.

**MATERIALS TOOLS** 

Dropped ceiling open to the attic having uninsulated recessed lights.



Air tight enclosure above finished insulation.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

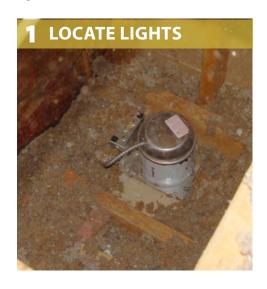
<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

## ENCLOSING UNINSULATED (NON-IC RATED) RECESSED LIGHTS

Dropped ceiling open to the attic having uninsulated non-IC rated light.

Clear area around fixture of insulation at a minimum of 3". Construct enclosure with a height above insulation and with a R-value no greater than 0.5.

Air seal enclosure.









Finished air tight enclosure. No insulation on top.



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## **INSTALLING DAMS AROUND CHIMNEYS + FLUES**

DESIRED OUTCOME: Combustible materials kept away from combustion sources

**MATERIALS TOOLS** 

Fireplace chimney without a dam.



Fireplace chimney with properly installed dams and insulation in place.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.



#### **INSTALLING DAMS AROUND CHIMNEYS + FLUES**

Dam constructed to ensure a 3-inch clearance between chimney and dam.

Dams constructed to have a height greater than the insulation.

Do not allow insulation between chimney and dam.

SUCCESS WITH WEATHERIZATION







Notes:

## INSTALLING VENTILATION BAFFLES

DESIRED OUTCOME: Attic ventilation meets code requirements and insulation protected from wind washing

**MATERIALS TOOLS** 

Insulation at eave with no baffle installed.



Baffle installed properly.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.



## CRITICAL DETAIL: SWS 4.1001.4

## **INSTALLING VENTILATION BAFFLES**

Baffles will be installed to maintain a minimum 1-inch clearance between roof deck and baffle.



Baffles stapled in place to block wind entry into insulation and prevent insulation from blowing back into the attic.



Baffle installed to the exterior side of the top plate to allow for the highest possible R-value.



Notes:			

roof deck.

Roof deck with no radiant barrier.

Radiant barrier installed only at the

## **INSTALLING RADIANT BARRIERS**

DESIRED OUTCOME: Radiant heat flow reduced

**X** BEFORE **MATERIALS TOOLS AFTER SAFETY + NOTES** Gloves, appropriate respirator, safety glasses Reference these standards ASTM C1158; C1313

\* Materials and tools listed are only recommendations and may not include everything needed to complete job.



## **INSTALLING RADIANT BARRIERS**

Install radiant barrier material per manufacturers' specifications.

Maintain air space no less than ¾-inch between barrier and bottom of the roof deck.

Maintain minimum of 3-inch clearance from ridge vents.

Maintain minimum of 3-inch clearance from soffit vents.









Apply radiant barrier to gable walls while maintaining ¾-inch air space. Radiant barrier should not block gable vents.

Install radiant barrier to separate attic above conditioned space from adjacent attics. Should be installed to withstand local wind loads.

NOTICE: Radiant barrier should not be installed until any issues with electrical system are resolved.

NOTICE: Radiant barrier should not cover any wiring.







8 ELECTRICAL WIRING

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# CRITICAL DETAIL: SWS 4.1001.4

# **INSTALLING RADIANT BARRIERS**

NOTICE: Radiant barrier should not be installed on the attic floor/insulation.



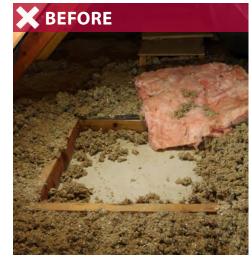
Notes:		

#### **INSULATING ATTIC ACCESS HATCHES**

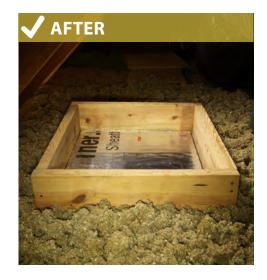
DESIRED OUTCOME: Attic access door or hatches properly sealed and insulated to minimize heat loss or gain

MATERIALS	TOOLS

Attic hatches that are uninsulated and undammed.



Attic hatch insulated, dammed and weatherstripped.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

<sup>†</sup> Dam materials must be constructed to allow repeated access without compromising the dam durability (e.g., 2X, OSB, plywood)

\* Materials and tools listed are only recommendations and may not include everything needed to complete job.

# **INSULATING ATTIC ACCESS HATCHES**

Insulate attic hatch with rigid insulation to same R-value as adjoining insulated assembly.



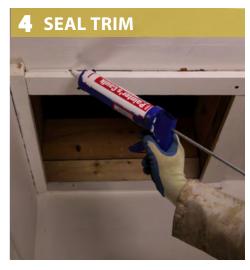
Install dams to prevent insulation from falling out of attic.



Install and weatherstrip access hatch or trim. Verify seal.



Air seal trim in place.



Notes:		

#### INSULATING ATTIC PULL-DOWN STAIRS

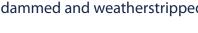
DESIRED OUTCOME: Attic access door or hatches properly sealed and insulated to minimize heat loss or gain

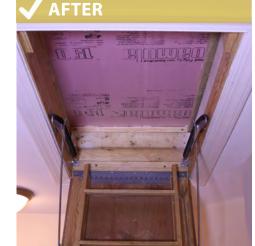
**MATERIALS TOOLS** 

Attic pull-down stairs that are improperly insulated and undammed.



Attic pull-down stair insulated, dammed and weatherstripped.





#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

† Dam materials must be constructed to allow repeated access without compromising the dam durability (e.g., 2X, OSB, plywood)

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

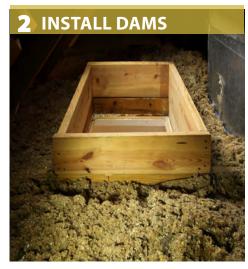
#### **INSULATING ATTIC PULL-DOWN STAIRS**

Insulate attic pull-down stairs with rigid insulation to specified R-value.

**INSULATE STAIRS** 



Install dams to prevent insulation from falling out of attic.



Air seal between attic pull-down stairs framing and drywall.



Install and weatherstrip stair or trim. Verify seal.



Air seal trim in place.



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#### **INSULATING ACCESS DOORS**

DESIRED OUTCOME: Attic access door or hatches properly sealed and insulated to minimize heat loss or gain

MATERIALS	TOOLS	X
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		Glo

Attic doors that are uninsulated.



Attic doors that are insulated and weatherstripped.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

\* Materials and tools listed are only recommendations and may not include everything needed to complete job.

**PREPARE** 

#### **INSULATING ACCESS DOORS**

Insulate attic door stairs with rigid insulation to specified R-value.

Air seal between attic door stairs framing and drywall.



Install and weatherstrip stair or trim. Verify seal.



Air seal trim in place.



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# CRITICAL DETAIL: SWS 3.1003.6

#### SUCCESS WITH WEATHERIZATION

#### TREATING SOFFIT PERIMETERS

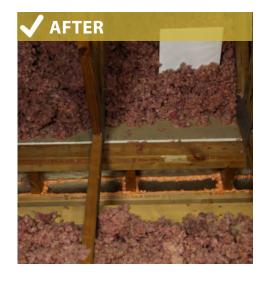
DESIRED OUTCOME: Chase capped to prevent air leakage and moisture movement between the attic and conditioned space.

TOOLS **MATERIALS** 

Wall cavities within the SOFFIT/ DROPPED CEILING are open to the attic.



Wall cavities capped and air-sealed.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

Any evidence of roof leak must be fixed prior to air sealing.

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

**PREPARE** 

#### TREATING SOFFIT PERIMETERS

Prepare work area and remove debris.



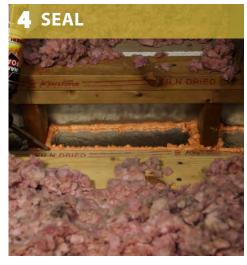
If insulation is on exterior wall, cut at ceiling level.



Install blocking in each wall cavity.



Air seal all gaps, holes and seams.



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Notes:			

#### TREATING STAIRWELL PERIMETERS

DESIRED OUTCOME: Stairwells sealed to prevent air leakage and moisture movement between the attic and conditioned space

**MATERIALS TOOLS** 

Wall cavities within the stairwell open to the attic.



Wall cavities insulated and air sealed.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

If interior surface covering in stairwell is not appropriately fire rated, the rigid material used must be appropriately fire rated.

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

#### TREATING STAIRWELL PERIMETERS

Prepare work area.

Install blocking in each wall cavity.

Air seal all gaps, holes and seams.

Reinstall batt insulation in full contact with all sides of cavities without gaps, voids, compressions, misalignments or wind intrusions.









Fasten rigid material to ensure batt insulation stays in place and seal all seams.



Seal all gaps, holes and seams in adjacent framing at top of stairwell.

Notes:		

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#### **ENCLOSING KNEE WALLS WITH RIGID BACKING**

DESIRED OUTCOME: Consistent, uniform thermal boundary between the conditioned space and unconditioned space to prescribed R-value

**MATERIALS TOOLS** 

Prepped wall.



Insulation backed with rigid material.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

If interior surface covering of knee wall is not appropriately fire rated, the rigid material used must be appropriately fire rated.

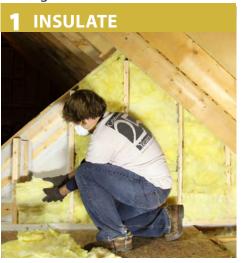
<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.



#### **ENCLOSING KNEE WALLS WITH RIGID BACKING**

Install batt insulation in full contact with all sides of existing cavities without gaps, voids, compressions, misalignments or wind intrusions.

Fasten rigid material to ensure batt insulation stays in place.



Notes:





#### **ENCLOSING KNEE WALLS WITH FLEXIBLE BACKING**

DESIRED OUTCOME: Consistent, uniform thermal boundary between the conditioned space and unconditioned space to prescribed R-value

**MATERIALS TOOLS** 

Prepped wall.



Insulation backed with non-rigid material.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

<sup>†</sup> Non-rigid material should have a perm rating of no less than 40 (CLASS III vapor retarder).

If interior surface covering in stairwell is not appropriately fire rated, the rigid material used must be appropriately fire rated.

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.



#### ENCLOSING KNEE WALLS WITH FLEXIBLE BACKING

Install batt insulation in full contact with all sides of existing cavities without gaps, voids, compressions, misalignments or wind intrusions.



Fasten non-rigid material to ensure batt insulation stays in place.



Notes:

**MATERIALS** 

#### **ENCLOSING KNEE WALLS WITH STRAPPING**

**TOOLS** 

DESIRED OUTCOME: Consistent, uniform thermal boundary between the conditioned space and unconditioned space to prescribed R-value

BEFORE

Prepped wall.

Insulation strapped in place.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.



#### **ENCLOSING KNEE WALLS WITH STRAPPING**

Install batt insulation in full contact with all sides of existing cavities without gaps, voids, compressions, misalignments or wind intrusions.

Fasten strapping material to ensure batt insulation stays in place.





Notes:

#### INSULATING MANUFACTURED KNEE WALLS

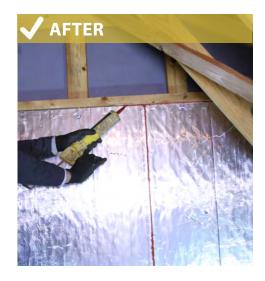
DESIRED OUTCOME: Consistent, uniform thermal boundary between the conditioned space and unconditioned space to prescribed R-value

**MATERIALS TOOLS** 

Manufactured truss knee wall does not have cavities that can be air sealed or insulated.



Knee wall fully air sealed and insulated.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

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#### INSULATING MANUFACTURED KNEE WALLS

Air seal existing holes and penetrations.



Fasten fire-rated foam sheathing, covering 100% of the knee wall, to prescribed R-value.



Air seal all seams, gaps or holes in, or adjacent to, foam sheathing. Provide infill as needed.



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Notes:		

**MATERIALS** 

**TOOLS** 

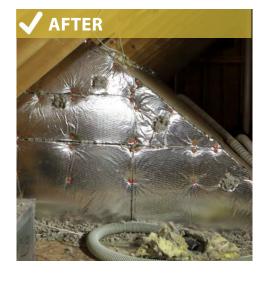
#### ENCLOSING KNEE WALLS WITH RIGID BACKING AND BLOWING INSULATION

Prepped wall.

DESIRED OUTCOME: Consistent, uniform thermal boundary between the conditioned space and unconditioned space to prescribed R-value

BEFORE

Insulation backed with rigid backing.



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Gloves, appropriate respirator, safety glasses

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.



#### ENCLOSING KNEE WALLS WITH RIGID BACKING AND BLOWING INSULATION

Fasten rigid material to ensure blown insulation stays in place.

Blown insulation installed to manufacturers' specified density.





Notes:			

# ENCLOSING KNEE WALLS WITH FLEXIBLE BACKING AND BLOWING INSULATION

DESIRED OUTCOME: Consistent, uniform thermal boundary between the conditioned space and unconditioned space to prescribed R-value

conditioned space and unconditioned space to prescribed R-value					
MATERIALS	TOOLS				

Prepped wall.



Insulation backed with non-rigid material.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

#### ENCLOSING KNEE WALLS WITH FLEXIBLE BACKING AND BLOWING INSULATION

Fasten non-rigid material to ensure blown insulation stays in place.



Reinforce non-rigid backing at every stud with wood strips.



Blown insulation installed to manufacturers' specified density.



Notes:

#### **ENCLOSING SKYLIGHT SHAFTS**

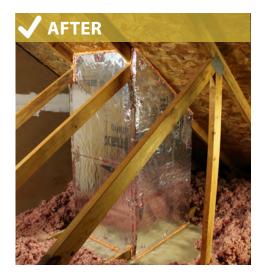
DESIRED OUTCOME: Consistent, uniform thermal boundary between the conditioned space and unconditioned space to prescribed R-value

MATERIALS	TOOLS

Skylight shaft not air sealed or insulated.



Skylight fully air sealed and insulated.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

Any evidence of roof leak must be fixed prior to air sealing.

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

#### **ENCLOSING SKYLIGHT SHAFTS**

Air seal holes and penetrations.



Fasten insulation around entire skylight with fire rated foam sheathing covering 100% of the surface area to prescribed R-value.



Air seal all seams, gaps or holes as well as roof deck and ceiling connections.



Notes:			

# CRITICAL DETAIL: SWS 4.1005.6

#### SUCCESS WITH WEATHERIZATION

#### INSULATING ATTIC PLATFORMS

DESIRED OUTCOME: Reduce heat flow beneath floored portions of attic

**X** BEFORE **MATERIALS TOOLS** 

Attic platform with little to no insulation beneath it.

Attic platform cavity fully insulated.





#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

# OF THE NOISE OF THE PART AND TH

#### **INSULATING ATTIC PLATFORMS**

Gain access to cavities beneath platform.



Inspect along and beneath platform for possible safety hazards (e.g., flue pipes, uncovered junction boxes, etc.).



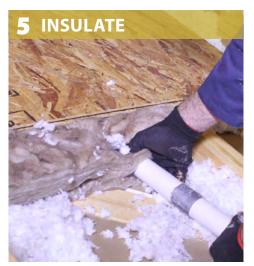
NOTICE: Do not insulate cavity until safety hazards are corrected (e.g., flue pipes, uncovered junction boxes, etc.).



NOTICE: If attic has existing blow-in insulation, block ends of platform cavities before installing insulation.



Insulate cavities.



Replace or restore insulation along sides of platform.



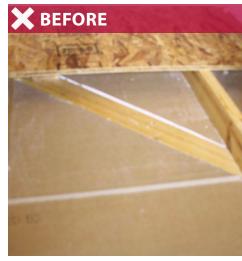
Notes:

# INSULATING FLOOR CAVITIES ABOVE GARAGES WITH DENSE PACK INSULATION

DESIRED OUTCOME: Consistent thermal and pressure boundary between conditioned and unconditioned space

MATERIALS	TOOLS

Cavity between garage and bonus room floor is uninsulated.



Floor system densely packed to the extent that insulation and material is an air barrier that will not bend, sag or move after installation.



#### **SAFETY + NOTES**

Gloves, appropriate respirator, safety glasses

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.



#### INSULATING FLOOR CAVITIES ABOVE GARAGES WITH DENSE PACK INSULATION

Notes:

Inspect along and beneath floor for possible safety hazards (e.g., flue pipes, electrical issues, can lights, etc.).

1 INSPECT

Install and seal blocking as needed to maintain dense pack insulation.



Do not insulate cavity until safety hazards are corrected (e.g., flue pipes, electrical issues, can lights, etc.).



Fill out attic insulation card and post in attic near access.



Install and seal blocking as needed to contain dense pack insulation.



Fill cavities to recommended density for material.



#### INSULATING ATTICS WITH BLOW-IN INSULATION

DESIRED OUTCOME: A consistent, thermal boundary between conditioned and unconditioned space

MATERIALS	TOOLS
MATERIALS	10013
	<del></del>
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Attic without insulation



Finished attic adequately marked for insulation depth



#### **SAFETY + NOTES**

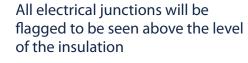
Gloves, appropriate respirator, safety glasses

Do not use loose fill when pitch exceeds 3/12.

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

#### INSULATING ATTICS WITH BLOW-IN INSULATION

Open electrical junction boxes will have covers installed

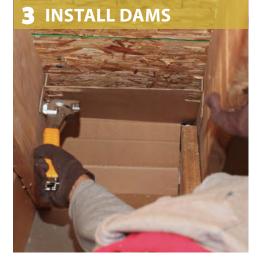


Insulation dams and enclosures will be installed as required

Install insulation depth markers beginning at the air barrier (1 every 300 square feet)

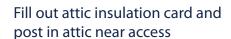








Blow insulation to the depth indicated on the manufacturer coverage chart for desired R-value



NOTICE: Do not use loose fill when pitch exceeds 3/12



Notes.		



Ungraded insulation

# INSULATING ATTICS WITH BLOW-IN INSULATION OVER EXISTING BATTS

Poorly installed batts

DESIRED OUTCOME: Insulation controls heat transfer through ceiling		Poorly installed batts.	Upgraded insulation.
MATERIALS	TOOLS	BEFORE	AFTER
		SAF	ETY + NOTES
		Gloves, appropriate resp	irator, safety glasses
		Do not use loose fill when	n pitch exceeds 3/12.
		_	
		_	

<sup>\*</sup> Materials and tools listed are only recommendations and may not include everything needed to complete job.

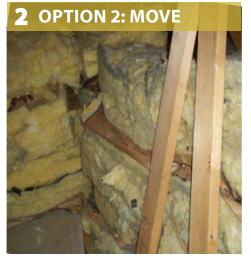
# NOLUM O'S THE NATIVE OF THE STATE OF THE STA

#### INSULATING ATTICS WITH BLOW-IN INSULATION OVER EXISTING BATTS

Option 1: Realign batts with air barrier.



Option 2: Move batts to a homeowner-approved area (e.g., porch attic, garage attic, etc.).



Install covers on opened electrical junction boxes.



Flag all electrical junctions so they are seen above the level of the insulation.



Install insulation dams and enclosures as required.



Install insulation depth markers beginning at the air barrier (1 every 300 square feet).



Blow insulation to the depth indicated on the manufacturer coverage chart for desired R-value.



Fill out attic insulation card and post in attic near access.



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# INSULATING ATTICS WITH BLOW-IN INSULATION OVER EXISTING BATTS

NOTICE: Do not use loose fill when ceiling pitch exceeds 3/12.



Notes:		

# APPENDIX



SUCCESS WITH WEATHERIZATION

What every contractor needs to know.



# SUCCESS WITH WEATHERIZATION

**Appendix** 

• EPA Healthy Indoor Environment Protocols for Home Energy Upgrades



### Protocols for Home Energy Upgrades Environment Healthy Indoor



health

GUIDANCE FOR ACHIEVING SAFE AND HEALTHY RETROFITS INDOOR ENVIRONMENTS DURING HOME ENERGY

### HEALTHY INDOOR ENVIRONMENT PROTOCOLS FOR HOME ENERGY UPGRADES

### Purpose and Scope

affect indoor air quality if the appropriate home assessment is not made before work begins and issues that may affect indoor of integrating many indoor air quality and safety improvements. However, home energy retrofit activities might negatively indoor air quality and indoor environments during home energy upgrades, retrofits or remodeling Indoor Environment Protocols for Home Energy Upgrades to provide practical guidance on improving or maintaining air quality are not identified and properly addressed. The U.S. Environmental Protection Agency (EPA) developed Healthy lower utility costs and improve indoor air quality. Leading energy-efficiency retrofit programs have demonstrated the feasibility "green" or add features their owners want. Integrated healthy home and energy-efficiency retrofit activities can simultaneously Millions of American homes will be retrofitted in the coming years to improve their energy efficiency, make them more

conducting home assessments and undertaking the responses necessary to maintain or improve indoor air quality and safety. remodeling jobs, thus reducing failures and call-backs. The protocols also can help improve the quality of home weatherization projects and other energy-efficiency retrofit or The protocols apply to existing single-family and multi-family low-rise residential buildings. They provide guidance for

rehabilitation professionals and contractors, and others engaged in energy-focused residential retrofit, renovation of organizations and public and environmental health professionals. programs, federally funded housing programs, industry standards organizations, private sector home performance contracting remodeling efforts. They are also intended for voluntary adoption by federal, state, tribal and local weatherization assistance The protocols are intended for use by the home energy retrofit industry, including energy-efficiency retrofit and housing

(http://www.whitehouse.gov/sites/default/files/Recovery\_Through\_Retrofit\_Final\_Report.pdf) Environmental Quality (CEQ) Recovery Through Retrofit initiative for Home Energy Upgrades (http://www.weatherization.energy.gov/retrofit\_guidelines) and the White House Council on EPA developed these voluntary protocols in coordination with the U.S. Department of Energy (DOE) Workforce Guidelines

health and housing resources to provide families the support they may need Programs and contractors undertaking energy retrofits and renovations are encouraged to coordinate their services with local

4) make training or training documents unnecessary, 5) provide detailed guidance on how to achieve the intent of each health problems or building-related illness, 3) address emerging issues that have not been linked to adverse health effects, recommendation in all situations or 6) identify funding availability or which programmatic funding sources should be used This document is not intended to 1) set new EPA regulatory standards, 2) provide guidance on diagnosing occupant

### How the Protocols Are Organized

energy-efficiency retrofits. This document is organized into four sections to highlight priority indoor environmental issues that may relate to home

- 1. **Priority Issues** are listed in Column 1.
- 2 The Assessment Protocols in Column 2 are EPA-recommended or EPA-required protocols for evaluating existing conditions of concern and the potential for additional concerns that may arise from retrofit activities.
- $\dot{c}$ The Minimum Actions in Column 3 include critical actions that home energy retrofit contractors should take to help or used elsewhere. requirements as well. All equipment removals should include proper disposal so that hazardous units are not reinstalled often refer to national standards and guidance; however, work should be conducted in compliance with state and local ensure their work does not introduce new indoor air quality concerns or make existing conditions worse. These actions
- 4 be conducted in compliance with state and local requirements as well. All equipment removals should include proper workers who have sufficient resources. National standards and guidance are also referenced; however, work should be taken during many home energy retrofit projects. They can be performed by properly trained home energy retrofit The Expanded Actions in Column 4 include additional actions to promote healthy indoor environments that can disposal so that hazardous units are not reinstalled or used elsewhere.

References section. Actions columns for each priority issue in an abbreviated format that can be identified with more detailed information in the Relevant standards and guidance documents are listed in the Assessment Protocols, Minimum Actions and Expanded

The icons used in these protocols are:



on assessing the risks to workers, recommended actions to minimize risks to workers' health and safety and additional resources. Indicates an issue where worker safety is a primary concern. See Appendix A: Worker Protection for information



See Appendix B: Client Education for recommended occupant health messages and additional resources appropriate occupant education about health and safety is strongly recommended as part of the retrofit activities. Indicates an issue where occupant education is especially important. If the icon appears in a priority issue section,

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### HEALTHY INDOOR ENVIRONMENT PROTOCOLS FOR HOME ENERGY UPGRADES

PRIORITY ISSUES	ASSESSMENT PROTOCOLS	Minimum Actions	Expanded Actions
	Measures to help home energy retrofit contractors identify common indoor air quality and safety concerns in homes. This document is not a guide to diagnosing occupant health problems or building-related illnesses.	Critical actions intended to ensure work does not potentially cause or worsen indoor air quality or safety problems for occupants or workers (i.e., "Do No Harm"). EPA recommends these protections for ALL retrofit projects.	Additional actions to promote healthy indoor environments that can be taken during energy-efficiency retrofit projects. EPA recommends considering these improvements when feasible.
CONTAMINANTS			
SBESTOS			
	Determine potential asbestos hazard. Consider the age of the structure; homes built after 1930 and before the 1970s especially may have asbestos insulation. Asbestos may also be present in other building materials in homes built or renovated prior to the 1990s.  Note  Possible sources of asbestos are:  • Attic insulation (especially vermiculite).  • Wall insulation (e.g., vermiculite, insulation blocks).  • Insulation on steam pipes, boilers and furnace ducts.  • Vinyl flooring (including 9-inch by 9-inch or 12-inch by 12-inch floor tiles, vinyl sheet flooring and the mastics and other adhesives used to secure the flooring).  • Cement sheet, millboard and paper used as insulation around furnaces and wood- or coalburning appliances.  • Door gaskets in furnaces and wood- or coalburning appliances (seals may contain asbestos).  • Soundproofing or decorative surface materials sprayed on walls or ceilings, including popcorn ceilings.  • Patching and joint compounds and textured paints on walls and ceilings.  • Roofing, shingles and siding (including cement or adhesives).  • Artificial ashes and embers (used in gas-fired fireplaces).  • Transite (cement and asbestos) combustion vent or transite flue.  • Original plaster or plaster that is old enough to potentially contain asbestos.	If suspected asbestos-containing material (ACM) is in good condition, do not disturb.  If suspected ACM is damaged (e.g., unraveling, frayed, breaking apart), immediately isolate the area(s). For example, separate work area in question from occupied portions of the building using appropriate containment practices AND do not disturb. For suspected ACM that is damaged or that must be disturbed as part of the retrofit activity, contact an asbestos professional for abatement or repair, in accordance with federal, state and local requirements. Only a licensed or trained professional may abate, repair or remove ACM.  Note  Typically, trained professionals can repair asbestos by:  Sealing or Encapsulating: Treating the material with a sealant that either binds the asbestos fibers together or coats the material so fibers are not released. Pipe, furnace and boiler insulation can often be repaired this way.  Covering or Enclosing: Placing a protective layer over OR around the ACM to prevent release of fibers. Exposed insulated piping may be covered with a protective wrap or jacket.  Removing: Removing ACM may be advantageous when remodeling OR making major changes to a home that will disturb ACM, or if ACM is damaged extensively and cannot be otherwise repaired (by covering, enclosing, sealing or encapsulating).	This cell is intentionally blank.

(Continued on next page)

**ASBESTOS** (continued)

If unsure whether material contains asbestos, contact a qualified asbestos professional to assess the material. Sample and test as needed.

### Note

The EPA vermiculate guidance referenced below includes photos to aid the identification of vermiculite insulation.

### Relevant Guidance/Standards

The National Institute of Standards and Technology (NIST) maintains a list of asbestos laboratories accredited under the National Voluntary Laboratory Accreditation Program (NVLAP):

- Call NIST at (301) 975-4016 or email NVLAP@nist.gov.
- NIST/NVLAP: Accredited Laboratories for the Polarized Light Microscopy (PLM) Test Method.
- NIST/NVLAP: Accredited Laboratories for the Transmission Electron Microscopy (TEM) Test Method.

DOL, OSHA, 29 CFR Part 1926, subpart Z.

EPA Asbestos: Asbestos in Your Home.

EPA Asbestos: Regional and State Asbestos Contacts.

EPA Vermiculite.

If working in a pre-1980 building, see: Appendix A: Worker Protection – Asbestos and Confined Spaces. When working around ACM, do not:

- Dust, sweep or vacuum ACM debris.
- Saw, sand, scrape or drill holes in the material.
- Use abrasive pads or brushes to strip materials.

Do not remove OR disturb attic insulation that looks like vermiculite unless the material has been tested and found not to contain asbestos.

Any asbestos abatement or repair work should be completed prior to blower door testing. Exercise appropriate caution when conducting blower door testing where friable asbestos or vermiculite attic insulation is present to avoid drawing asbestos fibers into the living space (i.e., use positively pressurized blower door testing) unless the material has been tested and found not to contain asbestos.

### Notes

Appropriate identification of ACM is necessary to ensure the continued safety of the occupants and the safety of workers, who may not be aware of asbestos hazards.

If ACM may be disturbed during a planned retrofit, a competent person needs to conduct an initial exposure assessment to determine potential worker exposures and required exposure controls.

Asbestos awareness training is recommended for retrofit workers, especially auditors and crew chiefs.

### Relevant Guidance/Standards

BPI Technical Standards: Technical Standards for the Heating Professional.

DOL, OSHA, Asbestos.

DOL, OSHA, Asbestos – Construction.

EPA Asbestos: Asbestos in Your Home.

EPA Vermiculite.

Vapor Intrusion.

Relevant Guidance/Standards

EPA OSWER Draft Guidance for Evaluating

ASTM E2600.

Vapor Intrusion.

EPA OSWER Draft Guidance for Evaluating

EPA Vapor Intrusion Mitigation Approaches.

### **BUILDING PRODUCTS/ MATERIALS EMISSIONS**



Review information on the contents of products being considered for purchase and installation during an energy upgrade project to determine whether they contain potentially hazardous compounds. Many of these products and materials (e.g., paints, particle board, pressed wood, insulation, sealants, plywood and cleaning supplies) may contain volatile organic compounds (VOCs), including formaldehyde, or other hazardous compounds to which exposure should be minimized or eliminated during and after an energy upgrade.

ASSESSMENT PROTOCOLS

Assess ventilation to determine compliance with the Minimum Actions and Whole-House Ventilation for Distributed Contaminant Sources (page 22).

### Note:

Dilution using whole-house ventilation will help reduce VOCs and other airborne contaminants from indoor sources in most homes.

In most circumstances, testing for VOCs is not necessary. If odors or occupant complaints indicate potential VOCs or other airborne contaminants, follow the source control and ventilation actions under Minimum Actions and Expanded Actions.

If working with materials associated with chemical emissions or dust generation, including spray polyurethane foam insulation, see Jobsite Safety (page 24) and Appendix A: Worker Protection.

### Relevant Guidance/Standards

American Chemistry Council: Spray Polyurethane Foam Health and Safety.

DOL, OSHA, Green Jobs Hazards.

EPA SPF: Spray Polyurethane Foam, Building Occupants and Other Workers Should Vacate During SPF Installation.

Whole-House Ventilation for Distributed Contaminant Sources (page 22).

Minimize occupant and worker exposure to VOCs or other airborne contaminants by:

- Ensuring that work areas are properly isolated (e.g., by sealing with plastic sheeting) and ventilated to the outdoors during activities that result in VOC emissions (e.g., installing spray foam insulation, painting, sealing, finishing) AND that they are ventilated as close as possible to the source of those emissions.
- Using appropriate dust-control and protective equipment.
- Thoroughly cleaning work areas and allowing any odors to dissipate before re-occupancy.
- Following manufacturers' recommendations, which may indicate the need to evacuate building occupants and other unprotected individuals from work areas during and for some period after the use of a product.

### **Source Control**

When installing new products and materials, consider using the least toxic product or material feasible to effectively do the job. For example, use products and materials that indicate they have (or are certified as having) low VOC content or low VOC emissions.

### Note:

California Title 17 requires reduced formaldehyde emissions from composite wood products and finished goods that contain composite wood products sold, offered for sale, supplied, used or manufactured for sale in California.

### Ventilation

Ensure the home meets the Minimum Actions in the Whole-House Ventilation for Distributed Contaminant Sources section (page 22).

Ventilate the building with as much outside air as possible before permanently occupying. Do not conduct a "bake-out" in an attempt to reduce VOC emissions after the building is occupied, because it may cause VOCs to be absorbed by other interior materials and may damage building components.

### **New Products Source Control**

When available, specify products and materials that meet independent certification and testing protocols, such as:

- California Department of Public Health, Emission Testing Method for California Specification 01350.
- Carpet and Rug Institute (CRI) Green Label or Green Label Plus program criteria or equivalent standards for carpet.
- Collaborative for High Performance Schools (CHPS) High Performance Products Database.
- Green Seal Standard GS-11.
- Greenguard Children and Schools Certification Program.
- Master Painters Institute (MPI) Green Performance Standards GPS-1 or GPS-2.
- Scientific Certification Systems (SCS) Standard EC-10.2-2007, Indoor Advantage Gold.

When installing structural plywood or pressed or composite wood products, select those that are certified compliant with California Title 17. If California Title 17 compliant materials are not available, use products that meet section 6.1 of EPA's Indoor airPLUS Construction Specifications.

### Existing Condition Source Control/ Supplemental Ventilation

If odors, complaints or testing indicate potential VOCs or other airborne contaminants, remove any potential sources (e.g., hobby materials, fiberglass that may contain formaldehyde) from the room or area. If removal is not feasible, consider installing local exhaust ventilation for sources that are isolated in a specific room or area.

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PRIORITY ISSUES	ASSESSMENT PROTOCOLS	Minimum Actions	Expanded Actions
BUILDING PRODUCTS/	MATERIALS EMISSIONS (continued)		
BUILDING PRODUCTS/ I	MATERIALS EMISSIONS (Continued)	Relevant Guidance/Standards American Chemistry Council: Spray Polyurethane Foam Health and Safety. California Title 17. EPA SPF: Spray Polyurethane Foam. Whole-House Ventilation for Distributed Contaminant Sources (page 22).	Seal composite wood products (e.g., particle board and pressed wood) that are not compliant with California Title 17 or that do not meet section 6.1 of EPA's Indoor airPLUS Construction Specifications with a sealant intended to reduce VOC emissions. Seal all exposed surfaces and holes, as appropriate. Check with vendors for recommendations on sealing their engineered wood products. If these actions do not solve the problem (e.g., persistent odors, occupant complaints), hiring an environmental professional and testing may be necessary.  Testing  If VOCs appear to be present based on odors or complaints and source control or ventilation do not alleviate the problem, testing by a qualified professional may be useful.  Relevant Guidance/Standards California Department of Public Health, Emission Testing Method for California Specification 01350.  California Title 17.  CARB: Formaldehyde.  CHPS.  CRI.  EPA Design for the Environment.  EPA Indoor airPLUS Specification Section 6.  Green Seal Standard GS-11.  Greenguard Children and Schools Certification Program.  MPI GPS-1 and GPS-2.  SCS Standard EC-10.2-2007.  Whole-House Ventilation for Distributed Contaminant Sources (page 22).

PRIORITY ISSUES ASSESSMENT PROTOCOLS Minimum Actions Expanded Actions

### CARBON MONOXIDE (CO) AND OTHER COMBUSTION APPLIANCE EMISSIONS (NITROGEN OXIDES, VOLATILE ORGANIC COMPOUNDS [VOCs] AND PARTICULATES)



Locate and identify any fuel-burning combustion appliances in the home (e.g., gas, oil, kerosene, wood- or coal-burning appliances). See Combustion Safety (page 18) and Wood Smoke and Other Solid Fuel Emissions (page 16) for assessment protocols to complete safety inspections of all combustion appliances in a dwelling.

Determine if there is an attached garage. See Garage Air Pollutants (page 8) for ways to locate air leaks from a garage to occupied spaces.

Determine whether there are working carbon monoxide (CO) alarms and smoke alarms.

Ask occupants whether they have supplemental portable combustion equipment (e.g., generators, unvented gas or kerosene space heaters).

Test interior living space for CO. Avoid testing near combustion equipment that has already undergone CO testing.

Test for CO outside of the home (e.g., near front entrance) to document general outdoor levels. Avoid testing near obvious sources of CO (e.g., motor vehicles, lawn equipment).

### Relevant Guidance/Standards

BPI-1100-T-2010, Combustion Appliance Testing section.

Combustion Safety (page 18).

Garage Air Pollutants (page 8).

Wood Smoke and Other Solid Fuel Emissions (page 16).

If CO levels in interior living spaces exceed outdoor levels, investigate potential sources and take appropriate action to reduce them (e.g., have a qualified professional tune, repair or replace improperly operating combustion appliances; apply weatherstripping or conduct air sealing between the garage and the home).

Specify and install CO alarms in all homes. See Home Safety (page 23) for details.

See Garage Air Pollutants (page 8) for recommendations on how to minimize the movement of air and contaminants (including CO and other combustion appliance emissions) from the garage to the house.

See Combustion Safety (page 18) and Heating, Ventilating and Air Conditioning (HVAC) Equipment (page 17), as appropriate, for recommendations on repairing, removing or replacing combustion appliances.

### Relevant Guidance/Standards

Combustion Safety (page 18).

Garage Air Pollutants (page 8).

Heating, Ventilating and Air Conditioning (HVAC) Equipment (page 17).

Home Safety (page 23).

See Home Safety (page 23) for recommended installation of CO alarms that can detect and store peak CO levels of less than 30 ppm.

See the Expanded Actions for Garage Air Pollutants (page 8) for additional recommendations on minimizing airflow from the garage to the house.

See the Expanded Actions for Combustion Safety (page 18) for additional recommendations on repairing, removing or replacing combustion appliances.

### Relevant Guidance/Standards

Combustion Safety (page 18).

Garage Air Pollutants (page 8).

Home Safety (page 23).

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PRIORITY ISSUES	ASSESSMENT PROTOCOLS	Minimum Actions	Expanded Actions
ENVIRONMENTAL TOE	BACCO SMOKE (ETS) (continued)		
		NCHH Fact Sheet: Improving Ventilation in Existing or New Buildings with Central Roof Exhaust.	
		NCHH Fact Sheet: Improving Ventilation in Multi-Family Buildings That Do Not Have Fan- Powered Ventilation Systems.	
		NCHH Fact Sheet: Improving Ventilation in New and Existing Multi-Family Buildings with Individual Unit Ventilation Systems.	
GARAGE AIR POLLUTA	ANTS (CO, BENZENE AND VOCS)		
ân de la companya de	If there is an attached garage (i.e., sharing at least one wall, ceiling, ductwork, etc.), identify the location of any air leaks from the garage to the occupied spaces that may provide pathways for hazardous emissions to enter the occupied spaces. Look for leaks around walls, doors, ceilings, ductwork, air conditioners, furnaces, chimneys and electrical and pipe penetrations.	To minimize the movement of air and contaminants from the attached garage to the house, air seal walls and ceilings separating the garage from the living spaces.  At a minimum, air seal these locations (if present):  Doors (ensure tight closure AND install weather-stripping).  Electrical, plumbing and duct penetrations.	Steps that can reduce air pressure in the garage and minimize flow from the garage to the house include the following:  • If occupants spend significant time in the garage (e.g., the garage is used as a workshop or playroom), at a minimum, install local exhaust fan(s) rated for continuous operation and vented outdoors in attached garages in accordance with section 5.6 of EPA's Indoor

Determine (visual inspection and/or occupant inquiry) if there are unvented combustion appliances or hobby equipment that may be used in the garage.

### Note

If combustion appliances are present, see Carbon Monoxide (CO) and Other Combustion Appliance Emissions (page 6), Vented Combustion Appliances (page 18) and Unvented Combustion Appliances (page 20) for recommended actions.

### Relevant Guidance/Standards

Carbon Monoxide (CO) and Other Combustion Appliance Emissions (page 6).

Energy Conservatory: Blower Door.

Unvented Combustion Appliances (page 20).

Vented Combustion Appliances (page 18).

- Electrical, plumbing and duct penetrations.
- Cracks between mud sill, rim joists, subfloors and/or bottom of gypsum board.
- Leaks in the ductwork and air handlers and gaps around the ductwork penetrating from the garage to the occupied space.

To keep garage air from being drawn into the home, eliminate or disconnect supply diffusers and return grilles in the garage that connect to air handlers serving the occupied space.

If heat is needed in the garage, use a properly installed supplemental heating system.

### Relevant Guidance/Standards

ACCA 5 QI-2010.

ASHRAE 62.2-2010.

- airPLUS Construction Specifications or 2009 International Mechanical Code, table 403.3.
- Relocate the air handling equipment and associated ductwork from the garage to an area within a conditioned space.
- If accessible, add blocking in the floor system to assist with air sealing between the garage and living space in homes that have a room above the garage.
- Use advanced blower door techniques (see guidance listed below) to identify air leakage pathways between the house and garage and to verify the effectiveness of air sealing.

### Relevant Guidance/Standards

EPA Indoor airPLUS Specification 5.6.

Home Energy, Advanced Blower Door Techniques.

International Mechanical Code, 2009.

**LEAD** 



Assume there is lead-based paint in homes built before 1978 unless testing shows otherwise. Determine whether paint will be disturbed by the work or the assessment.

Consider using an EPA-recognized testing method (e.g., X-ray fluorescence [XRF] testing, or an on-site test kit) on suspect surfaces that will be disturbed in order to determine whether the paint is lead-based. The lead-safe work practices minimum and expanded actions apply only to paint assumed to be or tested to confirm that it is lead-based.

### Relevant Guidance/Standards

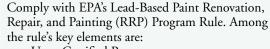
HUD Title 24.

EPA Renovation, Repair and Painting (RRP) Program Rule: 24 CFR Part 25, subpart J.

EPA Lead.

EPA Lead-Based Paint Renovation, Repair, and Painting Program: Small Entity Compliance Guide to Renovate Right.

If working in a pre-1978 building, see Appendix A: Worker Protection – Lead. **(4)** 



- Use a Certified Renovator.
- Follow lead-safe work practices if disturbing more than 6 ft<sup>2</sup> of interior or 20 ft<sup>2</sup> of exterior painted surfaces.
- Contain the work area to avoid resident exposure.
- Minimize lead dust and leave no dust or debris behind.
- Achieve visual post-cleaning criteria.

Comply with state and local lead-related regulations, which may be applicable to lead hazard reduction activities and may require additional certified personnel.

### Note

This is not a complete summary of the regulatory requirements. The intent of this protocol is to promote the most health-protective steps that are feasible and practical. The minimum action recommended in this protocol is to comply with whatever the most current version of the RRP Program Rule prescribes.

### Relevant Guidance/Standards

DOL, OSHA, Lead.

EPA Renovation, Repair and Painting (RRP) Program Rule: 24 CFR Part 25, subpart J.

EPA Renovation, Repair and Painting (RRP) Program Rule: 40 CFR Part 745.

EPA Lead Accredited Training Programs.

Follow the U.S. Department of Housing and Urban Development (HUD) lead-safe rehabilitation practices. In addition to EPA's RRP, these HUD practices:

- Lower the thresholds for interior painted surface area from 6 ft² to 2 ft².
- Require repair of painted surfaces that are disturbed when using lead-safe work practices.
- Require meeting lead dust clearance testing standards if more than 2 ft<sup>2</sup> of paint is disturbed.

### Note

Lead dust clearance testing includes measuring for lead dust on floors, windowsills and window troughs. See NCHH Fact Sheet: Testing for Lead-Contaminated Dust.

### Relevant Guidance/Standards

EPA Renovation, Repair and Painting (RRP) Program Rule: 24 CFR Part 25, subpart J.

HUD Lead Safe Work Practices.

NCHH Fact Sheet: Testing for Lead-Contaminated Dust.

### MOISTURE (MOLD AND OTHER BIOLOGICALS)



Inspect the interior and exterior of the building for evidence of moisture problems. Document the extent and location of the problems, and the proposed repairs, to avoid exacerbating the problems when the repairs are made. Examples of moisture and mold problems are:

- Water damage or stains.
- Foundation cracks that leak water.
- Visible mold growth.

Repair roof leaks before air sealing or insulating the attic.

Address surface water pooling near the foundation before insulating basement or crawlspace walls near wet areas. Repair additional moisture problems identified during the assessment (e.g., plumbing leaks, rain leaks including leaks around windows and flashing, and foundation leaks).

Retrofit crawlspaces so that they are unvented, sealed, insulated, properly drained and waterproofed, following guidance in section 1.4 of EPA's Indoor airPLUS Construction Specifications.

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### MOISTURE (MOLD AND OTHER BIOLOGICALS) (continued)

- Wet or damp spots.
- Musty odor.
- Moisture damage on windows.
- Groundwater, surface water and rainwater intrusion.
- Plumbing leaks.
- Condensation.
- Consider temperature, relative humidity and absolute humidity (e.g., dew point temperature and humidity ratio [i.e., pounds or grains of water vapor per pound of dry air]).

Determine whether the project requires mold remediation and additional moisture control measures (e.g., as determined during a Weatherization Assistance Program audit).

Document which moisture problems will be addressed as part of the energy-conserving project, and which must be repaired by the homeowner or another contractor before certain, specific energy conserving measures can be implemented.

If moisture issues cannot be addressed, do not install energy upgrades that will reduce the home's air infiltration rate. Homes where this may be the case include those that have significant condensation or humidity problems, such as condensation on multiple windows, condensation in attics or significant moisture or mold problems that are beyond the scope of the remedies under Minimum Actions.

See Appendix A: Worker Protection – Mold and Confined Spaces as appropriate.

Manage rainwater in assemblies receiving retrofits (e.g., drainage planes and flashings), following guidance in EPA's Indoor airPLUS Construction Specifications 1.5 and 1.6.

Ensure proper HVAC condensate drainage.

Prevent condensation in the enclosure by:

- Air sealing the enclosure. *Note: This also prevents ice dams in cold, snowy climates.*
- Managing water vapor flow and condensing surface temperatures to avoid dew point conditions (achieved by selection of materials with appropriate combination of R-value and vapor permeability).
- Managing air pressure relationships as needed.
- Controlling indoor humidity sources, for example:
  - Ensuring bath fans are operating properly and vented to the outdoors.
  - Ensuring clothes dryers are correctly vented to the outdoors.
  - Covering earthen floors in basements and crawlspaces with sealed vapor barriers; seal sump crocks.
  - If adding an air conditioning (AC) unit, ensure it is sized properly. If the relative humidity or moisture in the air is high, evaluate whether the AC unit is oversized.
  - Install dehumidifiers, if appropriate.
  - Remove unvented combustion space heaters.
  - Ensure proper crawlspace ventilation.
  - Ensure proper attic ventilation, unless sealed or conditioned.

Conduct any required mold remediation following EPA or other professional guidance (see see Appendix A, Mold section, page 34).

See Mold and Moisture section in Appendix B: Client Education.

Perform additional activities, beyond those required for the weatherization project, in order to remediate any mold growth. Follow EPA or other professional guidance (see Appendix A, Mold section, page 34).

### Relevant Guidance/Standards

EPA Indoor airPLUS Specification: 1.4.

EPA Mold Remediation.

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PRIORITY ISSUES	ASSESSMENT PROTOCOLS	Minimum Actions	Expanded Actions
MOISTURE (MOLD AN	ID OTHER BIOLOGICALS) (continued)		
	Relevant Guidance/Standards DOE: Workforce Guidelines for Home Energy Upgrades (under development).	Notes Replacing an atmospherically vented or fan- powered combustion device that draws combustion air from inside the home with a high-efficiency sealed combustion device can reduce the ventilation rate, which could result in cold-weather condensation in some building enclosures.	
		If an atmospherically vented combustion device is causing an indoor humidity problem, it should be repaired in accordance with the Combustion Safety section (page 18).	
		Relevant Guidance/Standards Combustion Safety (page 18).	
		DOE: Workforce Guidelines for Home Energy Upgrades (under development).	
		EPA Indoor airPLUS Specifications 1.5 and 1.6.	
OZONE			
	Determine if there is any air-cleaning equipment designed to intentionally produce ozone (i.e.,	Do not install air-cleaning equipment designed to intentionally produce ozone (i.e., ozone generators).	This cell is intentionally blank.
	ozone generators) in the house.  Relevant Guidance/Standards	Recommend removal of air-cleaning equipment designed to intentionally produce ozone, if present.	
	CARB: Ozone.	Relevant Guidance/Standards EPA Indoor airPLUS Specification 4.7.	
		EPA IAQ: Ozone Generators that are Sold as Air Cleaners.	
PESTS			
	Identify evidence of mice, squirrels or other rodents; termites; birds; bats; cockroaches or other pests. Note the location and identify pest-contaminated materials (e.g., nests, feces). Determine whether rodenticides or pesticides are being used.  Remove pest-infested materials OR determine if professional assistance is needed to do so before conducting energy retrofit work in pest-infested areas.	Alert owner of any termite infestations and inform owner of the need to seek assistance from an integrated pest management (IPM) professional (e.g., Greenpro, Greenshield or equivalently trained IPM professional).  In areas with evidence of rodent infestations, patch with pest-resistant materials (e.g., copper mesh, hardware cloth, sheet metal, concrete) exterior holes that are larger than ½ inch by ¾ inch before applying air sealing materials (e.g., caulk or foam) OR before insulating.	Protect air intakes from potential bird and pest entry (e.g., cover openings with ½-inch screen or galvanized mesh).  Protect exhaust vents from rodent, bird and pest entry (e.g., cover openings with louvers).  Avoid creating conditions that can clog exhaust, particularly dryer vents.

(Continued on next page)

PRIORITY ISSUES	ASSESSMENT PROTOCOLS	Minimum Actions	Expanded Actions
PESTS (continued)	Note Termite and some other types of pest infestations are often an indication of moisture problems. See Moisture (page 9) for diagnosing moisture problems.	Advise owner/resident to regularly clean/fix screens or dampers over exterior air intakes and exhausts (e.g., at least semi-annually or when replacing HVAC filters). Remove clutter, eliminate wood piles near house, and remove bushes, trees or	Follow IPM guidelines for roach control AND, if feasible, apply boric acid or gels in holes for roach issues. Follow relevant state pesticide applicator standards.  Note
	Relevant Guidance/Standards AFHH. CDC Resource on Rodents.	other vegetation closer than two feet from the structure.  Relevant Guidance/Standards  EPA IPM.	Some states require that pest management professionals be licensed.  Provide sealable outside garbage cans OR advise clients to use them.
		NCHH IPM.  New York City Department of Health and Mental Hygiene.	Relevant Guidance/Standards ASHRAE 62.2-2010. EPA IPM. New York City Department of Health and Mental Hygiene.
POLYCHLORINATED BI	IPHENYLS (PCBs)		
	Determine whether fluorescent light ballasts containing polychlorinated biphenyls (PCBs) are present.  Note  Some homes may contain fluorescent light fixtures with ballasts manufactured before 1979 that contain polychlorinated biphenyls (PCBs). Ballasts manufactured between 1979 and 1998 that do not contain PCBs were required to be labeled "No PCBs." Newer fluorescent lighting typically uses electronic ballasts that do not contain PCBs and should be clearly marked as electronic.  Relevant Guidance/Standards EPA PCB-Containing Light Ballasts.	If fluorescent light ballasts do not have the statement "No PCBs" or are not marked as electronic, assume that the ballasts contain PCBs and replace with new lighting fixtures OR contact the manufacturer to determine whether the ballasts contain PCBs. If the manufacturer is not sure whether the ballasts contain PCBs, assume that they do and replace with new lighting fixtures.  Relevant Guidance/Standards EPA PCB. EPA PCB-Containing Light Ballasts.	The presence of PCBs may not be limited to fluorescent light ballasts. PCBs were also used in other products, including caulk. See EPA's website on PCBs for a complete list of products of concern, and where possible, remove and replace them.  Relevant Guidance/Standards EPA PCB. EPA PCBs in Caulk.

RADON



Follow one of two testing options to determine the radon level as summarized below and in Table 1.

Option 1: Test-In/Test-Out – Test for radon before and after energy upgrade work.

Option 2: Post-Work Test – Test for radon only after completing energy upgrade work.

Before completing retrofit activities, take precautionary measures listed below in Column 1 of Table 1, depending on pre-work test results. After work, follow the appropriate Minimum and/or Expanded Actions outlined in Table 1, depending on post-work test results.

Additional actions to reduce radon exposure are summarized below and outlined in Table 1.

- Mitigate according to ASTM E2121 when the post-work radon level is ≥ 4 pCi/L.
- If the post-work radon level is between 2 and 4 pCi/L, refer the client to EPA's Citizen's Guide to Radon or mitigate in accordance with ASTM E2121.

(Continued on next page)

Notes

Two radon tests may be performed simultaneously and averaged to increase confidence in the shortterm test result. This approach can be used for both pre- and post-work testing. Another option is to take two tests sequentially. DO NOT average the prework and post-work test results.

• National Radon Safety Board (NRSB).

Long-term testing is the most accurate way to test for radon, but it may not be feasible. See EPA's Citizen's Guide to Radon for information on longterm testing.

The recommended testing protocols are designed to ensure that radon exposure does not increase above EPA thresholds in homes where radon levels are initially below those thresholds. This protocol is not designed to mitigate radon risks that existed prior to the energy upgrade. All clients should be provided with radon testing results.

Determine whether the home has an active or passive radon mitigation system.

### Note

Active mitigation systems include a radon vent fan, usually located in an attic, in an attached garage or on the building exterior.

### Relevant Guidance/Standards

ASHI Radon Mitigation System Inspection Checklist.

EPA Radon Guidance: Guidance for Radon Testing and Mitigation.

EPA Radon: State Radon Contact Information.

- Specifications.
- Air seal sumps (e.g., install an airtight sump cover) in such a way that water can drain from above and below the sump cover.
- Install airtight drain fittings (e.g., trap or flange system) in foundation floor drains.
- Seal and caulk penetrations, openings or cracks in below-grade walls and floors that contact the ground with a sealant that meets the requirements of ASTM C920.

### Note

These foundation air sealing strategies are also important elements of radon mitigation according to ASTM E2121, which addresses both foundation air sealing and fan-powered radon mitigation systems.

Educate the client about the test results and radon reduction measures that were followed. Inform the client that the radon testing protocols were completed to ensure that the energy upgrade work did not introduce indoor radon problems, but the protocols do not necessarily mitigate a prior indoor radon problem in the home. Advise the client to refer to EPA's Citizen's Guide to Radon for more information about radon risk.

Mitigate in accordance with ASTM E2121 if:

- Option 1: Post-work radon level is ≥4pCi/L AND it exceeds the pre-work radon level OR
- Option 2: Post-work radon level is ≥4pCi/L AND no pre-work levels were taken.

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PRIORITY ISSUES	ASSESSMENT PROTOCOLS	Minimum Actions	Expanded Actions
RADON (continued)		For homes equipped with an active radon mitigation system:  • Verify that the radon vent fan is operating.  • If a previously installed radon mitigation system is not operating correctly OR if the post-work tested radon level is ≥4 pCi/L, advise the client to consult the state radon office.	
		Relevant Guidance/Standards ASTM C920.	
		ASTM E2121.	
		EPA Indoor airPLUS Specification 1.2.	
		EPA Radon Guidance: Citizen's Guide to Radon.	

Table 1: Radon Testing Options and Reduction Strategies

Pre-Work Test Result and <i>Precautionary Measures</i>	Post-Work Test Result	Minimum Actions	Expanded Actions
<2 pCi/L	<2 pCi/L	No action.	
Consider precautionary radon-reduction actions as part of energy upgrade work, especially covering exposed earth, air sealing open sumps,	>2 and <4 pCi/L	Complete foundation air sealing strategies.	For post-work radon levels between 2 and 4 pCi/L, refer client to EPA's Citizen's Guide to Radon and Consumer's Guide to Radon Reduction and/or mitigate in accordance with ASTM E2121.
ensuring floor drains have traps and that traps are not dry.	≥4 pCi/L ≥4 pCi/L	Mitigate in accordance with ASTM E2121.	
>2 and <4 pCi/L  Take precautionary radon- reduction actions: complete foundation air sealing	<4 pCi/L and NOT higher than pre-work level.	No further minimum action.	For post-work radon levels between 2 and 4 pCi/L, refer client to EPA's Citizen's Guide to Radon and Consumer's Guide to Radon Reduction and/or mitigate in accordance with ASTM E2121.
strategies as part of energy upgrade work.	<4 pCi/L AND higher than pre-work level.	Verify that foundation air sealing strategies were completed appropriately and correct deficiencies.	For post-work radon levels between 2 and 4 pCi/L, refer client to EPA's Citizen's Guide to Radon and Consumer's Guide to Radon Reduction and/or mitigate in accordance with ASTM E2121.
	≥4 pCi/L	Mitigate in accordance with ASTM E2121.	
≥4 pCi/L  Complete all foundation air sealing strategies as part of energy upgrade work.	<4 pCi/L	No further minimum action.	For post-work radon levels between 2 and 4 pCi/L, refer client to EPA's Citizen's Guide to Radon and Consumer's Guide to Radon Reduction and/or mitigate in accordance with ASTM E2121.
	≥4 pCi/L but NOT higher than pre-work level.	Refer client to EPA's Citizen's Guide to Radon and recommend radon mitigation.	Mitigate in accordance with ASTM E2121.
	≥4 pCi/L AND higher than pre-work level.	Mitigate in accordance with ASTM E2121.	
No Pre-Work Test  Consider precautionary radon-reduction actions as part of energy upgrade work,	<4 pCi/L	No further minimum action.	For post-work radon levels between 2 and 4 pCi/L, refer client to EPA's Citizen's Guide to Radon and Consumers Guide to Radon Reduction and/or mitigate in accordance with ASTM E2121.
especially covering exposed earth, air sealing open sumps, ensuring floor drains have traps and that traps are not dry.	≥4 pCi/L	Mitigate in accordance with ASTM E2121.	

### WOOD SMOKE AND OTHER SOLID FUEL EMISSIONS



Determine whether there are wood- or coalburning appliances (e.g., wood stove or furnace, wood pellet stove, fireplace) in the home.

If wood- or coal-burning appliances are present, determine whether there is evidence of wood smoke emissions affecting the home, using any of the following practices or the equivalent (note that many of the following may require input from certified/trained professionals):

- Look for evidence of soot on the walls or ceiling or creosote staining near the flue pipe.
- Determine whether the inside of the home smells like wood smoke.
- Ask occupants whether they regularly (i.e., daily) smell wood smoke during the heating season.
- If certified/trained professionals are available, consider using a particle counter to quantify particulates in the indoor air.

Assess appliance safety by considering:

- Appliance condition, especially leaks, cracks or faulty flue connections.
- Proper distance of appliance to combustible materials (minimum clearances) and/or proper protection of combustibles.
- Proper size and materials of floor protection.
- Proper venting system (Vented Combustion Appliances [page 18] and Unvented Combustion Appliances [page 20]).

Determine whether the wood- or coal-burning appliance is EPA-certified (i.e., more energy efficient and cleaner burning).

Determine whether a hydronic heater (e.g., outdoor wood-fired boiler) is present.

If the wood- or coal-burning appliance is operating during the assessment, observe the opacity of the smoke leaving the chimney.

Assess what the proper size of any wood- or coal-burning appliances will be after the retrofit is complete. If the current unit is oversized, recommend replacement with a properly sized, EPA-certified appliance.

If evidence of soot, wood smoke or other health safety concern is apparent, determine the source of the problem and work with the appropriate certified professional (e.g., NFI, CSIA, etc.) to resolve it.

Encourage the homeowner to have a certified professional chimney sweep (e.g., certified by the Chimney Safety Institute of America) inspect the chimney and wood- or coal-burning appliance annually.

Share EPA Burn Wise tips with the homeowner: <a href="http://www.epa.gov/burnwise/pdfs/BurnWiseTips.pdf">http://www.epa.gov/burnwise/pdfs/BurnWiseTips.pdf</a>.

### Relevant Guidance/Standards

CSIA.

EPA Burn Wise Guides: Burn Wise Guide for Best Burn Practices for Wood Stoves.

EPA Burn Wise Tips.

NESCAUM Regulations.

NFPA 211.

Replace non-certified wood- or coal-burning appliances with properly sized and installed EPA-certified wood- or coal-burning appliances after the retrofit is complete. Appliances should be installed according to the manufacturer's instructions.

### Relevant Guidance/Standards

EPA Burn Wise Lists.

(Continued on next page)

### WOOD SMOKE AND OTHER SOLID FUEL EMISSIONS (continued)

### Note

One hundred percent opacity means nothing can be seen through the smoke. At 20% opacity, there is very little smoke and you can see almost completely through it. Smoke with opacity of more than 20% is an indication that unseasoned wood is being burned, a non-EPA approved stove is in use or poor operation.

### Relevant Guidance/Standards

EPA Burn Wise Guides: Burn Wise Guide for Identifying Cleaner-Burning Appliances.

Carbon Monoxide (CO) and Other Combustion Appliance Emissions (page 6).

NFPA 211.

Unvented Combustion Appliances (page 20)

Vented Combustion Appliances (page 18)

### CRITICAL BUILDING SYSTEMS FOR HEALTHY INDOOR ENVIRONMENTS

### HEATING, VENTILATING AND AIR CONDITIONING (HVAC) EQUIPMENT

Evaluate the condition of the existing HVAC system components (e.g., furnace, boiler, air handler, heat pump, associated ductwork) in accordance with minimum inspection standards of ANSI/ACCA Standard 4 (Maintenance of Residential HVAC Systems), ASHRAE handbooks or other equivalent standards and guidelines.

Ventilation requirements are also addressed in Source Ventilation (page 21), Whole-House Ventilation for Distributed Contaminant Sources (page 22) and Multi-Family Ventilation (page 22).

The HVAC assessment is to include an evaluation of whether the system is functioning properly, based on ANSI/ACCA checklists appropriate for the type of equipment. Determine whether the HVAC system is properly sized in accordance with ASHRAE handbook, or other equivalent standardized guidelines.

Based on an assessment of equipment condition and sizing, repair, modify or replace equipment to meet minimum corrective actions for proper HVAC function.

If repairs are needed to restore HVAC to proper functioning, repair in accordance with ANSI/ ACCA Standard 6 (Restoring the Cleanliness of HVAC Systems), ASHRAE handbooks or other equivalent standards and guidelines.

If replacing equipment, base sizing calculations on post-retrofit conditions. Refer to Sections 4.1 and 4.2 of EPA Indoor airPLUS Construction Specifications.

Install new equipment in accordance with ANSI/ACCA Standard 5 (HVAC Quality Installation Specification) AND verify installation in accordance with ANSI/ACCA Standard 9 (HVAC Quality Installation Verification Protocols), ASHRAE handbooks or other equivalent standards and guidelines.

Replace functioning HVAC equipment that is near the end of its service life with new energy-efficient HVAC equipment and base sizing calculations on post-retrofit conditions. Refer to Sections 4.1 and 4.2 of EPA Indoor airPLUS Construction Specifications.

Follow ANSI/ACCA Standard 5 (HVAC Quality Installation Specification), Standard 9 (HVAC Quality Installation Verification Protocols), ASHRAE handbooks or other equivalent standards and guidelines. Consider using filters with a high MERV rating (11 or above) if equipment capacity is sufficient to accommodate the pressure drop. For existing systems, check with the manufacturer to determine whether MERV 11 filters can be installed.

(Continued on next page)

### HEATING, VENTILATING AND AIR CONDITIONING (HVAC) EQUIPMENT (continued)

If HVAC replacement or modification is anticipated, base sizing calculations on post-retrofit conditions. Refer to Sections 4.1 and 4.2 of EPA Indoor airPLUS Construction Specifications.

### Relevant Guidance/Standards

ACCA 4 QM-2007.

ASHRAE Handbooks: ASHRAE Handbook Series.

EPA Indoor airPLUS Specifications: 4.1 and 4.2.

Multi-Family Ventilation (page 22).

Source Ventilation (page 21).

Whole-House Ventilation for Distributed Contaminant Sources (page 22).

Ensure newly installed central forced-air HVAC systems have a minimum MERV 6 filter, no filter bypass, and no air cleaners designed to intentionally produce ozone.

### Relevant Guidance/Standards

ACCA 5 QI-2010.

ACCA 6 QR-2007.

ACCA 9 QIVP-2008.

ASHRAE 62.2-2010, Section 6.7.

ASHRAE Handbooks: ASHRAE Handbook Series.

ASHRAE 52.2-2007.

EPA Indoor airPLUS Specifications: 4.1, 4.2 and 4.7.

EPA IAQ: Residential Air Cleaners.

### Relevant Guidance/Standards

ACCA 5 QI-2010.

ACCA 9 QIVP-2008.

ASHRAE Handbooks: ASHRAE Handbook Series.

ASHRAE 52.2-2007.

EPA Indoor airPLUS Specifications: 4.1, 4.2 and 4.7.

### **VENTED COMBUSTION APPLIANCES**



Complete a safety inspection of all vented combustion appliances in the dwelling (e.g., furnaces, boilers, space heaters, water heaters). The inspection shall include observations for proper clearances, condition of venting, assessment of the potential for backdrafting, integrity of fuel lines, safety of electrical connections and the appliance itself.

 For gas-fired appliances and equipment, make this assessment using applicable installation standards, including the National Fuel Gas Code, ANSI Z223.1/NFPA 54, the applicable ANSI Z21 gas-fired appliance safety standard and manufacturer's instructions. Determine whether gas-fired appliance installations comply with Section 9.3 "Air for Combustion and Ventilation" of ANSI Z223.1/NFPA 54 for proper venting, including influences of other building ventilation and exhausting equipment. Complete all applicable actions under the Assessment Protocols AND ensure compliance with applicable codes and standards. Test combustion appliances for proper draft and venting under worst case conditions before and after retrofit measures that affect envelope leakage and airflows (e.g., air sealing, insulation, addition or upgrade of exhaust fans). Repair, remove or replace combustion equipment and address other issues or deficiencies as needed to meet the applicable codes and standards.

### Note:

All equipment removals should include proper disposal so that hazardous units are not reinstalled or used elsewhere.

Address depressurization and potential backdrafting problems (e.g., with combustion make-up air, fan interlocks, transfer grilles, jumper ducts, louvered doors or door undercuts) OR disable the exhaust equipment causing the problems.

If a whole-house fan is used for cooling at night, advise occupants to open several windows before operating the fan.

If replacing combustion equipment located in occupied or conditioned spaces as part of the retrofit process, recommend power vented or sealed combustion equipment (see Section 5.1 of EPA's Indoor airPLUS Construction Specifications). Install new combustion equipment in accordance with ANSI/ACCA 5 QI 2010 HVAC Quality Installation Specifications.

### Relevant Guidance/Standards

ACCA 5 QI-2010.

EPA Indoor airPLUS Specification 5.1.

Appliance Emissions (page 6).

NFPA 31. NFPA 211.

(Continued on next page)

PRIORITY ISSUES	ASSESSMENT PROTOCOLS	Minimum Actions	Expanded Actions
UNVENTED COMBUST	TION APPLIANCES (continued)		
		<ul> <li>Advise the occupant that it is always important to consult and follow the manufacturer's instructions for proper operation and maintenance. If the manufacturer's instructions are not available to the occupant, advise or assist the occupant in obtaining replacement instructions or contacting the Air-Conditioning, Heating and Refrigeration Institute (AHRI) for information on obtaining these instructions for gas appliances.</li> </ul>	
		Relevant Guidance/Standards AHRI.	
		ANSI Z21.11.2/CSA.	
		Carbon Monoxide (CO) and Other Combustion Appliance Emissions (page 6).	
		Source Ventilation (page 21).	
SOURCE VENTILATION			
	Determine whether the home complies with the local exhaust requirements for kitchens and baths of ASHRAE Standard 62.2-2010, Section 5 and Appendix A, as applicable. Determine whether kitchen and bath exhausts are present and vent to the outdoors.  Determine whether the home complies with the local exhaust requirements for clothes dryers in ASHRAE Standard 62.2-2010, Section 6. Determine whether clothes dryers vent to the outdoors. (Condensing dryers are exempt.) Inspect or verify that clothes dryer exhaust duct(s) do not discharge into crawlspaces or attics or within walls. Inspect clothes dryer vents for restrictions and lint buildup.	If ASHRAE Standard 62.2-2010 requirements for bathroom, kitchen and clothes dryer exhaust requirements are not met, repair, replace or install local exhaust ventilation to meet the requirements, ensuring ducts are sized, installed and vented properly to the outdoors, OR increase whole-house ventilation airflow to compensate for deficiencies of local exhaust in bathrooms and kitchens using the alternative compliance method (Appendix A of Standard 62.2-2010).  • In multi-family buildings, common spaces should be served by dedicated ventilation systems.  • Ensure that all clothes dryers exhaust to the outdoors and cannot be readily diverted indoors. (Condensing dryers are exempt.)	If the home is in compliance with ASHRAE Standard 62.2-2010 without bathroom or kitchen exhaust fans (i.e., using Appendix A), EPA recommends installation of exhaust fans vented to the outdoors, in accordance with Section 5 of ASHRAE Standard 62.2-2010 requirements, to improve pollutant source removal.  For spaces with strong, localized pollutant sources, consider installing additional (dedicated) local exhaust ventilation.  Relevant Guidance/Standards ASHRAE 62.2-2010.

Relevant Guidance/Standards

BPI-1100-T-2010, Indoor Air Quality and

ASHRAE 62.2-2010.

Ventilation section.

Relevant Guidance/Standards

BPI-1100-T-2010, Indoor Air Quality and Ventilation and Baseload Energy Efficiency

ASHRAE 62.2-2010.

sections.

### WHOLE-HOUSE VENTILATION FOR DISTRIBUTED CONTAMINANT SOURCES

Determine whether the home complies with the ventilation requirements of ASHRAE Standard 62.2-2010:

- Use Section 4 requirements OR use Appendix A Existing Buildings if local exhaust ventilation in bathrooms and kitchens is deficient. Blower door testing and measuring fan flows (e.g., bathroom or kitchen exhaust) will be required.
- Determine whether additional ventilation measures are needed to meet the ASHRAE Standard 62.2-2010 requirements.

### Relevant Guidance/Standards ASHRAE 62.2-2010.

Install additional ventilation measures as necessary to meet ASHRAE Standard 62.2-2010 requirements for whole-building ventilation.

If the local exhaust ventilation in bathrooms and kitchens is deficient, use the alternative compliance supplement (Appendix A of Standard 62.2-2010).

### Relevant Guidance/Standards ASHRAE 62.2-2010.

Install a balanced, whole-house ventilation system (e.g., heat recovery ventilator [HRV]).

### Relevant Guidance/Standards

NAHB Research Center, http://www.toolbase.org. Search "whole-house ventilation" and "HRV" for additional resources.

### **MULTI-FAMILY VENTILATION**

Determine ventilation system type (e.g., fanpowered exhaust, fan-powered outdoor supply or a combination of the two) and whether each system serves individual units, each floor or the entire building.

Determine whether existing ventilation meets ASHRAE Standard 62.2-2010 requirements using Appendix A – Existing Buildings for each unit. Determine whether all doors between dwelling units and common hallways are gasketed and airtight with weather stripping (except when the ventilation system design requires air transfer from corridors to units). See ASHRAE Standard 62.2-2010 for additional requirements for each dwelling unit.

Determine whether ventilation for common corridors meets ASHRAE 62.1-2010 Table 6-1 (0.06 cfm/ft² floor area).

Relevant Guidance/Standards ASHRAE 62.2-2010.

ASHRAE 62.1-2010.

If each dwelling unit is served by its own ventilation equipment, follow Minimum Actions for Whole-House Ventilation for Distributed Contaminant Sources (page 22) and Source Ventilation (page 21). Be certain to include the sealing measures between dwelling units required in Section 6.1 of ASHRAE Standard 62.2-2010.

If multiple dwelling units are served by a single exhaust fan, fan-powered outdoor air, or combination of the two, meet 62.2-2010 requirements, paying special attention to sealing measures in Section 6.1 plus:

- Seal all the holes that can be sealed in the ventilation ductwork.
- Specify and install a balancing device at each exhaust or supply point that, in combination with a sufficiently high operating pressure, ensures constant continuous ventilation which meets the target ventilation rate during all seasons.
- Adjust or replace fans so that outlets or inlets have at least 0.2 inches water column (w.c.) pressure difference across the balancing devices in each dwelling unit.
- Ensure that ventilation systems run continuously or have dampers installed that prevent airflow between dwelling units when the system is off.

If each dwelling unit is served by its own ventilation equipment, follow the Expanded Actions for Whole-House Ventilation for Distributed Contaminant Sources (page 22) and Source Ventilation (page 21).

If multiple dwelling units are served by a single exhaust fan, fan-powered outdoor air, or a combination of the two, meet all the Minimum Actions for Multi-Family Ventilation AND conduct extensive air sealing to compartmentalize each dwelling unit OR design and install individual ventilation systems for each unit to meet the requirements of ASHRAE 62.2-2010 as it applies to new construction.

### Relevant Guidance/Standards

ASHRAE 62.2.2-2010.

MNCEE: Reduction of Environmental Tobacco Smoke Transfer in Minnesota Multifamily Buildings Using Air Sealing and Ventilation Treatments.

NCHH Fact Sheet: Improving Ventilation in Existing or New Buildings with Central Roof Exhaust.

NCHH Fact Sheet: Improving Ventilation in Multi-Family Buildings That Do Not Have Fan-Powered Ventilation Systems.

PRIORITY ISSUES	ASSESSMENT PROTOCOLS	Minimum Actions	Expanded Actions
MULTI-FAMILY VENTILA	ATION (continued)		
WOLTI-FAWILY VENTILA	ATION (Continued)	<ul> <li>Use minimum MERV 6 filters on supply ventilation systems.</li> <li>In buildings where vertical shafts or ducts and passive rooftop ventilators provide nonfan-powered exhaust to multiple dwelling units, add exhaust fans in combination with the above requirements to provide a more effective ventilation system.</li> <li>Relevant Guidance/Standards         ASHRAE 62.2-2010.     </li> <li>MNCEE: Reduction of Environmental Tobacco Smoke Transfer in Minnesota Multifamily Buildings Using Air Sealing and Ventilation Treatments.</li> <li>NCHH Fact Sheet: Improving Ventilation in Existing or New Buildings with Central Roof Exhaust.</li> <li>NCHH Fact Sheet: Improving Ventilation in Multi-Family Buildings That Do Not Have Fan-Powered Ventilation Systems.</li> <li>Source Ventilation (page 21).</li> <li>Whole-House Ventilation for Distributed Contaminant Sources (page 22).</li> </ul>	Source Ventilation (page 21).  Whole-House Ventilation for Distributed Contaminant Sources (page 22).
SAFETY			
HOME SAFETY			
	Determine whether there are working smoke alarms and CO alarms.  Identify knob and tube electrical wiring.  Identify harmful chemicals in accessible locations.  Check whether there is a fire extinguisher in the home.  Determine whether the hot water heater temperature setting is within the allowable limits of the local and state codes.  Document other home safety hazards that are observed during the energy audit/assessment/retrofit (e.g., missing handrails, non-intact stairs, insufficient lighting, holes in floors).	Replace non-working smoke and CO alarms. If smoke alarms or CO alarms are not present, install new alarms. If new batteries are used, install 10-year lithium batteries. (It is recommended that CO alarms have a digital display and provide peak level readings.)  Correct life-threatening safety risks (i.e., fall hazards) and provide client education on safety concerns.  Do not bury unsafe wiring in attic insulation.  Relevant Guidance/Standards CPSC Document #466.  NFPA 720.	Install CO alarms that can detect and store peak CO levels of less than 30 ppm.  Have qualified personnel replace knob and tube wiring in accordance with applicable electrical codes.  For households with small children or elderly occupants, discuss scald prevention with clients AND adjust hot water heater set-point to 120 degrees Fahrenheit to prevent scalding.  In homes with elderly persons, install grab bars, handrails and lighting as appropriate.

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PRIORITY ISSUES	ASSESSMENT PROTOCOLS	Minimum Actions	Expanded Actions
HOME SAFETY (continu	ued)		
	Relevant Guidance/Standards CDC Fall Prevention Checklist.		For households with small children, recommend installation of gates at the tops of stairs.
	CDC Home Safety Checklists.  HUD Notice: Public Housing Assessment System Physical Condition Scoring Process Interim Scoring, Corrections and Republication.		Recommend installation of light switches at the top and bottom of stairs.  Recommend installation of safety lighting above stairs. Consider energy-efficient LED lighting.  Recommend repair of malfunctioning doors, windows, roofs and floors.  Recommend appropriate and controlled storage of hazardous chemicals (e.g., strong cleaners, household hazardous materials) and pesticides (e.g., remove from accessible locations).  Repair identified safety hazards.  Relevant Guidance/Standards  ANSI/UL 2034.  EPA Design for the Environment.
JOBSITE SAFETY			
	Evaluate existing and potential health concerns and activities. Refer to Appendix A: Worker Protection for recommended evaluation measures and actions.  Note  By law, employers and supervisors are required to ensure that workers are working with an OSHA written Safety and Health Plan. More details about these requirements and resources are available in Appendix A: Worker Protection.	Protect workers and occupants from on-site health and safety hazards by:  • Ensuring proper isolation (e.g., sealed with plastic sheeting) and ventilation of work area to the outdoors during activities that result in VOC emissions (e.g., installing spray foam insulation, painting, sealing, finishing) AND ventilating as close to the source of VOCs as possible.  • Using appropriate dust control and protective equipment.  • Thoroughly cleaning work area before reoccupancy.  • Adding precautions to protect occupants during and after installation of spray polyurethane foam:  • Evacuating building occupants and other unprotected trade workers from the work area.	For additional information on each of the topics, visit the resources provided under each issue in Appendix A: Worker Protection.

area.

PRIORITY ISSUES	ASSESSMENT PROTOCOLS	Minimum Actions	Expanded Actions
JOBSITE SAFETY (cont	rinued)	Using appropriate personal protective	
		equipment (e.g., chemical-resistant [nitrile] gloves, appropriate respirator, chemical-resistant clothing) for anyone in work area.  • Cleaning the area thoroughly and waiting until the foam cures before allowing unprotected workers or occupants to reoccupy the work area.	
		See Appendix A: Worker Protection for recommended actions to protect worker safety, including available resources.	

### REFERENCES

### Standards and Other Requirements

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**ACCA 5 QI-2010:** ANSI/ACCA Standard 5: HVAC Quality Installation Specification. 2010. Air Conditioning Contractors o America.

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**ACCA 9 QIVP-2008:** ANSI/ACCA Standard 9: HVAC Quality Installation Verification Protocols. 2008. Air Conditioning Contractors of America.

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ANSI Z21.11.2/CSA: ANSI Standard Z21.11.2-2007. Gas-Fired Room Heaters – Volume II, Unvented Room Heaters. 2007. American National Standards Institute/Canadian Standards Association.

**ANSI Z223.1/NFPA 54:** ANSI Standard Z223.1/NFPA 54: National Fuel Gas Code. 2009. American National Standards Institute/American Gas Association and National Fire Protection Association.

**ASHRAE 52.2-2007:** ANSI/ASHRAE Standard 52.2-2007: Method of Testing General Ventilation Air-Cleaning Devices for Removal Efficiency by Particle Size. 2007. American Society of Heating, Refrigeration and Air-Conditioning Engineers.

**ASHRAE 62.1-2010:** ANSI/ASHRAE Standard 62.2-2010: Ventilation for Acceptable Indoor Air Quality. 2010. American Society of Heating, Refrigeration and Air-Conditioning Engineers

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**ASTM E2600:** ASTM Standard E2600-10: Standard Guide for Vapor Encroachment Screening on Property Involved in Real Estate Transactions. 2010. American Society for Testing and Materials.

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California Title 17: California Code of Regulations, Title 17, sections 93120 - 93120.12. 2008. State of California. http://arb.ca.gov/toxics/compwood/compwood.htm http://www.arb.ca.gov/regact/2007/compwood07/fro-final.pdf

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# EPA Renovation, Repair and Painting (RRP) Program Rules

elements of Subpart R (e.g., 24 CFR 35. 1340; 24 CFR 35.1350) U.S. Environmental Protection Agency. 24 CFR Part 25, subpart J: Methods and Standards for Lead-Paint Hazard Evaluation and Hazard Rehabilitation, and relevant

=text&node=24:1.1.1.1.25&idno=24 http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&rgn=div5&view

## EPA Renovation, Repair and Painting (RRP) Program

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### APPENDIX A

# WORKER PROTECTION

workers' health and safety, and additional resources are provided below. workers' health and safety. Information on assessing the risks to workers, recommended actions to minimize risks to and corrective actions are not taken. This appendix was developed to call attention to issues that are of concern to risks to occupants, and workers' health and safety may also be compromised if risks are not appropriately assessed Engaging in energy-focused retrofits, home weatherization projects, renovation or remodeling efforts can present

By law, employers and supervisors are required to ensure that:

- 1) Work site operations are conducted in compliance with OSHA regulatory requirements
- 2) Workers are trained in the hazards of their job and the methods to protect themselves
- 3) Workers are provided the protective equipment needed to reduce site exposures

# OSHA regulatory requirements identify the following construction hazards to be addressed:

Ladders	Falls	Electrical	Confined Space	Chemical Hazards
29 CFR 1926.1053	29 CFR 1926.501	29 CFR 1926 Subpart K	29 CFR 1926.21 (b)(6)(i)	29 CFR 1926.59

- Site plans should address safety and health and should include precautions to address multiple construction potential health concerns, as well as recommended actions to ensure worker safety, are also included in Table 2. issues, including the issues outlined below in Table 2. Measures an employer needs to take to evaluate existing and Free help with developing these plans is often available from state or federal training (consulting) programs
- When known pollutants are being produced or disturbed during retrofit activities, follow appropriate standards (including OSHA, NIOSH, EPA lead safe, and BPI) to minimize worker and occupant exposure
- When possible, choose construction products whose manufacturers disclose all ingredients and verify that they are free of formaldehyde, mercury and other known toxic substances.

# Table 2: Recommended Assessments and Actions for Priority Worker Safety Concerns

#### Aspestos

Assessment: Determine whether workers will be exposed to asbestos-containing material (ACM)

#### Actions

- Retrofitting/renovation activities may expose workers to ACM (e.g., if the home was built before 1990) and require compliance with the OSHA rule at 29 CFR 1926.1101, which provides the required protection measures.
- See OSHA's website on asbestos for additional information and resources.

### Chemical Hazards

Assessment: Determine whether workers will be exposed to chemical hazards.

#### **Actions:**

- If renovation or retrofitting activities will require the handling of chemical substances, compliance with the OSHA rule at 29 CFR labeled and that workers handling them be properly trained. 1926.59 is necessary. It requires that chemical safety information be made available for all chemicals in use, that containers be properly
- See OSHA's website on chemical hazards communication for additional information and resources

### Confined Space

Assessment: Determine whether workers will be exposed to confined-space hazards.

#### **Actions:**

- Ensure work space has breathable air (i.e., ventilate the work space if necessary). Section 5(a)(1) of OSH ACT requires employers to protect workers from serious workplace hazards. Under the OSHA rule at 29 CFR 1926.21 (b)(6)(i), all employees required to enter use of required protective and emergency equipment. confined or enclosed spaces must be instructed as to the nature of the hazards involved, the necessary precautions to be taken and the
- See OSHA's website on confined spaces and OSHA's Confined Spaces E-Tool for additional resources on confined space hazards in general industry.
- See OSHA's Protecting Yourself from Carbon Monoxide Poisoning Quick Card for additional information on sources of CO and recommended actions for preventing CO exposure.
- See EPA's website on the Design for the Environment Program for more information on selecting less toxic products and materials for use in confined spaces.

#### Dust

Assessment: Determine if the work will create dust.

#### Actions

- Workers should know about dust containment procedures and be able to control dust and debris created by equipment used
- Use work methods to minimize dust and prevent dust from spreading to other areas of the home.
- The rooms or areas where work is being done may need to be isolated (e.g., sealed with plastic sheeting) to contain any dust that is
- Turn off forced-air, central heating and air-conditioning systems (including local, window air conditioning units) while work that creates dust is being completed.
- Collect and remove all construction debris.
- Conduct a careful cleanup.
- See OSHA's websites on wood dust, combustible dust, and permissible exposure limits (PELs) for additional information and
- See EPA's Renovation, Repair and Painting (RRP) Program Rule (40 CFR Part 745) for recommended actions to prevent, contain and clean up dust.

#### Electrical

Assessment: Determine whether workers will be exposed to electrical hazards.

- electric cords must not be used. Employers must provide either ground-fault circuit interrupters or an assured equipment grounding make sure that all non-double-insulated electric equipment is equipped with a grounding conductor (three-wire type). Worn or frayed The OSHA rule at 29 CFR 1926 Subpart K contains requirements for protecting workers from electrical hazards. Employers must conductor program (which includes the regular testing of all equipment grounding conductors) to protect employees from ground
- See OSHA's Electrical Incidents E-Tool for additional information on electrical safety,

Assessment: Determine whether workers will be required to work at heights of six feet or more

- If work is required at heights of six feet or more, then the workers must be protected with guard rails or tied off to prevent falling. (See OSHA rule at 29 CFR 1926.501 for additional information on requirements.)
- See OSHA's website on fall protection and OSHA's Falls E-Tool for additional information on protecting workers from fall hazards

Assessment: Determine whether workers will be using ladders

- area around the top and bottom of the ladder must be kept clear. Ladders must not be tied or fastened together to provide longer sections. Metal ladders must not be used while working on electrical equipment and electrical wiring. See the OSHA rule at 29 CFR If ladders are used, portable ladders must be able to support at least four times the maximum intended load. Ladders that must lean against a wall are to be positioned at a 4:1 angle. Ladders are to be kept free of oil, grease, wet paint and other slipping hazards. The 1926.1053 for additional information on requirements.
- See OSHA's publication, Stairways and Ladders: A Guide to OSHA Rules, for additional resources on ladder safety

according to the Assessment Protocols outlined in the Lead section (page 9) Assessment: Determine whether retrofitting or renovation activities will expose workers to lead dust (paint) (e.g., pre-1978 buildings)

#### Actions

- If the facility was built before 1978, the existing paint is assumed to contain lead and retrofitting or renovation activities must comply with EPA's Renovation, Repair and Painting (RRP) Program Rule (40 CFR 745) and the OSHA rule at 29 CFR 1926.62.
- See OSHA's publication Lead in Construction for information on OSHA requirements to protect workers from lead hazards in the construction industry.

Assessment: Determine whether workers will be exposed to mold

#### Actions:

- All suspected moldy areas should be remediated by properly trained individuals. Moisture problems need to be identified and fixed Owners and Managers, EPA's Mold Remediation in Schools and Commercial Buildings, ACGIH's Bioaerosols Assessment and Control, AIHA's Recognition, Evaluation, and Control of Indoor Mold or IICRC's S500 Standard and Reference Guide for or mold will return. If mold is expected to be disturbed during activities, refer to OSHA's A Brief Guide to Mold in the Professional Water Damage Restoration. NIOSH's Interim Recommendations for Cleaning and Remediation of Flood-Contaminated HVAC Systems: A Guide for Building
- See EPA's website on mold and moisture for additional information on mold and mold remediation

# Polychlorinated Biphenyls (PCBs)

fluorescent light ballasts and caulk. Assessment: Determine whether workers may be handling PCB-containing or PCB-contaminated building materials, including

#### Actions

- See EPA's website on PCB-Containing Light Ballasts for information on proper maintenance, removal and disposal of PCB-containing and disposable overalls. fluorescent light ballasts. If leaking ballasts are discovered, wear protective clothing including chemical-resistant (nitrile) gloves, boots
- employing protective measures (both interior and exterior), complying with occupational protective regulations, communicating with building occupants/third parties, setting up the work area to prevent the spread of dust, using appropriate tools that minimize the generation of dust/heat, and leaving the work area clean. See OSHA rule at 29 CFR 1926.28(a) for information on suitable personal protective equipment (PPE) for dust-generating work methods. and abatement of buildings that have PCB-containing caulk. Work practices to help ensure worker and occupant safety include EPA's website on PCBs in Caulk - Steps to Safe Renovation and Repair Activities for additional information on the safe renovation

# Spray Polyurethane Foam (SPF)

three main types of SPF products will be used pressure, two-component low pressure, and one-component foam), each of which has different applications. Determine which of the diisocyanate [MDI]), amines, flame retardants and other additives. Assessment: Determine whether workers will be using SPF, which may contain chemicals such as isocyanates (e.g., methylene diphenyl There are three main types of SPF products (two-component high

#### Actions:

- Applicators, helpers and building occupants in the work area are required to use protective equipment to prevent exposure isocyanates and other SPF chemicals. Protective equipment requirements vary depending on SPF product.
- Review label and product information for ingredients, hazards, directions, safe work practices and precautions.
- Ensure health and safety training is completed and safe work practices are followed to prevent eye, skin and inhalation exposures during and after SPF installation.
- Exercise caution when determining a safe re-entry time for unprotected occupants and workers based on the manufacturer's recommendation. If you experience breathing problems or other adverse health effects from weatherizing with SPF, seek immediate
- See OSHA's Green Job Hazards website for additional information on the hazards associated with SPF
- See <u>EPA's website on SPF</u> for additional information.
- American Chemistry Council's Spray Polyurethane Foam Health and Safety website for additional information

# Worker Protection Resources

#### ienera

http://www.cdc.gov/niosh CDC, NIOSH, U.S. Centers for Disease Control and Prevention, The National Institute for Occupational Safety and Health

**CDC, NIOSH,** Protective Clothing and Ensembles, Safety and Health Topics. 2010. U.S. Centers for Disease Control and Prevention, The National Institute for Occupational Safety and Health.

http://www.cdc.gov/niosh/topics/protclothing

Occupational Safety and Health. CDC, NIOSH, Respirators, Safety and Health Topics. 2011. U.S. Centers for Disease Control and Prevention, The National Institute for

http://www.cdc.gov/niosh/topics/respirators

DOL, OSHA, U.S. Department of Labor, Occupational Safety and Health Administration

#### Asbestos

DOL, OSHA, Asbestos: Asbestos. U.S. Department of Labor, Occupational Safety and Health Administration

http://www.osha.gov/pls/oshaweb/owadisp.show\_document?p\_id=10862&p\_table=STANDARDS Substances; Sampling and Analysis: Non-mandatory. U.S. Department of Labor, Occupational Safety and Health Administration. DOL, OSHA, 29 CFR Part 1926.1101, subpart Z: Asbestos. Safety and Health Regulations for Construction: Toxic and Hazardous

### Chemical Hazards

http://www.osha.gov/pls/oshaweb/owadisp.show\_document?p\_id=10633&p\_table=STANDARDS **DOL, OSHA, 29 CFR Part 1926.59, subpart D:** Hazard Communication. Safety and Health Regulations for Construction: Occupational Health and Environmental Controls: Hazard Communication. U.S. Department of Labor, Occupational Safety and Health Administration.

DOL, OSHA, Hazard Communication: Hazard Communication. U.S. Department of Labor, Occupational Safety and Health

http://www.osha.gov/dsg/hazcom/index.html

### Confined Space

http://www.osha.gov/pls/oshaweb/owadisp.show\_document?p\_id=10607&p\_table=STANDARDS **DOL, OSHA, 29 CFR Part 1926.21 (b)(6)(i), subpart C:** Safety and Health Regulations for Construction: General Safety and Health Provisions: Safety Training and Education. U.S. Department of Labor, Occupational Safety and Health Administration.

Department of Labor, Occupational Safety and Health Administration. DOL, OSHA, Carbon Monoxide Poisoning Quick Card: Protecting Yourself from Carbon Monoxide Poisoning Quick Card. U.S.

http://www.osha.gov/Publications/3282-10N-05-English-07-18-2007.html

DOL, OSHA, Confined Spaces E-Tool: Confined Spaces E-Tool. U.S. Department of Labor, Occupational Safety and Health

http://www.osha.gov/dts/osta/oshasoft/index.html

DOL, OSHA, Confined Spaces: Confined Spaces. U.S. Department of Labor, Occupational Safety and Health Administration confinedspaces/index.html

**DOL, OSHA, OSH ACT:** Section 5 (a)(1). U.S. Department of Labor, Occupational Safety and Health Administration. http://www.osha.gov/pls/oshaweb/owadisp.show\_document?p\_table=OSHACT&p\_id=3359

http://epa.gov/dfe/pubs/projects/formulat/formpart.htm EPA Design for the Environment: Safer Product Labeling Program. 2011. U.S. Environmental Protection Agency

#### Dust

http://www.osha.gov/dsg/combustibledust/index.html DOL, OSHA, Combustible Dust: Combustible Dust. U.S. Department of Labor, Occupational Safety and Health Administration

DOL, OSHA, Permissible Exposure Limits (PELs): Permissible Exposure Limits (PELs). U.S. Department of Labor, Occupational Safety and Health Administration.

http://www.osha.gov/SLTC/pel/

http://www.osha.gov/SLTC/wooddust/index.htm DOL, OSHA, Wood Dust: Wood Dust. U.S. Department of Labor, Occupational Safety and Health Administration

**EPA Renovation, Repair and Painting (RRP) Program Rule:** 40 CFR Part 745: Lead; Clearance and Clearance Testing Requirements for the Renovation, Repair and Painting Program, Proposed Rule, FR Vol. 75, No. 87, pages 25038-25073. 2010. U.S. Environmental

http://edocket.access.gpo.gov/2010/pdf/2010-10102.pdf http://www.epa.gov/lead/pubs/renovation.htm

### Electrical

Health Administration DOL, OSHA, 29 CFR Part 1926, subpart K: Electrical Standards for Construction. U.S. Department of Labor, Occupational Safety and

http://www.osha.gov/pls/oshaweb/owadisp.show\_document?p\_table=FEDERAL\_REGISTER&p\_id=16956

http://www.osha.gov/SLTC/etools/construction/electrical\_incidents/mainpage.html DOL, OSHA, Electrical Incidents E-Tool: U.S. Department of Labor, Occupational Safety and Health Administration.

#### S S

Labor, Occupational Safety and Health Administration. OSHA, 29 CFR Part 1926.501, subpart M: Fall Protection. Safety and Health Regulations for Construction. U.S. Department of

http://www.osha.gov/pls/oshaweb/owadisp.show\_document?p\_id=10757&p\_table=STANDARDS

http://www.osha.gov/SLTC/fallprotection/index.html OSHA, Falls: Falls. U.S. Department of Labor, Occupational Safety and Health Administration.

http://www.osha.gov/SLTC/etools/construction/falls/mainpage.html DOL, OSHA, Falls E-Tool: Falls E-Tool. U.S. Department of Labor, Occupational Safety and Health Administration.

#### Ladders

Occupational Safety and Health Administration. DOL, OSHA, 29 CFR Part 1926.1053, subpart X: Ladders. Safety and Health Regulations for Construction. U.S. Department of Labor,

http://www.osha.gov/pls/oshaweb/owadisp.show\_document?p\_table=standards&p\_id=10839

and Health Administration. DOL, OSHA, Stairways and Ladders: Stairways and Ladders: A Guide to OSHA Rules. U.S. Department of Labor, Occupational Safety

http://www.osha.gov/Publications/osha3124.pdf

Environmental Controls. U.S. Department of Labor, Occupational Safety and Health Administration. DOL, OSHA, 29 CFR Part 1926.62, subpart D: Lead. Safety and Health Regulations for Construction: Occupational Health and

http://www.osha.gov/pls/oshaweb/owadisp.show\_document?p\_table=STANDARDS&p\_id=1064

DOL, **EPA Renovation, Repair and Painting (RRP) Program Rule:** 40 CFR Part 745: Lead; Clearance and Clearance Testing Requirements for the Renovation, Repair and Painting Program, Proposed Rule, FR Vol. 75, No. 87, pages 25038-25073. 2010. U.S. Environmental http://www.osha.gov/SLTC/lead/construction.html OSHA, Lead - Construction: Lead - Construction. U.S. Department of Labor, Occupational Safety and Health Administration.

http://edocket.access.gpo.gov/2010/pdf/2010-10102.pdf

http://www.epa.gov/lead/pubs/renovation.htm

#### Mold

http://www.acgih.org/store/productdetail.cfm?id=349 ACGIH: Bioaerosols Assessment and Control. 1999. American Conference of Governmental Industrial Hygienists.

**AIHA:** Recognition, Evaluation, and Control of Indoor Mold. 2008. American Industrial Hygiene Association. https://webportal.aiha.org/Purchase/ProductDetail.aspx?Product\_code=3f9e0a5a-4778-de11-96b0-0050568361fd

CDC Mold Cleanup: Mold Cleanup. 2010. U.S. Centers for Disease Control and Prevention.

http://www.cdc.gov/mold/cleanup.htm

Floods. 2006. U.S. Centers for Disease Control and Prevention. CDC Mold Prevention Strategies: Mold Prevention Strategies and Possible Health Effects in the Aftermath of Hurricanes and Major

http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5508a1.htm

of Flood Contaminated HVAC Systems: A Guide for Building Owners and Managers. U.S. Centers for Disease Control and Prevention, National Institute for Occupational Safety and Health. CDC, NIOSH, Cleaning and Remediation of HVAC Systems: NIOSH Interim Recommendations for the Cleaning and Remediation

http://www.cdc.gov/niosh/nas/rdrp/appendices/chapter10/a10-14.pdf

DOL, OSHA, Mold in Workplace: A Brief Guide to Mold in the Workplace. U.S. Department of Labor, Occupational Safety and Health

http://www.osha.gov/dts/shib/shib101003.html

http://www.epa.gov/iedmold1/mold\_remediation.html EPA Mold: Mold Remediation in Schools and Commercial Buildings. 2010. U.S. Environmental Protection Agency

EPA Mold: Mold and Moisture. 2010. U.S. Environmental Protection Agency

http://www.epa.gov/moid/

Restoration Certification. IICRC: S500 Standard and Reference Guide for Professional Water Damage Restoration. 2006. Institute of Inspection, Cleaning and

http://www.iicrc.org/pdf/buydocs.pdf

# Polychlorinated Biphenyls (PCBs)

U.S. Environmental Protection Agency. EPA PCB-Containing Light Ballasts: Proper Maintenance, Removal, and Disposal of PCB-Containing Fluorescent Light Ballasts. 2011.

http://www.epa.gov/epawaste/hazard/tsd/pcbs/pubs/ballasts.htm

http://www.epa.gov/pcbsincaulk/guide/guide-sect2.htm EPA PCBs in Caulk - Steps to Safe Renovation and Repair Activities: 2011. U.S. Environmental Protection Agency

http://www.osha.gov/pls/oshaweb/owadisp.show\_document?p\_table=STANDARDS&p\_id=10614 **DOL OSHA, 29 CFR Part 1926.28(a), subpart C**: Personal Protective Equipment. Safety and Health Regulations for Construction: Occupational Health and Environmental Controls. U.S. Department of Labor, Occupational Safety and Health Administration.

## **Spray Polyurethane Foam**

http://www.spraypolyurethane.org American Chemistry Council: Spray Polyurethane Foam Health and Safety. American Chemistry Council

DOL, OSHA, Green Jobs Hazards: Green Jobs Hazards, Weather Insulating/Sealing. U.S. Department of Labor, Occupational Safety and

http://www.osha.gov/dep/greenjobs/weather\_spf.html

http://www.epa.gov/dfe/pubs/projects/spf/spray\_polyurethane\_foam.html EPA SPF: Spray Polyurethane Foam. 2011. U.S. Environmental Protection Agency

Environmental Protection Agency. **EPA SPF:** Spray Polyurethane Foam, Building Occupants and Other Workers Should Vacate During SPF Installation. 2011. U.S.

http://www.epa.gov/dfe/pubs/projects/spf/spray\_polyurethane\_foam.html#building

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### APPENDIX B

# CLIENT EDUCATION

# Why Provide Client Education

education on indoor air quality and safety to further ensure the positive impact of a more energy efficient, healthier presents a valuable chance to interact with occupants, giving the contractor an opportunity to provide helpful likely to create new health hazards in their homes. Home Energy Upgrades, can help improve the indoor air quality and safety in homes. Energy upgrade work also home. With effective education, occupants are better prepared to maintain healthy home improvements and less Home energy upgrades, when completed in accordance with EPA's Healthy Indoor Environment Protocols for

### Key Issues

related to 12 topics identified in the protocols for occupant education (presented here alphabetically): Programs, crews and contractors are encouraged to incorporate into their client education strategies a set of messages

- 1. Asbestos.
- 2. Asthma triggers.
- 3. Carbon monoxide (CO) and other combustion pollutants.
- 4. Environmental tobacco smoke (ETS).
- 5. Lead.
- 6. Mold and moisture.
- 7. Pests.
- 8. Polychlorinated biphenyls (PCBs).
- 9. Radon.
- 10. Safety.
- 11. Volatile organic compounds (VOCs) in household products and materials.
- 12. Wood smoke and solid fuel emissions

environments. health messages can be used to communicate key points regarding these 12 important topics for healthy indoor environmental concerns affect occupants and provides suggested occupant education health messages. Occupant These issues and health messages are described in Table 3, which summarizes how these priority indoor

EPA has many publications suitable for occupant education on indoor air quality in homes, including Care for Your Air: A Guide to Indoor Air Quality, which can be found on EPA's Indoor Air Quality home page, www.epa.gov/1aq.

Table 3: Priority Health Concerns and Recommended Occupant Health Messages

Priority Health Concerns	Recommended Occupant Health Messages
Asbestos – Asbestos-containing materials (ACM)	• Do not disturb materials that may contain asbestos including pipe insulation,
in homes may include pipe and furnace insulation, vermiculite insulation installed before 1990, floor	attic vermiculite insulation, exterior shingles and floor tiles (particularly 9-inch by 9-inch tiles).
tiles, exterior shingles and roofing. Exposure can	<ul> <li>Consult state requirements for asbestos testing and mitigation.</li> </ul>
cause lung cancer, mesothelioma (cancer of the	Commentation of macrosco restrict min mingation.
lining of the chest and abdominal cavity) and	
asbestosis, in which the lungs become scarred with	
fibrous tissue.	

stuffed animals, secondhand smoke in the air and shower curtain, dust mites in pillows, blankets or moisture, mold, dust mites, pests such as Asthma Triggers – Asthma triggers are commonly found in homes, schools and offices and include cat and dog hairs on the carpet or floors. dander. A home may have mold growing on a cockroaches or mice, secondhand smoke and pet

symptoms keep getting worse or are suddenly very problems. An asthma attack occurs when coughing, chest tightness, wheezing and breathing Asthma triggers cause symptoms including

#### include carbon monoxide (CO) and nitrogen are gases or particles that come from burning materials. Common combustion pollutants Combustion Pollutants - Combustion pollutants severe. Asthma attacks can be life threatening Carbon Monoxide (CO) and Other

dioxide (NO,).

portable generators, and other combustion combustion appliances (e.g., vent-free fireplaces), and at high concentrations, confusion, nausea and vision and coordination, flu symptoms, dizziness, equipment and automobiles operated in attached (e.g., furnaces and wood stoves), unvented death. CO sources include combustion equipment Exposure to CO can cause headaches, impaired

an increased risk of respiratory infection. nose and throat irritation, shortness of breath and NO<sub>2</sub> is a colorless, odorless gas that causes eye,

# Environmental Tobacco Smoke (ETS) –

pulmonary disease (COPD). people who have asthma or chronic obstructive Secondhand smoke triggers symptoms in smoke increases the risk of lung cancer in adults or apartment building. Exposure to secondhand smoke," can occur if someone smokes in a home Death Syndrome (SIDS) and asthma symptoms. bronchitis and pneumonia, Sudden Infant Exposure to ETS, also known as "secondhand Children are at increased risk of ear infections,

- Asthma can be controlled with the right medicines and by reducing asthma
- stuffed toys; wash them often in hot water, and dry thoroughly. For dust mites, wash bedding in hot water once a week and dry completely. Use dust-proof (allergen-impermeable) mattress and pillow covers. Choose washable
- Keep pets out of bedrooms and off furniture. Consider keeping pets outside, possible.
- See sections of this table on Environmental Tobacco Smoke, Mold and Moisture, and Pests for recommendations regarding these asthma triggers.
- CO alarms should be installed in all homes
- Annually test CO alarms. Replace every five to seven years. It is recommended that CO alarms have a digital display and provide peak level readings. Note: Some CO alarms can detect and store low level peak CO levels (less than 30 ppm).
- Never operate a portable generator or any gasoline engine-powered tool in or doors and windows, these spaces can trap CO and allow it to quickly build to near an enclosed space such as a garage, house or other building. Even with open lethal levels.
- Never warm up cars in attached garages, even if the garage door to the outside is
- or installation issues and suggested actions. For gas vent-free heaters and fireplaces, inform occupant of identified operation
- contact the Air-Conditioning, Heating and Refrigeration Institute (AHRI) for information on obtaining these instructions for gas appliances. Consult manufacturer installation and operating instructions for proper operation and maintenance of gas appliances. If manufacturer instructions are not available, contact manufacturer to obtain replacement instructions or
- SIDS, breathing problems in children). Secondhand smoke poses health risks to non-smokers (e.g., cancer in adults,
- Do not allow smoking in the home. Smoke outside to reduce the risk to others in the home.
- Provide access to information on local smoking cessation programs for those who want to quit.
- Explore smoke-free housing policies for multi-family properties. Explain financial and reduced liability benefits to owners. See the National Center for Healthy Housing's fact sheet Reasons to Explore Smoke Free Housing for additional

Priority Health Concerns	Recommended Occupant Health Messages
Lead – Housing-related lead sources include flaking or peeling lead-based paint, leaded dust, lead in soil and lead in drinking water. Exposure can cause learning difficulties, behavior problems, hearing damage and in extreme cases seizures	<ul> <li>Pregnant women and children under six years are at greatest risk.</li> <li>In homes built before 1978: 1) If repainting, remodeling or disturbing paint, the lead safe-work practices; 2) Repair peeling paint using lead safe work practices homes where young children or pregnant women live.</li> </ul>
or death. Children under six years of age and	• Consider testing blood lead levels in children younger than six years of age, if

symptoms can be triggered by damp indoor symptoms, allergic reactions, and other respiratory anywhere there is moisture in a house. Asthma

trigger asthma attacks in people sensitive to molds. environments and mold. Inhaling mold spores can Mold and Moisture -Mold can grow almost

chemicals that result in respiratory problems or allergic reactions. to some pest droppings and body parts (e.g., from and other pests can be found in homes. Exposure result in harmful exposures to carcinogens or pesticides to address pest problems can sometimes hantavirus pulmonary syndrome (HPS). Misusing which can result in a deadly condition called Rodents can also carry diseases such as hantavirus, mice and cockroaches) can trigger asthma attacks. Pests - Rodents, cockroaches, termites, birds, bats

humans provide supportive evidence for potential carcinogenic and non-carcinogenic effects of system, reproductive system, nervous system and their manufacture was banned in 1979. PCBs were manufactured domestically from 1929 until Polychlorinated Biphenyls (PCBs) - PCBs been shown to cause cancer in animals. Studies in endocrine system in animals. PCBs have also health effects, including effects on the immune have been shown to cause a variety of adverse

every 15 U.S. homes has radon levels at or above contact with the ground. An estimated one in openings in walls and floors where they come into soil and water, radon can enter homes through that comes from the natural decay of uranium in lung cancer overall (after smoking), accounting **Radon** – Radon is the #1 cause of lung cancer for non-smokers. It is the 2<sup>nd</sup> leading cause of EPA's action level of 4 pCi/L for 21,000 deaths annually. A radioactive gas

- es in use
- living in a pre-19/8 home.

pregnant women are at greatest risk.

- For pre-1978 homes with chipping exterior paint: Test soil for lead content and remove or cover lead-contaminated soil.
- dry completely. If you see mold on hard surfaces, clean it up with soap and water. Let the area
- Repair moisture problems to avoid dampness or mold
- Dry water-damaged areas and items within 24-48 hours after a leak or spill prevent mold growth.
- Avoid installing carpet in areas prone to wetting or moisture problems
- minimize moisture and contaminant buildup. Run bathroom and kitchen fans when showering, cooking, etc., and run wholehouse ventilation system according to manufacturer's instructions to help
- and to avoid the overuse of pesticides: 1) Reduce pest access to water and food by Follow integrated pest management (IPM) strategies to reduce pest infestations pesticides. properly storing food and trash and by using effective housekeeping techniques; 2) Limit pest entry by sealing holes and cracks; 3) Use targeted and least toxic
- Clean up pest droppings and body parts to reduce allergens
- Safely store pesticides out of reach of children.
- and capacitors, cable insulation, oil-based paint, caulk, plastics, floor finish). Although no longer commercially produced in the U.S., PCBs may be present in products and materials produced before the 1979 PCB ban (e.g., transformers
- Materials suspected of PCB contamination should be sampled, tested and safely abated by a professional.

- The only way to know the radon level in your home is to test for it.
- EPA and the Surgeon General recommend testing all homes below the third floor for radon.
- Mitigate radon in homes if levels are greater than or equal to 4 pCi/L. Strongly consider mitigating homes with levels between 2 and 4 pCi/L.
- Radon levels below 4 pCi/L still pose a health risk and in many cases may be reduced. See EPA's A Citizen's Guide to Radon.
- Make sure any existing radon mitigation system is functioning properly. If a vent fan is installed, check its condition first.

• If purchasing a new stove, ensure it is EPA-certified.	
• Follow EPA's Guide for Best Burn Practices for Wood Stoves.	
• Clean chimney once a year.	and exposures can cause breathing problems.
• Ensure fireplace chimney or wood stove flue is working properly (i.e., there is no wood smoke in the home).	Wood Smoke and Solid Fuel Emissions – Wood stoves and fireplaces can create emissions,
Safely store chemicals out of reach of children.	
• Local ventilation can be used when strong sources of VOCs or other airborne contaminants are isolated to a specific room or area. Whole-house ventilation will also help reduce VOCs and other airborne contaminants in most homes.	
• If using pressed or composite wood products, avoid products containing urea formaldehyde. Select products compliant with California Title 17.	
o Scientific Certification Systems (SCS) Standard EC-10.2-2007 (Indoor Advantage Gold).	
<ul> <li>Master Painters Institute (MPI) Green Performance Standards GPS-1 or GPS-</li> <li>2.</li> </ul>	
0 Greenguard Children and Schools Certification Program.	
o Green Seal Standard GS-11.	
<ul> <li>Collaborative for High Performance Schools (CHPS) High Performance Products Database.</li> </ul>	
<ul> <li>Carpet and Rug Institute (CRI) Green Label or Green Label Plus program criteria or equivalent standards for carpet.</li> </ul>	throat irritation, liver damage and cancer.
<ul> <li>California Department of Public Health, Emission Testing Method for California Specification 01350.</li> </ul>	including paints, carpets and pads, pressed wood, composite wood, cleaning supplies, air fresheners and furniture. Exposures can cause eve, nose and
• Select low-VOC products when possible (e.g., paint, carpet, furniture, cabinets, adhesives and cleaning products). Green testing and rating programs that assess products for VOCs and other health hazards include:	Volatile Organic Compounds (VOCs) in Household Products and Materials – VOCs are found in many household products and materials
• In homes with young children, install gates at the tops of stairs and securely store chemicals and pesticides.	
• In homes where elderly persons live, reduce trip hazards, provide sufficient lighting on stairs, ensure handrails and grab bars are in key locations, and follow CDC's guide Check for Safety: A Home Fall Prevention Checklist for Older Adults.	
$\bullet$ Set hot water heater thermostats to 120 degrees Fahrenheit to reduce burns and scalds.	hazards increase the risk of falls. Improperly stored chemicals increase the risk of poisoning.
• Smoke alarms and CO alarms should be installed in all homes and tested regularly. Replace batteries annually. Replace smoke alarms every 10 years and CO alarms every five to seven years.	Safety – Trips and falls, poisoning and burns are significant injury risks in homes. Poor lighting, lack of handrails, unstable stairs and other housing
Recommended Occupant Health Messages	Priority Health Concerns

# **Client Education Resources:**

#### **Asbestos**

EPA Asbestos: Asbestos in Your Home. 1990. U.S. Environmental Protection Agency.

http://www.epa.gov/asbestos/pubs/ashome.html

http://www.epa.gov/asbestos/

### **Asthma Triggers**

http://www.epa.gov/asthma/triggers.html EPA Asthma: Indoor Environmental Asthma Triggers. 2011. U.S. Environmental Protection Agency.

### Carbon Monoxide

**AHRI:** Air-Conditioning, Heating and Refrigeration Institute. http://www.ahrinet.org/default.aspx

CPSC Document #466: Carbon Monoxide Questions and Answers. 2008. U.S. Consumer Product Safety Commission. http://www.cpsc.gov/cpscpub/pubs/466.html

http://www.epa.gov/iaq/co.html EPA IAQ: An Introduction to Indoor Air Quality (IAQ), Carbon Monoxide. U.S. Environmental Protection Agency. 2011.

## **Environmental Tobacco Smoke**

http://www.epa.gov/smokefree/ EPA Smoke-free Homes and Cars Program: U.S. Environmental Protection Agency. 2010

http://www.nchh.org//Portals/0/Contents/Green%20Factsheet\_Smokefree.pdf NCHH Fact Sheet: Reasons to Explore Smoke-Free Housing. 2009. National Center for Healthy Housing

#### Lead

U.S. Environmental Protection Agency. EPA Lead-Based Paint Renovation, Repair, and Painting Program: Lead Safe Certified Guide to Renovate Right Brochure.

http://www.epa.gov/lead/pubs/renovaterightbrochure.pdf

### Mold and Moisture

http://www.epa.gov/iedmold1/moldguide.html A Brief Guide to Mold, Moisture, and Your Home. 2010. U.S. Environmental Protection Agency.

#### Pests

**EPA Pests:** Controlling Pests. U.S. Environmental Protection Agency. 2011. <a href="http://www.epa.gov/pesticides/controlling/index.htm">http://www.epa.gov/pesticides/controlling/index.htm</a>

and Mental Hygiene. **New York City Department of Health and Mental Hygiene:** How to Control Pests Safely. 2008. New York City Department of Health

http://www.healthyhomestraining.org/IPM/IPM MFH Ref 4 NYC Pest Control 9-11-08.pdf

# Polychlorinated Biphenyls (PCBs)

http://www.epa.gov/epawaste/hazard/tsd/pcbs/index.htm EPA PCB: Polychlorinated Biphenyls. 2011. U.S. Environmental Protection Agency

#### Radon

http://www.epa.gov/radon/pubs/citguide.html EPA Radon Guidance: Citizen's Guide to Radon. 2009. U.S. Environmental Protection Agency.

#### Safety

Control and Prevention. CDC Fall Prevention Checklist: Check for Safety: A Home Fall Prevention Checklist for Older Adults. 2009. U.S. Centers for Disease

http://www.cdc.gov/HomeandRecreationalSafety/Falls/CheckListForSafety.html

# Volatile Organic Compounds in Household Products and Materials

California Department of Public Health CAL-IAQ Program Standard: Standard Method for the Testing and Evaluation of Volatile Organic Chemical Emissions from Indoor Sources Using Environmental Chambers, Version 1.1. 2010. California Department of Public

www.cal-iaq.org/vocs/standard-method-for-voc-emissions-testing-and-evaluation

California Title 17: California Code of Regulations, Title 17, sections 93120 - 93120.12. 2008. State of California

**CRI:** Green Label, Green Label Plus. The Carpet and Rug Institute.

http://www.carpet-rug.org/commercial-customers/green-building-and-the-environment/green-label-plus/

EPA IAQ: An Introduction to Indoor Air Quality (IAQ), Volatile Organic Compounds (VOCs). 2011. U.S. Environmental Protection

http://www.epa.gov/iaq/voc.html

Greenguard Children and Schools Certification Program: Greenguard Environmental Institute www.greenguard.org/en/QuickSearch.aspx

http://www.greenseal.org/GreenBusiness/Standards.aspx?vid=ViewStandardDetail&cid=0&sid=6 Green Seal Standard GS-11: GS-11: Green Seal Environmental Standard for Paints and Coatings. 2008. Green Seal, Inc

MPI GPS-1 and GPS-2: Master Painters Institute (MPI) Green Performance Standards for Paints and Coatings [GPS-1 and GPS-2]. Master Painters Institute, Inc.

http://www.specifygreen.com/EvrPerf/EnvironmentalPerformance.html

http://www.scscertified.com/docs/SCS-EC10.2-2007.pdf SCS Standard EC-10.2-2007: Standard EC-10.2-2007, Indoor Air Quality Performance. 2007. Scientific Certification Systems.

# Wood Smoke and Solid Fuel Emissions

http://www.csia.org/HomeownerResources/ChimneySafetyInfo/HOWTOBuildaTopDownBurn/tabid/229/Default.aspx Top-Down Method of Stove Loading. Chimney Safety Institute of America.

http://www.epa.gov/burnwise/bestburn.htm EPA Burn Wise Guides: Burn Wise Guide for Best Burn Practices for Wood Stoves. 2011. U.S. Environmental Protection Agency.

## APPENDIX C

# **ABBREVIATIONS**

AC – Air Conditioning

ACCA - Air Conditioning Contractors of America

**ACM** – Asbestos-Containing Material

**AFHH** – Alliance for Healthy Homes

AHRI – Air-Conditioning, Heating and Refrigeration Institute

ANSI - American National Standards Institute

ASHI - American Society of Home Inspectors

**ASHRAE** – American Society of Heating, Refrigerating and Air-Conditioning Engineers

**ASPE** – American Society of Plumbing Engineers

**ASTM** – American Society for Testing and Materials

**BPI** – Building Performance Institute

CA – California

**CAZ** – Combustion Appliance Zone

CDC - Centers for Disease Control and Prevention

CEQ - White House Council on Environmental Quality

**cfm** – Cubic feet per minute

CFR - Code of Federal Regulations

CHPS - Collaborative for High Performance Schools

CO – Carbon Monoxide

CO<sub>2</sub> – Carbon Dioxide

COPD - Chronic Obstructive Pulmonary Disease

CPSC - Consumer Product Safety Commission

CRI - Carpet and Rug Institute

CSA - Canadian Standards Association

CSIA - Chimney Safety Institute of America

**DOE** – U.S. Department of Energy

DOL - U.S. Department of Labor

EPA - U.S. Environmental Protection Agency

EPA OSWER – U.S. Environmental Protection
Agency Office of Solid Waste and
Emergency Response

ETS – Environmental Tobacco Smoke

ft² – Square feet

**GS** – Green Seal

HPS - Hantavirus Pulmonary Syndrome

HRV - Heat Recovery Ventilator

HUD – U.S. Department of Housing and Urban Development

HVAC - Heating, Ventilating and Air Conditioning

**IAQ** – Indoor Air Quality

IPM – Integrated Pest Management

**LED** – Light-Emitting Diode

MDI - Methylene Diphenyl Diisocyanate

MERV - Minimum Efficiency Reporting Value

MNCEE - Minnesota Center for Energy and Environment

MPI – Master Painters Institute

MPI GPS – Master Painters Institute Green Performance Standard

N/A - Not Applicable

NAHB - National Association of Home Builders

NCHH - National Center for Healthy Housing

NEHA - National Environmental Health Association

**NESCAUM** – The Clean Air Association of the Northeast States

NFI – National Fireplace Institute

NFPA - National Fire Protection Association

NIOSH – National Institute for Occupational Safety and Health

NIST - National Institute of Standards and Technology

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NRSB - National Radon Safety Board

**NVLAP** – National Voluntary Laboratory Accreditation Program

ODS – Oxygen Depletion Sensor

OSHA - Occupational Safety and Health Administration

PCBs - Polychlorinated Biphenyls

**pCi/L** – picocuries per liter

PELs – Permissible Exposure Limits

PLM – Polarized Light Microscopy

**ppm** – Parts per million

RRP - Renovation, Repair and Painting

SCS – Scientific Certification Systems

SIDS – Sudden Infant Death Syndrome

SPF – Spray Polyurethane Foam

**TEM** – Transmission Electron Microscopy

**U.S.** – United States

VOCs - Volatile Organic Compounds

W.C. – Water Column

XRF – X-Ray Fluorescence



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http://www.epa.gov/iaq/homes/retrofits.html

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