

RETROFITTING ARIZONA

STANDARD WORK SPECIFICATION-ALIGNED FIELD GUIDE

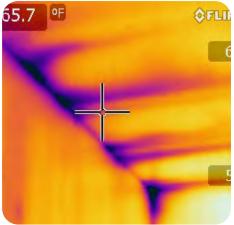














Arizona Department of Housing



Last updated 24 June 2021
Created by the Energy Smart Academy at Santa Fe Community College
For the Weatherization Collaborative
In alignment with the Standard Work Specifications
Created by the National Renewable Energy Laboratory,
found at https://sws.nrel.gov

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PERSONAL PROTECTIVE EQUIPMENT (PPE) GUIDE



Safety Glasses



Hearing Protection



Hard Hat



Bump Cap



Knee Pads



Gloves – Leather or Heavy Cloth



Gloves – Nitrile



Tyvek Suit



Boot/Shoe Covering



N-95 Mask without Exhale

Valve



N-95 Mask with Exhale Valve

95



Half-Face P-100 Respirator



Half-Face P-100 Respirator with OV Valve



Full-Face P-100 Respirator



Full-Face P-100 Respirator with OV Valve



Powered Air Purifying Respirator



Cooling Vest



1-1 INTERIOR LEAD-SAFE WEATHERIZATION

Aligns with Lead RRP





TOOLS

- · Zip Walls
- · HEPA Vacuum
- · Hand Tools or Shrouded Power Tools
- · Half or Full-face Respirator (Fit-Tested)

BEFORE

X Homes built before 1978 have the potential for lead paint and require special considerations during retrofitting

AFTER

- No lead dust or debris remains inside the home
- Contaminated materials have been disposed of or cleaned properly
- Disposal containment is securely closed

MATERIALS

- · 6-Mil Plastic Sheeting
- · Signage
- · Tack Pads
- · Painters Tape
- · Trash Bags
- · Disposable Tyvek Suits
- · Booties
- · Nitrile Gloves
- P-100 Filters

PPE









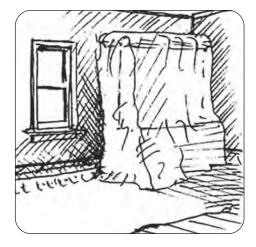




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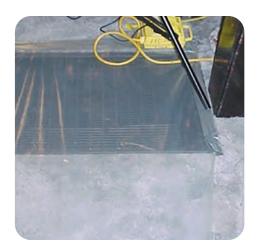
1-1 INTERIOR LEAD-SAFE WEATHERIZATION



 Move furniture out of work area and, if it cannot be removed, securely cover horizontal with plastic sheeting



2. Use disposable physical barriers to mark out and contain work area dust and debris



3. Six feet in any direction from the work area, cover surfaces with plastic sheeting, taped in place, including HVAC access points



4. Block off access doorways and install zippers to contain debris in work area

NOTES

Half and Full-face respirators, required for Lead Renovation work, must be fit-tested on all workers at least once a year. The respirator must form a tight seal at the face and neck. Workers who have a beard cannot wear a half- or full-face respirator, since they will not form a tight seal and contaminants can bypass the respirator. Bearded workers need to wear a PAPR, or powered air-purifying respirator.



1-1 INTERIOR LEAD-SAFE WEATHERIZATION

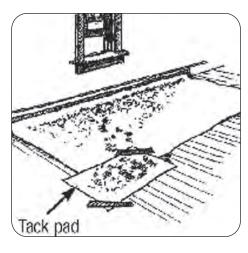
CAUTION

RENOVATION WORK
DO NOT ENTER WORK AREA
UNLESS AUTHORIZED
NO SMOKING, EATING, OR
DRINKING

5. Post signs outside work area to prevent anyone from entering work area unintentionally



7. Wear appropriate PPE, including Tyvek suit, gloves and P-100 HEPA Disposable or Fit-Tested Respirator



6. Use tack pads at access points to containment area to minimize dust and debris being tracked outside area



8. Utilize hand tools and/ or shrouded tools that minimize dispersion of dust and debris

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1-1 INTERIOR LEAD-SAFE WEATHERIZATION



9. Wipe down surfaces and vacuum work area, taking special care and attention of cracks and crevices where dust and debris might collect



10. Carefully roll up and dispose of any plastic sheeting or other disposable materials in the work area



11. Doff PPE outside, avoiding contact with contaminated surfaces of suit, gloves, etc., and dispose immediately

NOTES



1-2 EXTERIOR LEAD-SAFE WEATHERIZATION

Aligns with Lead RRP





TOOLS

- · HEPA Vacuum
- · Hand Tools or Shrouded Power Tools
- · Half or Full-face Respirator (Fit-Tested)

BEFORE

X Homes built before 1978 have the potential for lead paint and require special considerations during retrofitting

AFTER

Detailed attention needs to be paid to every aspect of work with lead-based paint, from start to finish

MATERIALS

- · 6-Mil Plastic Sheeting
- · Catchment Poly Bags
- · Signage
- · Tack Pads
- · Painters Tape
- · Trash Bags
- · Scaffolding
- · Disposable Tyvek Suits
- · Booties
- · Nitrile Gloves
- P-100 Filters

PPE

















* situation dependent ** weather dependent



1-2 EXTERIOR LEAD-SAFE WEATHERIZATION



 Create containment area with plastic sheeting 10 feet in any direction from work area



2. Post signs at least 20 feet from work area to prevent anyone from entering work area unintentionally



3. Seal off all exterior access points to home within containment area, including windows, doors, mail slots and vents



4. Where houses are located close together, vertical containment will be necessary

NOTES

Half and Full-face respirators, required for Lead Renovation work, must be fit-tested on all workers at least once a year. The respirator must form a tight seal at the face and neck. Workers who have a beard cannot wear a half- or full-face respirator, since they will not form a tight seal and contaminants can bypass the respirator. Bearded workers need to wear a PAPR, or powered air-purifying respirator.



1-2 EXTERIOR LEAD-SAFE WEATHERIZATION



5. Tape plastic up onto work surface and utilize systems to catch debris while limiting damage to exterior plantings



6. Don proper PPE, including tyvek suit with hood, gloves, booties and half-or full-face respirator (see notes). Be aware of potential for thermal stress when working in full PPE



7. Use hand tools or shrouded power tools to limit dispersal of contaminated dust and debris



8. Clean work area and carefully fold and dispose of plastic sheeting



9. Doff PPE outside, avoiding contact with contaminated surfaces of suit, gloves, etc., and dispose immediately

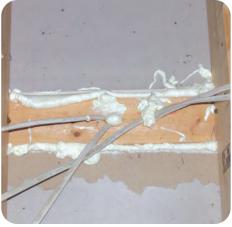
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2-1 AIR SEAL TOP PLATES IN ATTIC

Aligns with SWS 3.0101.1, 3.0102.11





TOOLS

- · Caulk Gun
- · Spray Foam Dispensing Gun

BEFORE

X Air can move around unsealed top plates in attic, making new insulation less effective

AFTER

✓ Seal perimeter at all gaps and extend sealant up onto adjacent materials

MATERIALS

- · Caulk
- · I-part Polyurethane Spray Foam
- · Mastic

PPE















* weather dependent



2-1 AIR SEAL TOP PLATES IN ATTIC



Apply caulk to areas with gap 1/4 inch or smaller



Apply sprayfoam or mastic to gaps 1/4 inch to 2 inches wide

NOTES



2-2 AIR SEAL AN ATTIC SOFFIT OR LARGE OPENING

Aligns with SWS 3.0101.1, 3.0102.9





TOOLS

- · Caulk Gun
- · Utility Knife
- · Measuring Tape
- · Dvill
- · Spray Foam Nozzle

OPTION A SEAL SOFFIT INTO CONDITIONED SPACE

Soffits, coffered ceilings and other design details can create lower sections in the ceiling line and often are not sealed or insulated properly

OPTION B SEAL SOFFIT OUT OF CONDITIONED SPACE

From the attic side, it is best to determine if it's better to leave the soffit connected to the conditioned space (inside the house) or seal it off as part of the unconditioned space

MATERIALS

- · I-Part Spray Foam
- · Lumber for Support
- · Expanded Polystyrene (EPS)
- · Extruded Polystyrene (XPS)
- · Gypsum Board
- · Plywood
- · Caulk
- · Mechanical Fasteners

PPE





















2-2 AIR SEAL AN ATTIC SOFFIT OR LARGE OPENING

OPTION A - SEAL SOFFIT INTO CONDITIONED SPACE



A-1. For openings larger than 24 inches, support braces will be necessary



A-2. Attach bracing across joists securely, spacing no more than 24 inches apart



A-3. Apply sealant along top plates, bracing, and framing members adjacent to opening more than 24 inches apart



A-4. Place Infill material over opening and secure in place with mechanical fasteners



A-5. When support bracing has been used, screw infill material to bracing as well

infill material to bracing as well



2-2 AIR SEAL AN ATTIC SOFFIT OR LARGE OPENING

OPTION B - SEAL SOFFIT OUT OF CONDITIONED SPACE



B-1. Seal off framed openings with rigid material, such as gypsum board, XPS, EPS, or OSB



B-2. Seal around infill materials

NOTES



2-3 AIR SEAL AN ATTIC CHASE OR SMALL OPENING

Aligns with SWS 3.0101.1





TOOLS

- · Measuring Tape
- · Dvill
- · Utility Knife
- · Caulk Gun
- · Spray Foam Gun

BEFORE

X Open chases for electrical and plumbing allow air movement from subspace and/or conditioned space

AFTER

When properly sealed, air movement will cease through these spaces

MATERIALS

- · Extruded Polystyrene (XPS)
- · Expanded Polystyrene (EPS)
- · Gypsum Board
- · Plywood
- · I-Part Spray Foam
- · Mechanical Fasteners

PPE















* weather dependent



2-3 AIR SEAL AN ATTIC CHASE OR SMALL OPENING



1. Measure the opening of the chase in a location that will maintain the pressure plane



2. Cut material to fit for each space where it is needed, paying attention to locations of wires and pipes



3. Rigid material to cover the span can be XPS, EPS, gypsum board or plywood, as appropriate for the location



4. Seal rigid material into place securely and air seal with caulk, spray foam or mastic



5. Extend sealing to adjacent materials to ensure a complete air seal

N	U	E	3



2-4 AIR SEAL BALLOON FRAMING FROM ATTIC

Aligns with SWS 3.0101.1, 3.0102.4





TOOLS

- · Measuring Tape
- · Dvill
- · Utility Knife
- · Saw
- · Sprayfoam Gun
- · Caulk Gun

BEFORE

X Balloon framing leaves cavities open from the basement to the attic, allowing for large amounts of air movement

AFTER

By sealing at the top of the cavity, air flow is stopped and the cavity below is another step closer to being ready to insulate

MATERIALS

- · Extruded Polystyrene (XPS)
- · Gypsum Board
- · Plywood
- · Plastic-wrapped/ Bagged Fiberglass Batts
- · 1-part Sprayfoam
- · Caulk
- · Mastic
- · Mechanical Fasteners

PPE















* weather dependent



2-4 AIR SEAL BALLOON FRAMING FROM ATTIC



1. Block the opening of balloon framed sidewalls in alignment with the pressure boundary



2. Blocking material options include lumber, gypsum board, XPS, or bagged fiberglass batts



3. Blocking material needs to be appropriate for potential weight load



4. And securely fastened rigid material to withstand pressure of dense-packing beneath



5. Seal any remaining gaps with caulk or 1-part spray foam, extending sealing to adjacent materials

1	O	T	E	S



2-5 SEAL INSULATION-CONTACT **RATED CAN LIGHTS**

Aligns with SWS 3.0101.1





TOOLS

· Caulk Gun

BEFORE

X Insulation-Contact rated Can lights are commonly installed in the ceiling between the upper story and the attic, meaning gaps around them allow for significant air leakage

AFTER

By sealing around an IC-rated can light, a continuous thermal boundary is maintained

MATERIALS

· Caulk

NOTES

PPE















* weather dependent



2-6 SEAL ELECTRICAL AND OTHER PENETRATIONS IN ATTIC

Aligns with SWS 3.0101.1, 6.0201.1, 6.0201.2



1. Electrical, plumbing and **HVAC** penetrations are often oversized



2. For smaller gaps, caulk is enough to seal the hole

TOOLS

- · Caulk Gun
- · Spray Foam Gun
- · Utility Knife

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- · Caulk
- · I-Part Spray Foam
- · Backer Rod

PPE















* weather dependent



2-6 SEAL ELECTRICAL AND OTHER PENETRATIONS IN ATTIC



3. Holes larger than 1/4 inch may require support for the sealant



4. Inserting backer rod provides infill to support the sealant



5. Seal to cover entire opening, including all backer rod

NOTES

For gaps larger than 3 inches, see 2-3 Air Seal an Attic Chase or Small Opening



2-7 AIR SEAL A FLOORED ATTIC

Aligns with SWS 3.0101.1





TOOLS

- · Saw
- · Dvill
- · Measuring Tape
- · Utility Knife
- · Caulk Gun
- · Spray Foam Gun

BEFORE

X Check floor joist cavities for blocking material and penetrations

AFTER

Air seal cracks and penetrations in floored attic spaces

NOTES

Spray foam will not be used in spaces that will be exposed to habitable living spaces.

MATERIALS

- · Caulk
- · Fxtruded Polystyrene (XPS)
- · Lumber
- · Gypsum Board
- · 1-part Spray Foam
- · Mechanical Fasteners
- · Backer Rod

PPE





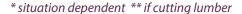














2-7 AIR SEAL A FLOORED ATTIC



1. With property owner permission, remove flooring material to access cavities



2. Remove only as much flooring as necessary to gain access to every cavity and any large air sealing areas



3. Place blocking material, as needed, and air seal to hold insulation in place



4. In rare cases it may be easier to access to locate blocks from below floored attic spaces



5. Air seal gaps and seams in joist cavities as accessible



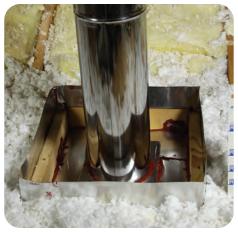
6. Check for and air seal electrical, plumbing, and HVAC penetrations properly



3-1 SEAL AROUND CHIMNEYS AND FLUES

Aligns with SWS 3.0102.2





TOOLS

- · Caulk Gun
- · Metal Snips or Nibbler
- · Dvill
- · Tape Measure

BEFORE

X Even high-temperature sites need air sealing

AFTER

✓ Maintain 3-inch clearance from flue for all combustible materials

MATERIALS

- · 26-Gauge Sheet Metal
- · Mechanical Fasteners
- Lumber

PPE







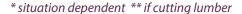














3-1 SEAL AROUND CHIMNEYS AND FLUES



 Select high-temperature caulk sealant that will adjust to temperature differences between materials

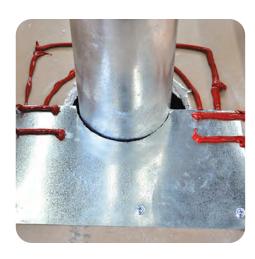


2. Apply unbroken ring of caulk directly to clean decking around entire perimeter of flue or chimney



3. Apply unbroken ring of caulk directly to clean decking to match perimeter of sheet metal backing

NOTES		

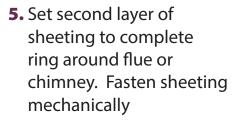


4. Install first layer of metal sheeting and apply additional caulk to complete new perimeter for second layer of sheeting



3-1 SEAL AROUND CHIMNEYS AND FLUES







6. Run bead of hightemperature caulk around flue at backing to seal remaining gaps < 1/4 inch



7. Create a durable, fixed dam, at least 2 inches higher than final insulation level, keeping all combustible materials at least 3 inches away from flue or chimney

NOTES	



3-2 SEAL AROUND NON-INSULATION CONTACT-RATED (NON-IC) CAN LIGHTS

Aligns with SWS 3.0102.1





TOOLS

- · Measuring Tape
- · Utility Knife
- · Caulk Gun

BEFORE

X Non-Insulation Contact-rated can lights create a fire hazard in well-insulated attics

AFTER

✓ When boxed with appropriate clearances and fire-rated materials. fire risk is mitigated

MATERIALS

- . 5/8 Inch Gypsum Board
- · High-Temperature Caulk
- . 100% Silicone Sealant

PPE















* situation dependent



3-2 SEAL AROUND NON-INSULATION CONTACTRATED (NON-IC) CAN LIGHTS



1. Clear any debris from around non-IC-rated can light



2. Enclosure has 3 inches of clearance from lamp to insulation on all sides, at least 1/2 inch from any combustible material, such as wood



3. Premade boxes can make installation easier when installation site is clear of framing members

NOTES

Non "Insulation Contact" Can Lights are designed to vent heat from the lamp into the cavity around them. They are safe to use in non-insulated cavities, such as the ceiling/floors between different stories in a home. IC-rated Can Lights have a secondary housing to keep the heat of the lamp from contacting the insulation. They are also recommended for use with lower wattage lamps.



3-2 SEAL AROUND NON-INSULATION CONTACTRATED (NON-IC) CAN LIGHTS



4. Seal box on all sides and edges to make continuous barrier from attic, using high temp caulk where appropriate



5. Top of box must be R-1 or less and left free of insulation. Flag enclosure for added visibility

NOTES

With the help of a
licensed electrician,
there is also the option
of replacing old can
lights with air-tight
units or LED retrofit
inserts. Check
program requirements.



4-1 PREPARE ATTIC FLOOR FOR INSULATION

Aligns with SWS 4.0103.1, 4.0103.2, 4.0103.3, 4.0103.4, 4.0103.6, and 4.0103.8

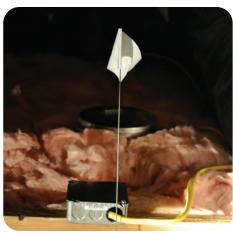
BEFORE YOU BEGIN





✓ Check for live knob & tube wiring and dam off when possible, or replace with modern wiring





✓ Cover junction boxes and attach flag for visibility

PPE













Tools and materials listed are only recommendations and may not include everything needed to complete the job.







^{*} if cutting lumber or sheet metal ** situation dependent *** if cutting lumber

TOOLS

- · Non-Contact Tester
- · Utility Knife
- · Dvill
- · Hole Saw
- · Caulk Gun
- · Staple Gun
- · Metal Snips
- Nibbler



4-1 PREPARE ATTIC FLOOR FOR INSULATION



1. Remove stored materials



2. Run exhaust fan ducts to outside, insulate to R-8



3. Ensure air sealing, if any, is completed



4. Install baffles, if needed. Ensure 2 inches of gap for airflow

MATERIALS

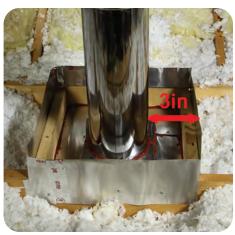
- · Plywood
- · Drywall
- · XPS
- · Junction Box Covers
- · Flags
- · Vent Caps
- · Rigid Duct
- · Mechanical Fasteners
- · Foil Tape
- · R-8 Duct Insulation
- · Soffit Baffles
- · Depth Rulers
- 26-Gauge Steel Sheeting
- High-Temperature Caulk



4-1 PREPARE ATTIC FLOOR FOR INSULATION



5. Depth rulers installed, 1 per 300 square feet



6. All dams are built, as needed

NOTES

knob-and-tube can be replaced by a duly qualified professional.



5-1 DAM, SEAL & INSULATE AN ATTIC HATCH

Aligns with SWS 3.0103.1





TOOLS

- · Measuring Tape
- · Saw
- Drill
- · T-Square
- · Utility Knife
- · Caulk Gun

BEFORE

X Uninsulated attic access points allow conditioned air to escape the home in all seasons

AFTER

Safely and durably sealing and insulating attic access doors prevent air movement and reduces heating and cooling loads

MATERIALS

- · Lumber
- · Mechanical Fasteners
- · Extruded Polystyrene (XPS) or Other Rigid Foam Insulation Board
- · Foam Tape
- · Adhesive
- · Latch (optional)

PPE



















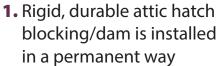
* if cutting lumber ** situation dependent

Tools and materials listed are only recommendations and may not include everything needed to complete the job.



5-1 DAM, SEAL & INSULATE AN ATTIC HATCH



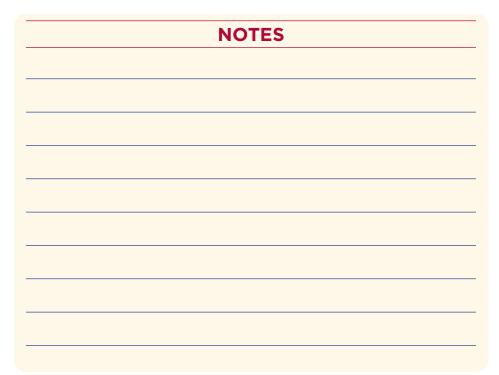


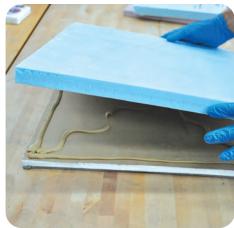


2. Dam is at least 2 inches taller than the final attic insulation depth



3. Cut gypsum board to hatch size for "friction fit" and air seal bottom of hatch with unbroken ring of foam tape

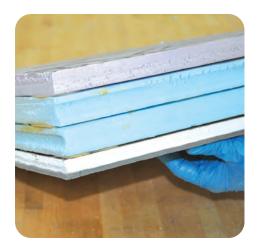




4. Cut and stack rigid foam insulation, gluing with appropriate adhesive, to build up R-value



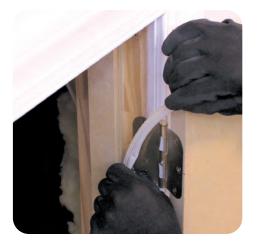
5-1 DAM, SEAL & INSULATE AN ATTIC HATCH



5. Hatch is insulated to proper R-value (the maximum R-value structurally allowable, up to the final insulation level of surrounding attic)



6. Trim is air-sealed with appropriate material



7. For vertical accesses, run weatherstripping or foam tape to air seal at these doorways too. Hold vertical accesses closed with latch if necessary

NOTES



5-2 DAM, SEAL & INSULATE A **PULL-DOWN ATTIC STAIRWAY**

Aligns with SWS 3.0103.1





BEFORE

X Pull-down stairs can be a weak point in thermal/ pressure boundaries, as well as creating a place where insulation can fall down into the home

AFTER

✓ Attic pull-down stairs are safely and durably sealed and insulated to prevent air movement

MATERIALS

- · Extruded Polystyrene (XPS)
- · Expanded Polystyrene (EPS)
- · Polyiso
- · Plywood
- · 1-Part Spray Foam
- · Spray Adhesive
- · Caulk Adhesive
- · Foil Tape
- · Mechanical Fasteners
- · Foam Tape
- · Weatherstripping
- · Latches

TOOLS

- · Measuring Tape
- · Caulk Gun
- · Utility Knife

· Spray Foam Gun

· Saw

· Dvill

PPE















^{*} if cutting lumber ** situation dependent



5-2 DAM, SEAL & INSULATE A PULL-DOWN ATTIC STAIRWAY



1. Build cover above and around pull-down stair, taller than final insulation height



2. Insulate top and sides of dam cover, to appropriate R-value



3. Air seal all edges of trim



4. Air seal with foam tape or weatherstripping



5. Install latches to ensure hatch remains closed and air sealed if it does not remain closed with a 'friction fit'

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Tools and materials listed are only recommendations and may not include everything needed to complete the job.



6-1 INSULATE AN **UNFLOORED ATTIC**

Aligns with SWS 4.0103.2, 4.0103.4, 4.0103.6





TOOLS

- · Measuring Tape
- · Insulation Machine
- · Staple Gun

BEFORE

Ensure that attic prep work has been completed before starting installation (See 4-1 Prep Attic Floor for Insulation)

AFTER

FINAL CHECKLIST

- ✓ Appropriate insulation material used
- Correct depth, as specified in work order
- ✓ Insulation level is even

MATERIALS

- · Loose fill fiberglass or cellulose (as per work order)
- · Staples

PPE















* situation dependent

Tools and materials listed are only recommendations and may not include everything needed to complete the job.

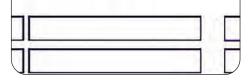


6-1 INSULATE AN UNFLOORED ATTIC

Description / Comment

Attic Insulation - Blown Fiberglass - R-38

Attic Insulation - Blown Fiberglass - R-38



 Verify against work order that correct insulation material is being installed



2. Verify insulation depth/density against manufacturer's density chart



5. When complete, post insulation certificate by attic entrance



3. While installing, regularly check depth of insulation for even coverage and to meet required depth

4. Ensure that insulation does not get into dammed-off areas, such as around chimneys and flues and inside soffit baffles

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6-2 INSULATE UNDER A FLOORED ATTIC

Aligns with SWS 4.0103.6





BEFORE AFTER

X Attics with flooring often hide uninsulated cavities ✓ An insulated attic floor provides a continuous, contiguous, safe, and compliant thermal boundary that prevents air movement

TOOLS

- · Measuring Tape
- · Utility Knife
- · Insulation Machine
- · Dvill
- · Hole Saw
- · Prybar
- · Caulk Gun

MATERIALS

- · Loose Fiberglass or Cellulose Insulation
- · Fxtruded Polystyrene (XPS)
- · Caulk
- · Mechanical Fasteners
- · Gypsum Board
- · Plugs

















* situation dependent



6-2 INSULATE UNDER A FLOORED ATTIC



 Ensure that floor cavities are blocked securely at both ends



2. If boards can be loosened, pry up as few boards as possible to access all cavities. If flooring is in solid sheets, access holes may need to be drilled



3. Fill entire cavity with insulation to prescribed density

NOTES	



4. Occasionally a homeowner may not want the attic floor to be disturbed. The cavities can also be accessed from below through the ceiling, particularly in garage spaces



6-2 INSULATE UNDER A FLOORED ATTIC



5. Blocking still needs to be put into place



6. Blow insulation to completely fill cavities to prescribed density



7. Fill and reseal access holes to prevent air movement

NOTES



6-3 INSULATE AN **ATTIC STAIRWAY**

Aligns with SWS 4.0104.1, 4.0104.2, 4.0104.3, 4.0104.4, 4.0201.2, 4.0201.3, 4.0202.1



BEFORE

X Attic stairways can offer a unique set of insulation challenges. Clearly define where the thermal and pressure boundary are going to be located before starting insulation

AFTER

Insulation provides a continuous, contiguous, safe, and compliant thermal boundary that prevents air movement between the attic and the remainder of the home

Fiberglass Insulation

· Kraft-Faced

Fiberglass Batts

· Loose Cellulose or

- · Furring Strips
- · Staples

· Netting

· Mechanical Fasteners

MATERIALS

- · Extruded Polystyrene (XPS)
- · Plywood
- · I-Part Spray Foam
- · Gypsum Board
- · House Wrap

TOOLS

- · Measuring Tape
- · Hole Saw

· Dvill

Insulation Machine

· Utility Knife

· Spray Foam Gun

PPE















^{*} situation dependent



6-3 INSULATE AN ATTIC STAIRWAY



1. If walls are accessible from the attic side, choose between batt or blown-in insulation



2. Block off open cavities along the line of the thermal/pressure boundary



3. Air seal around blocking material



4. Cut batts to size for each individual cavity, ensuring no gaps remain, locating kraft-paper toward conditioned space



5. For batt insulation, cover installed batts with backing. For blown-in, attach netting to framing members, cut holes in netting and blow in insulation to 3.5 pounds per cubic inch



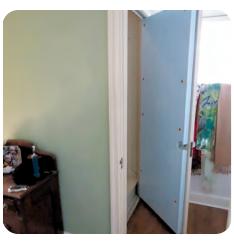
6. If walls are enclosed from attic side, drill holes in stairways walls



6-3 INSULATE AN ATTIC STAIRWAY



7. Dense pack stairway walls



8. Weatherstrip and insulate door



9. Insulate under stairway using insulation indicated by work order



10. Seal off insulation from conditioned space in home



11. If backside of stairs is sealed, blow insulation into cavity behind stairs



12. Plug access holes from blown insulation

NOTES



7-1 PREPARE A MANUFACTURED HOME CEILING FOR INSULATION

Aligns with SWS 4.0103.6, 4.0103.9, 4.0103.10, 4.0103.11, 4.0103.12





TOOLS

- · Measuring Tape
- · Utility Knife
- · Zip Tie Tensioner

BEFORE YOU BEGIN

Make any repairs and preparation as noted from assessment, as well as fixing any new issues that could cause the ceiling to be compromised with the additional weight of insulation

AFTER

FINAL CHECKLIST

- ✓ Vents all terminate to outside and are properly sealed
- Flues are dammed properly
- Ceiling is in good condition to hold weight

MATERIALS

- R-8 minimum Flex Duct insulation
- · Duct Insulation with Vapor Retarder
- · Water Heater Blanket with Vapor Retarder
- · Zip Ties
- · Twine
- · Spray Adhesive
- · Mastic
- · UL 181 Fiberglass Mesh Tape

PPE



















*if working with mold **weather dependent ***if cutting lumber



7-1 PREPARE A MANUFACTURED HOME CEILING FOR INSULATION



1. Ensure plumbing and exhaust vents terminate outside



2. Dam around high temperature flues (note: flue in image is in need of work)



3. Replace non-IC rated can lights with IC-rated cans

4. Repair roof leaks or other damage, as possible, or defer job if necessary

NOTES

Check with your state
program to find out
deferral thresholds
and procedures

2	A.
3	



7-2 MH INSULATION: **GABLE END BLOW METHOD**

Aligns with SWS 4.0103.9





TOOLS

- · Dvill
- · Utility Knife
- · Hole Saw or Saws-All
- · Caulk Gun

BEFORE

X Manfactured housing often does not meet regional standards for insulation

AFTER

✓ Fill entire cavity and reseal gable ends

MATERIALS

- · Fiberglass or Cellulose Loose Insulation
- · Mechanical Fasteners
- · Caulk/Sealant

NOTES

PPE















* if cutting lumber



7-2 MH INSULATION: GABLE END BLOW METHOD



1. Verify integrity of ceiling to hold weight of insulation



2. Ground blower hose to reduce chance of electrical build-up



3. Remove or fold up gable end to access attic



4. Insert blower hose as far as possible and then retract slowly to fill cavity entirely, on each side of marriage wall



5. Fill cavity and leave appropriate documentation



6. Reseal gable end or install gable vent at peak that has no more than 1/2 inch mesh screen. Repeat all steps from other end, if needed.



7-3 MH INSULATION: **EDGE BLOW METHOD**

Aligns with SWS 4.0103.10





TOOLS

- · Dvill
- · Utility Knife
- · Insulation Machine

BEFORE

X Manufactured housing often does not meet regional standards for insulation

AFTER

✓ Verify reinstallation and proper sealing of edge of roof to ensure no water or pest intrusion

MATERIALS

- · Fiberglass or Cellulose Loose Insulation
- · Blocking Material
- · Butyl Tape

NOTES

PPE











* if cutting lumber ** situation dependent *** if cutting lumber

Tools and materials listed are only recommendations and may not include everything needed to complete the job.



7-3 MH INSULATION: EDGE BLOW METHOD



1. Verify integrity of ceiling to hold weight of insulation



2. Prepare stable work area to access roof edge



3. Unfasten and remove J channel from edge of roof



4. Clean old butyl tape or putty from J channel and store J channel somewhere safe until it can be reinstalled



5. Remove staples holding down edge of roof



6. Insert blocks to hold roof edge up approximately 6 inches



7-3 MH INSULATION: EDGE BLOW METHOD



7. Ground the fill hose to reduce chance of electrical build-up



8. Insert blower hose as far as possible into cavity and retract slowly while filling space between trusses



9. Work down the edge of the roof until entire cavity is full



10. Remove blocks and reattach edge of roofing over exterior sidewall paneling



11. Replace butyl tape on J channel



12. Reattach J channel, lapping over edge of roof. Repeat entire process for other side, if necessary



7-4 MH INSULATION: RIDGE BLOW METHOD

Aligns with SWS 4.0103.11





TOOLS

- · Dvill
- · Saw
- · Insulation Machine
- · Caulk Gun
- · Metal Sheers

BEFORE

X Manufactured housing commonly is underinsulated, particularly older models

AFTER

✓ After accessing from ridge, ridge cap can be installed or a series of vent caps

MATERIALS

- · Loose Fiberglass Insulation
- · Sealant
- · 26-Gauge Metal Sheeting
- · Vent Caps
- · Mechanical Fasteners
- · Elastomeric Coating

PPE



















NOTES

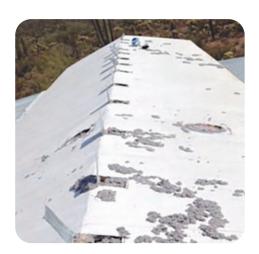
7-4 MH INSULATION: RIDGE BLOW METHOD



1. Remove ridge cap or cut access holes at ridge, leaving one side attached to put back in place



2. Insert blower hose



3. Fill all accessible areas



4. If not installing ridge or cap vents, replace flaps, patch over with metal, and seal with elastomeric



7-5 MH INSULATION: **INTERIOR BLOW METHOD**

Aligns with SWS <u>4.0103.12</u>



1. Drill holes in ceiling to fill each ceiling joist cavity



2. Blow insulation into ceiling cavity to appropriate R-value for region

TOOLS

- · Hole Saw
- · Vacuum
- · Insulation Machine
- · Caulk Gun

MATERIALS

- · Cellulose or Fiberglass Loose Insulation
- · Plugs
- · Sealant

PPE













7-5 MH INSULATION: INTERIOR BLOW METHOD



3. Continue throughout house to ensure even coverage and no gaps



4. Seal all holes securely

HOILS
-



7-6 MH INSULATION: TOP FILL BLOW METHOD

Aligns with SWS 4.0103.11





TOOLS

- · Saw
- · Insulation Machine
- · Caulk Gun
- · Paint Brush
- · Drill

BEFORE

X Attics in older manufactured housing are often underinsulated or poorly insulated

AFTER

FINAL CHECKLIST

- Provide a continuous and safe thermal barrier
- ✓ Protect integrity of roof

MATERIALS

- · Cellulose or Fiberglass Loose Insulation
- All-Weather Adhesive
- · Sheet Metal
- · Mechanical Fasteners
- · Elastomeric Paint

PPE



















7-6 MH INSULATION: TOP FILL BLOW METHOD



 Drill or cut uniform access holes in the roof adequately spaced to access the entire roof cavity



2. Blow insulation into attic cavity to capacity



3. Run a continuous bead of flexible and durable all-weather adhesive around the access hole



4. Install a durable metal patch of equal or greater gauge than the roof material that overlaps the opening at least 2 inches on all sides, and fastening in place every 2 inches along perimeter



5. Apply elastomeric paint over patch that laps at least 6 inches on all sides to create a continuous seal

N	U	E	S

Tools and materials listed are only recommendations and may not include everything needed to complete the job.



8-1 AIR SEAL ABOVE THE **KNEE WALL**

Aligns with SWS 3.0101.1, 3.0102.11





TOOLS

- · Measuring Tape
- · Utility Knife
- · Saw
- · Dvill
- · Caulk Gun
- · Spray Foam Gun

BEFORE

X Knee walls are part of the thermal and pressure boundary

AFTER

Air sealing from above continues the pressure boundary while supporting future insulation

· Extruded

Polystyrene (XPS)

MATERIALS

· Plywood

· Gypsum Board

· Lumber

· Mechanical Fasteners

· Caulk

· I-Part Spray Foam

· Mastic

NOTES











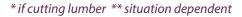












Tools and materials listed are only recommendations and may not include everything needed to complete the job.



8-1 AIR SEAL ABOVE THE KNEE WALL



1. After clearing away debris, measure gap above knee wall in line with pressure boundary



2. Cut blocking material (XPS, wood, gypsum board) to fit gap



3. Securely fit infill or blocking material in place



4. Ensure blocking material is located in line with preferred pressure boundary



5. Secure in place with mechanical fasteners or adhesive as necessary to prevent movement when insulation is installed



6. Seal continuously around blocking material to preserve pressure boundary



8-2 AIR SEAL BENEATH THE KNEE WALL

Aligns with SWS 3.0101.1





BEFORE

X Knee walls are part of the thermal and pressure boundary

AFTER

✓ Air sealing from below allows areas of the attic floor to be treated separately according to whether they fall in or out of the pressure boundary

TOOLS

- · Measuring Tape
- · Utility Knife
- · Saw
- · Dvill
- · Caulk Gun
- · Spray Foam Gun

MATERIALS

- · Extruded Polystyrene (XPS)
- · Plywood
- · Gypsum Board
- · Lumber
- · Mechanical Fasteners
- · Caulk
- · I-Part Spray Foam
- · Mastic







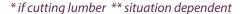














8-2 AIR SEAL BENEATH THE KNEE WALL



1. After clearing away debris, measure gap below knee wall in line with pressure boundary



2. Cut blocking material (XPS, wood, gypsum board) to fit gap



3. Securely fit infill or blocking material in place

NOTES



4. Ensure blocking material is located in line with preferred pressure boundary



5. Seal continuously around blocking material to preserve pressure boundary

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8-3 INSULATE AN ATTIC KNEE WALL WITH BATTS

Aligns with SWS 4.0104.2, 4.0104.3





TOOLS

- · Measuring Tape
- · Utility Knife
- · Staple Gun

BEFORE

X Air sealed knee walls are ready for insulation

AFTER

Once insulated, this knee wall provides a continuous, contiguous, safe, and compliant thermal boundary that prevents air movement

MATERIALS

- · Fiberglass Batts
- · Staples
- · Nylon Strap
- · Mechanical Fasteners
- · House Wrap
- · Radiant Barrier

PPE















^{*} situation dependent



8-3 INSULATE AN ATTIC KNEE WALL WITH BATTS



1. Measure cavities



2. Cut batts for exact fit



3. Install batts with minimal compression



4. Install backing material

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NOTES



8-5 INSULATE AN ATTIC KNEE WALL WITH BLOWN INSULATION

Aligns with SWS 4.0104.1





TOOLS

- · Measuring Tape
- · Utility Knife
- Drill
- · Staple Gun
- · Hole Saw
- · Insulation Machine

BEFORE

X Air sealed knee walls are ready for insulation

AFTER

Once insulated, this knee wall provides a continuous, contiguous, safe, and compliant thermal boundary that prevents air movement

MATERIALS

- · Extruded Polystyrene (XPS)
- · Gypsum Board
- · House Wrap
- · Radiant Barrier
- · Mechanical Fasteners
- · Furring Strips
- · Loose Fiberglass Insulation

PPE













* situation dependent

Tools and materials listed are only recommendations and may not include everything needed to complete the job. "After" photo credit: Home Insulation of Syracuse



8-5 INSULATE AN ATTIC KNEE WALL WITH BLOWN INSULATION



1. Securely install backing material over entire knee wall



2. Cut holes in backing material to allow access to all cavities



3. Blow insulation into cavities to meet dense-pack standards



4. Fill all cavities



5. Replace access hole plugs in backing material, if possible



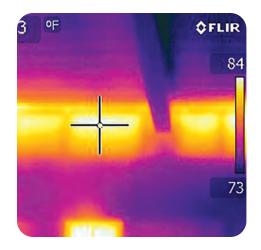
6. Seal access holes permanently and completely

NOTES



9-1 DENSE-PACK A SIDEWALL VIA EXTERIOR BLOW

Aligns with SWS 4.0202.1





BEFORE

X Walls that are missing insulation or underinsulated are an opportunity for energy savings

AFTER

✓ When properly insulated, walls will allow minimal heat and air transfer

TOOLS

- · Measuring Tape
- · Utility Knife
- · Pry-Bar
- · Siding Remover
- · Hole Saw
- · Dvill
- · Insulation Machine

MATERIALS

- · Plastic Sheeting
- · Painters Tape
- · Loose Cellulose or Fiberglass Insulation
- · Plugs
- · Caulk
- · I-Part Spray Foam
- · Mechanical Fasteners

PPE















Tools and materials listed are only recommendations and may not include everything needed to complete the job.



9-1 DENSE-PACK A SIDEWALL VIA EXTERIOR BLOW



1. Protect work area from debris and dirt



2. Ensure balloon-framed walls are blocked at top and bottom



3. Ensure wall integrity is complete (no holes)



4. Remove siding as needed



5. Drill holes as required based on building frame design and exterior materials



6. Fill cavities completely and to proper density



9-1 DENSE-PACK A SIDEWALL VIA EXTERIOR BLOW



7. If possible, ensure all cavities are filled before completing job



8. Patch holes



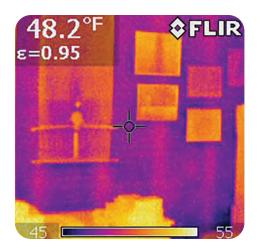
9. Replace and/or repair siding

NOTES



9-2 DENSE-PACK A SIDEWALL VIA INTERIOR BLOW

Aligns with SWS 4.0202.1





TOOLS

- · Measuring Tape
- · Utility Knife
- · Hole Saw
- · Dvill
- · Insulation Machine
- · Infrared Camera

BEFORE

X Older houses often are lacking in insulation

AFTER

✓ Inconspicuous capped, patched, or covered holes are the ideal

MATERIALS

- · Plastic Sheeting
- · Loose Cellulose or Fiberglass Insulation
- · Gypsum Board
- · Joint Compound
- · Caulk
- · Mechanical Fasteners
- · Chair Rail
- · Plugs
- · Painters Tape

PPE













9-2 DENSE-PACK A SIDEWALL VIA INTERIOR BLOW



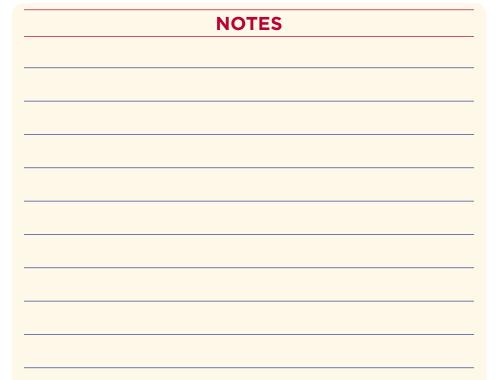
1. Protect work area from debris and dust



2. Ensure balloon-framed walls are blocked at top and bottom



3. Ensure wall integrity is complete (no holes)





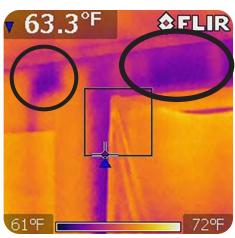
4. Drill holes as required based on building design



9-2 DENSE-PACK A SIDEWALL VIA INTERIOR BLOW



5. Fill cavities completely and to proper density



6. If possible, ensure all cavities are filled before completing job (note: dark areas were missed)



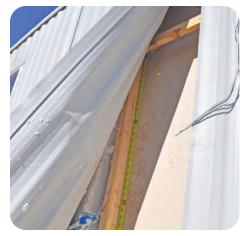
7. Patch holes. Use chair rail if preferred.

NOTES	



10-1 INSULATE MANUFACTURED **HOME SIDEWALLS WITH BATTS**

Aligns with SWS 4.0202.3





TOOLS

- · Dvill
- · Measuring Tape
- · Utility Knife
- · Batt Stuffer

BEFORE

X Manufactured housing sidewalls present a unique challenge when it comes to insulation

AFTER

Properly installed insulation will have no gaps and compressed as little as possible

MATERIALS

- · Wrapped Fiberglass Batts
- · Mechanical Fasteners

PPE











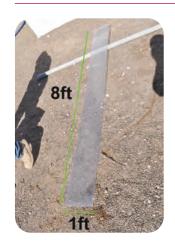


* situation dependent



10-1 INSULATE MANUFACTURED HOME SIDEWALLS WITH BATTS

BEFORE YOU BEGIN





Prepare insulation stuffer, if necessary



1. Remove siding as needed, starting from bottom and taking note of any obstacles that may compress insulation



2. Measure cavity size



3. Plastic-wrapped fiberglass batts provide both insulation value and vapor retarder for unsealed cavities



4. Cut batt to length for cavity



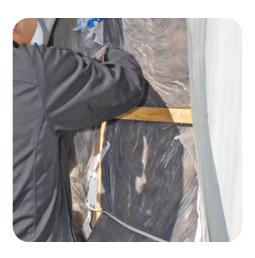
10-1 INSULATE MANUFACTURED HOME SIDEWALLS WITH BATTS



5. Fold batt over end of insulation stuffer



6. Insert batt into cavity, sliding under top belt rail to top of cavity, and ease stuffer back out to allow batt to fill in space



7. Gently tug batt into place and tuck remaining batt under lower belt rail and fit down to bottom of cavity with minimal compression



8. Reinstall siding



9. Reattach mechanical fasteners

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10-2 INSULATE MANUFACTURED **HOME SIDEWALLS WITH BLOWN INSULATION**

Aligns with SWS 4.0202.4, 4.0202.5





TOOLS

- · Dvill
- · Insulation Machine

BEFORE

X Older manufactured housing is often lacking insulation since it did not have to be built to a particular jurisdiction's codes

AFTER

✓ When properly insulated, siding will not bulge or be dented from installation

MATERIALS

- · Loose Fiberglass Insulation
- · Mechanical Fasteners

PPE













* situation dependent



10-2 INSULATE MANUFACTURED HOME SIDEWALLS WITH BLOWN INSULATION



1. Ensure the integrity of the wall to be insulated, both from exterior and interior



2. Remove siding as needed, from the bottom



3. Fill cavity with blown insulation, ensuring to get past belt rails and electrical



4. Reinstall siding



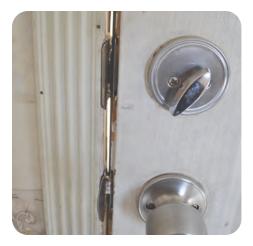
5. Be prepared to adapt insulation strategy dependent upon exterior materials

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11-1 INSTALL WEATHERSTRIPPING ON AN EXTERIOR DOOR

Aligns with SWS 3.0202.1





TOOLS

- · Tape Measure
- · Snips
- · Drill with Appropriate Bits

BEFORE

X Daylight visible around an exterior door indicates air infiltration

AFTER

FINAL CHECKLIST

- Door closes and opens easily
- ✓ Weatherstrip makes a good seal with the door
- ✓ Weatherstrip does not get flattened in a way that will lead to damage when used

MATERIALS

· Weatherstripping

PPE









11-1 INSTALL WEATHERSTRIPPING ON AN EXTERIOR DOOR



1. Measure doorway for weatherstripping



2. Measure door top or bottom as well for weatherstripping and potential door bottom or sweep



3. Notch upper ends of side weatherstripping to allow for top piece



4. Fit weatherstripping snugly into rabbet, if one exists, and against other pieces



5. Fasten weatherstripping securely when no rabbet exists

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11-2 INSTALL A DOOR SWEEP OR DOOR BOTTOM ON AN **EXTERIOR DOOR**

Aligns with SWS 3.0202.1





TOOLS

- · Measuring Tape
- · Metal Snips
- · Saw
- · Dvill
- · Caulk Gun

BEFORE

X Air and water can come in under doors when there is no door bottom or sweep

AFTER

FINAL CHECKLIST

- Ensure a good seal to prevent air infiltration
- Ensure unimpeded door operation

NOTES

Door bottoms commonly are installed on new

doors, those that have

wooden thresholds, or to

replace older existing

door bottoms.

For houses with a

rubber threshold,

door sweeps are more

common.

MATERIALS

· Mechanical Fasteners

· Caulk

PPE











11-2 INSTALL A DOOR SWEEP OR DOOR BOTTOM ON AN EXTERIOR DOOR

STEPS 1-3: FOR DOOR SWEEP AND DOOR BOTTOM



1. Measure width of door and ensure that door sweep is appropriate length



2. Adjust threshold to ensure that it is seated tightly



3. Apply caulk to threshold at floor on interior, and exterior if possible, to minimize water intrusion

STEPS 4-6: FOR DOOR SWEEP



4. Install door sweep on interior face of door, centering on door face



5. Attach door sweep using mechanical fasteners



6. Evenly place mechanical fasteners along entire length of door sweep



11-2 INSTALL A DOOR SWEEP OR DOOR BOTTOM ON AN EXTERIOR DOOR

STEPS 4-8: FOR DOOR BOTTOM



4. With threshold adjusted, measure door opening height



5. Remove door from opening if height of door needs to be shortened to make room for door bottom



6. Trim door, if possible, to ensure good fit of door bottom



7. Trim sweep to match width of door



8. Ensure that door bottom sits tight against the door and reinstall door

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12-1 AIR SEAL SILL PLATE **AND RIM JOIST**

Aligns with SWS 3.0104.1





TOOLS

- · Spray Foam Gun
- · Caulk Gun

BEFORE

X Air movement around sill plates and near rim joists needs to be addressed before insulating

AFTER

✓ Once air sealed, the cavity is ready for insulation

MATERIALS

- · 1-Part Spray Foam
- · Backer Rod
- · Machine Mesh
- · Steel Wool
- · Caulk

NOTES

PPE















12-1 AIR SEAL SILL PLATE AND RIM JOIST



1. For exterior holes larger than 1/4 inch, steel wool or other pest blocking material before sealing



2. Cut backing material to fill space



3. Seal over to hold backing material in place and air seal



4. Seal penetrations on subfloor as well, looking out not only for current electrical and plumbing, but also vacated holes



5. Push sealant into seams where framing members meet



6. Create a continuous seal on all seams



12-2 INSULATE RIM JOIST

Aligns with SWS 4.0401.2, 4.0401.3





TOOLS

- · Measuring Tape
- · Utility Knife
- · Spray Foam Gun
- · Caulk Gun
- · Dvill

BEFORE

Basement and crawlspace rim joists must be addressed when part of the thermal boundary

AFTER

✓ Foam products require a thermal barrier or coating, such as 1/2-inch gypsum board, to separate them from permanently habitable spaces

MATERIALS

- Polyisocyanurate
 Foam Board
- Plastic-Wrapped
 Fiberglass Batts
- Extruded Polystyrene (XPS)
- · I-Part Spray Foam
- · Gypsum Board
- Mechanical Fasteners
- · Caulk



* if using two-part



12-2 INSULATE RIM JOIST



 Measure each individual cavity to be insulated and take note of obstacles for insulation



2. Cut insulation, either rigid foam board or wrapped batts, for each individual cavity



3. Ensure space is filled with no gaps or misalignment, and insulation tight to rim joist

NOTES

As long as foam is not over 3.25 inches thick and space is not permanently habitable, insulation does not need to be covered by thermal barrier.

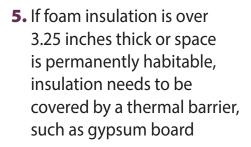


4. Ensure insulation is secured in place and will not move over time



12-2 INSULATE RIM JOIST







6. When using wrapped or faced batts, ensure facing is to the conditioned side of the cavity and that batt is uncompressed



7. Seal edges of the wrap or facing to surrounding surface to ensure a continuous barrier

NOTES
-



12-3 INSULATE BASEMENT WALLS IN CONDITIONED SPACE

Aligns with SWS 4.0402.4, 4.0402.5



BEFORE

X An uninsulated wall in a "conditioned" space allows the loss of conditioned air



AFTER

✓ A sealed continuous air barrier finishes off an insulated basement wall, providing air sealing and thermal comfort

TOOLS

- · Caulk Gun
- · Spray Foam Gun
- · Metal Snips
- · Measuring Tape
- · Utility Knife
- · Dvill
- · Staple Gun
- · Taping Knife
- · Mudding Trowel

MATERIALS

- · Backer Rod
- · Metal Lath
- · I-Part Spray Foam
- · Caulk

- · Fiberglass Kraft-Faced Batts
- · Extruded Polystyrene (XPS)
- · Staples
- · Gypsum Board

- · Luan
- · Mechanical Fasteners
- · Joint Compound
- · Joint Tape

PPE











12-3 INSULATE BASEMENT WALLS IN CONDITIONED SPACE



1. Check wall for penetrations and seal as needed



2. Check wall for water intrusion that needs to be mitigated first. All bulk sources of moisture should be directed away from the foundation walls



3. If insulation has vapor retarder on only one side, install it facing the conditioned space



4. Install insulation to prescribed R-value in full contact with the entire perimeter of foundation wall from ceiling to floor



5. Install a sealed air barrier on the conditioned side of the insulation. When using foam, gypsum board must be at least 1/2 inch to meet building codes for a thermal barrier

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12-4 INSULATE CONDITIONED **CRAWLSPACE WALL**

Aligns with SWS 4.0402.2





TOOLS

- · Measuring Tape
- · Utility Knife
- Drill
- · Spray Foam Gun

BEFORE

X Unvented crawlspaces are sometimes considered to be part of the conditioned space, so the walls need insulation

AFTER

FINAL CHECKLIST

- Insulation is or has class II vapor retarder
- ✓ Vapor retarder faces conditioned space
- Insulation laps underneath ground vapor retarder at foundation wall

MATERIALS

- · Polyisocyanurate Foam Board
- · Nylon Fasteners





















* if using two-part



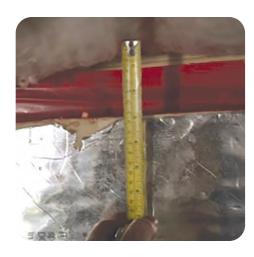
12-4 INSULATE CONDITIONED CRAWLSPACE WALL



1. Use a fire-rated material



2. Attach insulation in a durable manner



3. Leave a 3-inch termite inspection gap between the bottom of the sill plate at the top of the insulation, if needed

NOTES



13-1 AIR SEAL SMALL PENETRATIONS IN A SUBFLOOR

Aligns with SWS 3.0101.1, 3.0104.1



Many types of caulks and sealants will easily span and seal a 1/4-inch gap



One-part spray foams can also span up to 3 inches to create an air seal

TOOLS

- · Caulk Gun
- · Spray Foam Gun
- · Utility Knife

MATERIALS

- · Caulk Sealant
- · I-Part Spray Foam
- · Backer Rod

PPE















13-1 AIR SEAL SMALL PENETRATIONS IN A SUBFLOOR



1. For small penetrations, caulk or sealant is often enough to seal the gap



2. Use a backer rod or other infill material when sealing a gap larger than 1/4 inch with caulk



3. Seal over the backer rod to establish the air seal



4. Spray foam can also be used in areas with slightly larger penetrations

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13-2 AIR SEAL LARGE PENETRATIONS IN A SUBFLOOR

Aligns with SWS 3.0101.1, 3.0104.1





TOOLS

- · Measuring Tape
- · Utility Knife
- Drill
- · Spray Foam Gun
- · Caulk Gun

BEFORE

X Larger penetrations in the subfloor, especially plumbing chases, need to be air sealed

AFTER

Depending on the size of the gap, one-part spray foam or a combination of infill material and foam or caulk can be used

MATERIALS

- · One-Part Spray Foam
- · Caulk
- · Mechanical Fasteners
- · Extruded Polystyrene (XPS)

PPE

















13-2 AIR SEAL LARGE PENETRATIONS IN A SUBFLOOR



1. One-part spray foam expands to fill large holes, but needs support for holes over 5 inches



2. For larger holes, rigid infill material is needed



3. Cut rigid infill with attention to locations of pipes and electrical

NOTES



4. Secure rigid infill in place and seal smaller gaps around infill with appropriate materials



5. Use appropriate materials for high-temperature locations, such as around flues and chimneys



13-3 AIR SEAL BALLOON FRAMING AT SUBFLOOR

Aligns with SWS 3.0101.1, 3.0102.4





AFTER

Securely sealing off stack effect

TOOLS

- · Measuring Tape
- · Utility Knife
- · Saw
- · Dvill
- · Spray Foam Gun
- · Caulk Gun
- · Chip Brush

MATERIALS

- · Extruded Polystyrene (XPS)
- · Expanded Polystyrene (EPS)
- · Gypsum Board
- · Lumber
- · Mechanical Fasteners
- · 1-Part Spray Foam
- · Mastic
- · Caulk

BEFORE

X Balloon-framed walls have an open cavity that runs from the basement to the attic, allowing for large amounts of air flow via

these cavities prevents air movement, as well as providing a barrier to hold in insulation and providing fire blocking

PPE



















13-3 AIR SEAL BALLOON FRAMING AT SUBFLOOR



1. Measure opening



2. Cut blocking material to fit



3. Seal all edges with caulk, foam or mastic

NOTES					
Spray foam will not be used in spaces that will be exposed to habitable living					
space.					



14-1 INSULATE A SUBFLOOR WITH BATTS ABOVE UNCONDITIONED SPACE

Aligns with SWS 4.0301.1, 4.0301.6, 4.0302.1





TOOLS

- · Measuring Tape
- · Utility Knife
- Dvill

BEFORE

X Uninsulated, unconditioned spaces drive down the energy efficiency of HVAC systems

AFTER

FINAL CHECKLIST

- ✓ Vapor retarder faces warm side of floor
- Consistent cover across subfloor

MATERIALS

- · Kraft-Faced Fiberglass Batts
- · Strapping
- · Netting
- · Rigid Barrier Such as Extruded Polystyrene (XPS)
- · Mechanical Fasteners

PPE











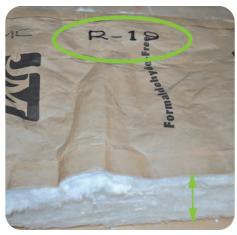




14-1 INSULATE A SUBFLOOR WITH BATTS ABOVE UNCONDITIONED SPACE



1. Ensure air sealing is complete



2. Insulation R-value matches work order



3. Batt vapor retarder faces warm side of floor



4. Batts installed with no gaps

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14-1 INSULATE A SUBFLOOR WITH BATTS ABOVE UNCONDITIONED SPACE



5. Batts are in good contact with subfloor



6. Batts held in place with physical fasteners, with minimal compression



7. In areas where exposure to outside elements or vermin may be a concern, such as cantilevered or exposed floors, a rigid barrier is an extra layer of protection

NOTES			



Aligns with SWS 4.0301.2, 4.0301.3, 4.0301.4, 4.0302.2, 4.0302.3

BEFORE YOU BEGIN



Uninsulated, unconditioned spaces drive down the energy efficiency of **HVAC** systems

Description /Comment

Floor Insulation - Loosefill + Rigid Barrier - R-19

Floor Insulation - Loosefill + Rigid Barrier - R-19

Floor Insulation - Loosefill + Rigid Barrier - R-19

Review work order to verify if dense-pack or loose fill is required. Netting a subfloor will mean loose fill, but a rigid barrier can mean either.

TOOLS

- · Measuring Tape
- · Utility Knife
- Scissors
- · Caulk Gun
- · Insulation Machine
- · Pressure Gauge
- · Hole Saw

MATERIALS

- · Netting
- · Rigid Barrier Such as Extruded Polystyrene (XPS)
- · Staples
- · Mechanical Fasteners
- · Caulk
- · Cellulose or Fiberglass Loose Insulation

PPE















1. Verify all air sealing and prep work is complete



2. Attach rigid barrier to cover entire cavity



3. Seal seams between sheets of rigid material to prevent air movement and insulation leakage



4. Cut an access hole into each cavity of the floor, large enough for fill tube



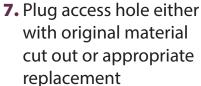
5. Use appropriate fill tube to correspond with work order requirements



6. Fill cavity completely to density required by work order





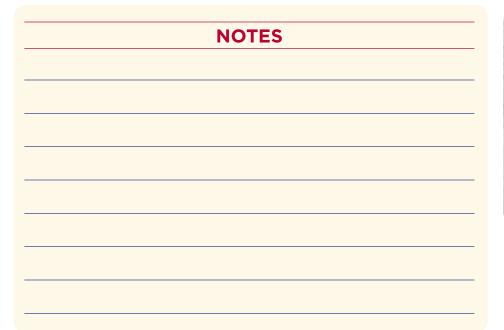




8. Seal around plug to keep it secure and air tight



9. For work orders that require netting, secure a smooth layer of netting across the bottom of floor joists





10. Keep staples close together





11. Cover the entire cavity to ensure continuous insulation coverage and prevent insulation from blowing out the ends



12. Cut access hole for fill tube



13. Loose fill netting to required density



14. Ensure insulation coverage is even and continuous throughout floor cavities

NOTES



15-1 INSULATE A MANUFACTURED HOME BELLY

Aligns with SWS 4.0302.9, 4.0302.1, (3.0102.5, 3.0102.6, 3.0102.7)

BEFORE YOU BEGIN



CHECKLIST

- Air and duct sealing complete
- ✓ Electrical/plumbing issues fixed
- Belly board repaired/replaced

TOOLS

- · Measuring Tape
- · Utility Knife
- · Dvill
- · Insulation Machine
- · Pressure Gauge
- · Saw

MATERIALS

- · Belly Wrap
- · Belly Board
- · Caulk
- · Mechanical Fasteners
- · Mastic
- · I-Part Spray Foam
- · Extruded Polystyrene (XPS)

PPE















15-1 INSULATE A MANUFACTURED HOME BELLY



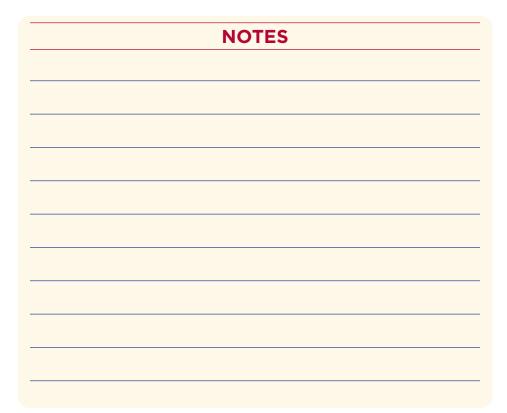




1. Remove old insulation and make repairs as needed

2. Attach new belly wrap

3. Seal seams of belly wrap





4. Cut access holes to ensure entire cavity will receive continuous and consistent insulation



15-1 INSULATE A MANUFACTURED HOME BELLY

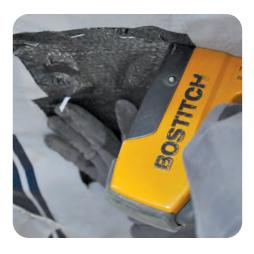


5. Fill entire belly cavity to prescribed R-value



6. Apply waterproof, permanent adhesive to patch for belly wrap, with patch sized at least 3 inches larger than hole

in barrier



7. Stitch staple patch to ensure permanent adhesion

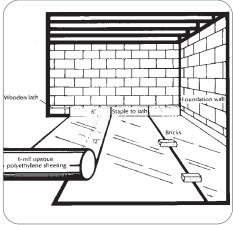
NOTES



16-1 INSTALL A CRAWLSPACE VAPOR RETARDER

Aligns with SWS 2.0202.1, 2.0202.2, 2.0202.3, (3.0104.1)





TOOLS

- · Utility Knife
- · Measuring Tape
- · Caulk Gun

BEFORE

Moisture and resultant mold issues in crawlspaces can cause extensive damage to floor assemblies and foundations

AFTER

✓ A well-installed vapor retarder helps to minimize ground moisture vapor and soil gas, such as radon

MATERIALS

- · 6 Mil Plastic Sheeting
- Durable Adhesive
 Tape
- · Furring Strips
- Mechanical Fasteners
- · Ballast
- · Sealant

PPE











16-1 INSTALL A CRAWLSPACE VAPOR RETARDER



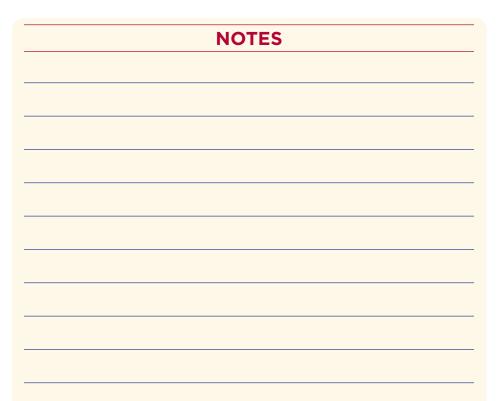
1. Clear out storage and debris



2. Select appropriate materials



3. Spread out plastic as flat as possible





4. Extend plastic a minimum of 6 inches up walls, piers and columns



16-1 INSTALL A CRAWLSPACE VAPOR RETARDER



5. Use a minimum 12" reverse shingle overlap and tape seams



6. Plastic needs to be fastened in durable way: e.g. tape, sealant, screws



7. Use ballast to hold down vapor retarder

NOTES				



16-2 REPAIR AN EXISTING CRAWLSPACE VAPOR RETARDER

Aligns with SWS 2.0202.1, 2.0202.2, 2.0202.3, (3.0104.1)





TOOLS

- · Utility Knife
- · Measuring Tape
- · Caulk Gun

BEFORE

Improperly installed and damaged vapor retarders do not prevent moisture and resultant mold issues in crawlspace

AFTER

✓ A well-installed vapor retarder helps to minimize ground moisture vapor and soil gas, such as radon

MATERIALS

- · 6-Mil Plastic Sheeting
- Durable Adhesive Tape
- · Furring Strips
- Mechanical Fasteners
- · Ballast
- · Sealant

PPE











16-2 REPAIR AN EXISTING CRAWLSPACE VAPOR RETARDER



1. When repairing along the ground, ensure seams overlap uphill in a reverse shingle pattern



2. Overlap seams by at least 12 inches



3. Spread out plastic as flat as possible



4. Plastic needs to be fastened in durable way: e.g. tape, sealant



5. Ensure plastic extends a minimum of 6 inches up walls, piers and columns and is securely attached

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Tools and materials listed are only recommendations and may not include everything needed to complete the job.



17-1 VENT A CLOTHES DRYER

Aligns with SWS 6.0202.1, (6.0101.1, 6.0101.2)





TOOLS

- · Metal Snips or Grinder
- · Flathead Screwdriver
- · Utility Knife

BEFORE

X Dryer vents with long bumpy runs create a fire hazard

AFTER

✓ When properly vented, dryers run more efficiently, are safer, and last longer

MATERIALS

- · 28-Gauge Rigid or Semi-Rigid Metal Ducting
- · Worm-Drive Clamps
- · Backdraft Damper
- · Duct Insulation
- · Foil Tape

PPE



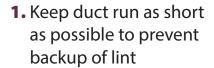


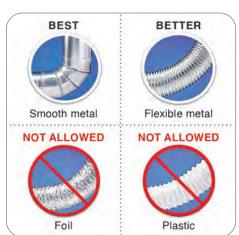




17-1 VENT A CLOTHES DRYER



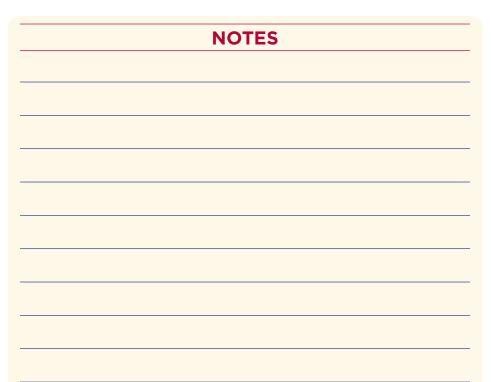




2. Duct material is metal rigid or semi-rigid



3. Correct fasteners are used (no screws penetrating into duct)





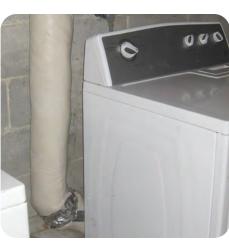
4. Duct terminates to outside, at a downward slope when possible



17-1 VENT A CLOTHES DRYER



5. Termination has backdraft damper and no cage



6. Duct in uninsulated space is insulated



7. If duct run must exceed 35 feet, install booster fan

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Tools and materials listed are only recommendations and may not include everything needed to complete the job.



18-1 INSTALL EXHAUST FAN FLEX DUCT (BATH FAN ONLY)

Aligns with SWS 6.0101.1, 6.0101.2, 6.0201.1





TOOLS

- · Measuring Tape
- · Utility Knife
- · Zip Tie Tensioner
- · Dvill

BEFORE

Exhausting moisture from bath fans into the attic or crawlspace can cause mold and rot in building materials

AFTER

✓ Bath fans must exhaust to the exterior of the home

MATERIALS

- Flex Ducting with R-8 Insulation (unless ducting will be buried in insulation)
- · Zip Ties
- · Support Strapping
- · Mechanical Fasteners

PPE



* if going in attic



18-1 INSTALL EXHAUST FAN FLEX DUCT (BATH FAN ONLY)



1. Ensure proper connection of duct to bath fan



2. Ensure flex ducting runs smoothly with no kinks or u-turns



3. Create the shortest run possible to an exterior termination and provide adequate support as needed without compressing the duct

NOTES



18-2 INSTALL A HARD-DUCTED EXHAUST VENT

Aligns with SWS <u>6.0101.1</u>, <u>6.0101.2</u>, <u>6.0201.1</u>, <u>6.0201.2</u>



BEFORE

Kitchens and bathrooms must be ventilated to control moisture, vapor, and combustion gases

TOOLS

- · Measuring Tape
- · Hole Saw
- · Dvill
- · Caulk Gun

AFTER

KITCHEN CHECKLIST

- ✓ Located within 5 feet of primary cooking surface
- ✓ At least 100 cfm but not more than 3 sones
- ✓ Efficacy of 2.8 cfm/watt or more

BATHROOM CHECKLIST

- ✓ Located in center of room
- ✓ At least 50 cfm but not more than 2 sones
- ✓ Efficacy of 4 cfm/watt or more

MATERIALS

- · Mastic
- · Brush
- · Foil Tape
- · Duct Insulation
- · 28-Gauge Ducting
- · Vent Termination
- · Caulk

PPE



* if going in attic **weather dependent if going in attic



18-2 INSTALL A HARD-DUCTED EXHAUST VENT



1. Fasten rigid duct using three equally spaced screws



2. Keep duct run as short as possible with few turns, and run to exterior – either via roof or sidewall



3. Seal all joints with mesh and mastic or foil tape

NOTES				



4. Completely seal joints



18-2 INSTALL A HARD-DUCTED EXHAUST VENT



5. Locate exterior vent based on duct run and size hole less than 1/2 inch larger than duct



6. Chose appropriate exterior termination to match size of duct while minimizing water intrusion and pest infestation. Seal around exterior termination as needed



7. Ducting that runs through unconditioned space will be insulated to R-8

NOTES



Aligns with SWS <u>5.0106.1</u>, <u>6.0101.2</u>, <u>6.0101.3</u>, (<u>5.0105.1</u>, 5.0105.2, 5.0105.3)



CHECKLIST

- Ensure ducts are properly connected
- Ensure ducts are properly supported

TOOLS

- · Dvill
- · Zip Tie Tensioner
- · Caulk Gun

MATERIALS

- · Mastic
- · Fiberglass Mesh Tape
- · Chip Brush
- · Mechanical Fasteners
- 26-Gauge
 Metal Sheeting

- Duct or Electrical Tape (for temporary use)
- · Flexible Caulking
- · Butyl Tape

NOTES

Mastic alone can be used for gaps <1/8-inch, when gap is located more than 10 inches from air handler and static pressure is less than 1 iwc.

PPE

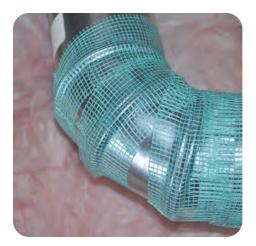


* location dependent **weather dependent

Tools and materials listed are only recommendations and may not include everything needed to complete the job.



METHOD A - FOR SMALL GAPS (LESS THAN 1/4 INCH) INCLUDING ALL JOINTS, SEAMS, AND CRACKS IN DUCT SYSTEM



A-1. Apply fiberglass mesh tape over all gaps, seams, joints, etc.



A-2. Apply mastic over all mesh tape and all gaps, seams, joints, etc.

NOTES



METHOD B - FOR MEDIUM GAPS (1/4-3/4 INCH) SUCH AS MINOR HOLES AND PENETRATIONS IN DUCT SYSTEM



B-1. Small holes and penetrations require one additional step



B-2. Apply temporary tape as a backer to hold mastic



B-3. Apply mastic over the tape



B-4. Push fiberglass mesh into the mastic



B-5. Apply additional mastic over mesh and tape, extending at least 1 inch past edges of tape in all directions

NOTE	ES
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Tools and materials listed are only recommendations and may not include everything needed to complete the job.



METHOD C - FOR LARGER GAPS OR HOLES (OVER 3/4 INCH)



C-1. Larger holes require a different process



C-2. Cut patch that will extend over entire gap or hole and affix with mechanical fasteners



C-3. Apply mastic over edges and fasteners of patch and push fiberglass mesh into it



and seam in all directions

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4. Apply additional mastic over mesh, extending	
at least 1 inch past tape	



METHOD D - FOR CONNECTIONS BETWEEN DUCT BOOT AND SURFACE



D-1. Often, holes for duct boots are cut too large and leave gaps around the boot as a path for air leakage



D-3. Apply fiberglass mesh tape bridging from duct boot interior to surface, taking care not to extend past what will be covered by register



D-2. Clean the area around the duct boot to allow for better adhesion of fiberglass mesh tape



D-4. Apply mastic over mesh tape and allow to dry completely before reinstalling register

NOTES

In Arizona, caulk may
be used in place of
mastic when sealing
a duct boot to drywall,
in which case these
steps are unnecessary.



METHOD E - AT THE AIR HANDLER



E-1. Ensure that filter slot cover is removable so that occupant can change filter as needed, but does not allow for bypass air around air filter



E-2. Seal unnecessary holes in air handler cabinet with butyl tape

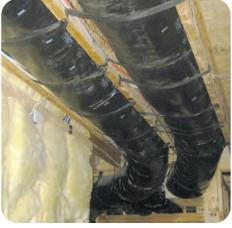
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20-1 INSULATE HARD PIPE DUCTS

Aligns with SWS 5.0107.1, (6.0202.1)





TOOLS

- · Measuring Tape
- · Utility Knife

BEFORE YOU BEGIN

VERIFY DUCTS ARE:

- ✓ Connected properly
- ✓ Supported properly
- ✓ Air-sealed properly

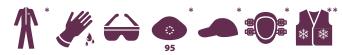
AFTER

Well-supported and uniformly-insulated ducts perform at higher efficiency

MATERIALS

- Duct Insulation (min R-8) with Exterior Vapor Retarder
- · UL-181 Tape
- · Twine
- · Zip Ties

PPE



* location dependent **weather dependent

Tools and materials listed are only recommendations and may not include everything needed to complete the job.



20-1 INSULATE HARD PIPE DUCTS



1. Layer insulation around duct, fitting between duct and construction members as necessary and able



2. Tape joints to secure insulation in place



3. Insulation will not be compressed



4. Tape around circumference of duct at regular intervals



5. Twine or zip ties can also be used to offer additional support for insulation – but need not to cause compression on the insulation

NOTES	N	0	T	Ε	S
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Tools and materials listed are only recommendations and may not include everything needed to complete the job.



20-2 INSULATE FLEX DUCTS

Aligns with SWS 5.0107.1, 5.0105.2





TOOLS

- · Measuring Tape
- · Utility Knife
- · Zip Tie Tensioner

BEFORE YOU BEGIN

VERIFY DUCTS ARE:

- ✓ Connected properly
- ✓ Supported properly
- ✓ Air-sealed properly

AFTER

Ducts in unconditioned spaces require a minimum R-8 insulation. If exposed to the exterior, R-12.

MATERIALS

- Duct Insulation (min R-8) with Exterior Vapor Retarder
- · UL-181 Tape
- · Twine
- · Zip Ties

PPE



* location dependent **weather dependent



20-2 INSULATE FLEX DUCTS



1. Secure duct liner to hard connections with zip tie and tensioner tool



2. Pull insulation over hard connections as needed



3. Secure vapor retarder layer at boots



4. Seal new joints

N	U	•	3	



20-3 INSULATE SUPPLY BOOTS

Aligns with SWS 5.0107.1





X Exposed duct boots are a prime location for energy loss

BEFORE YOU BEGIN

Ensure ducts are:

- Properly connected
- ✓ Properly supported
- Properly air-sealed

TOOLS

- · Measuring Tape
- · Utility Knife
- · Zip Tie Tensioner

MATERIALS

- · R-8 Minimum Flex Duct insulation
- · Duct Insulation with Vapor Retarder
- · Water Heater Blanket with Vapor Retarder
- · Zip Ties
- · Twine
- · Spray Adhesive
- · Mastic
- · UL 181 Fiberglass Mesh Tape

PPE















20-3 INSULATE SUPPLY BOOTS



1. Insulate all exposed metal of the boot



2. Ensure a complete vapor barrier by sealing all seams with mastic

NOTES

- R-8 minimum for ducts
 in unconditioned
 spaces.
- R-12 minimum for
 ducts exposed to
 outside elements.



Aligns with SWS 5.0107.1



BEFORE

plenums left uninsulated

unconditioned spaces

allow for energy loss

X Return and supply

with contact to

AFTER

FINAL CHECKLIST

- ✓ Ducts are connected properly
- ✓ Ducts are supported properly
- Ducts are air-sealed properly

TOOLS

- · Measuring Tape
- · Utility Knife

MATERIALS

- · R-8 Minimum Duct Insulation
- · Spray Adhesive
- · Twine
- · Mechanical Fasteners
- · Extruded Polystyrene
- · Gypsum Board
- · Mastic
- · UL-181 Mesh Tape
- · Butyl Tape

PPE

















1. Cover any unnecessary holes in the air handler cabinet



2. Check return cavities inside building envelope to ensure they are sealed off from unconditioned spaces



3. Patch holes in ducts and plenum with appropriate materials (see 19-1 Seal Ducts with Mastic)

NOTES

Expanded Polystyrene (EPS) is not appropriate for use in high-temperature areas -- particularly inside framed return platforms.



4. Prepare plenum by removing any residue from old insulation





5. Measure insulation to take maximum advantage of large sheets of duct insulation



6. Cut to size for area to be covered. Insulate all exposed metal of the plenum



8. Ensure clean surface for adhesion at overlap seam



NOTES

9. Spray adhesive over area where piece will be installed



7. To ensure a complete vapor barrier, trim insulation from vapor barrier to create overlap flap for seams, or tape seams with UL-181 tape





10. Ensure smooth and unrippled adhesion of insulation to metal of plenum



11. Spray adhesive along vapor retarder at seam to seal closed



12. Ensure overlapping flap securely adhesed to the lower layer to maintain complete vapor barrier, or tape seams with UL-181 tape



13. Support insulation to prevent movement over time, securing in place without puncturing vapor retarder

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21-1 WINDOW INSTALLATION

Aligns with SWS 3.0201.9





TOOLS

- · Measuring Tape
- · Utility Knife
- · Dvill
- · Spray Foam Gun
- · Vaccuum

BEFORE

X Single pane aluminumframe windows offer little to no thermal break from outdoors

AFTER

FINAL CHECKLIST

- ✓ Window opens and closes properly
- ✓ All exterior edges are air-sealed
- ✓ Water will flow away from window

MATERIALS

- · Plastic Sheeting
- · Shims
- · Flashing Tape
- · Mechanical Fasteners
- · Backer Rod
- · I-Part Spray Foam

NOTES

Check file for age of house and complete any required lead testing before work begins.

PPE









21-1 WINDOW INSTALLATION



1. Measure window to be replaced



2. Remove existing window



3. Clean up sash or jam and repair any issues



4. Replace flashing as needed



5. Dry fit window



6. Level the window using shims and secure with mechanical fasteners



NOTES

21-1 WINDOW INSTALLATION



7. Ensure window is operational



8. Caulk all exterior edges



9. Insulate and seal rough opening with backer rod and/or spray foam



10. Replace trim



21-2 DOOR INSTALLATION

Aligns with SWS 3.0202.2





BEFORE

In rare cases, doors are too damaged to be retrofitted and must be replaced

AFTER

FINAL CHECKLIST

- ✓ Weatherstrip and door bottom installed
- ✓ Door opens and closes properly
- ✓ All exterior trim is caulked
- ✓ Water will flow away from the door

NOTES

Check file for age of house and complete any required lead testing before work begins.

PPE



TOOLS

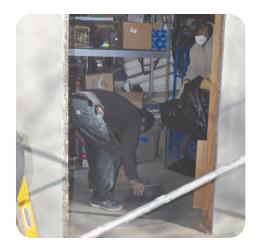
- Measuring Tape
- · Utility Knife
- · Saw
- · Dvill
- · Level
- · Caulk Gun
- · Spray Foam Gun
- · Jamb Saw

MATERIALS

- · Lumber
- · Shims
- Mechanical
 Fasteners
- · Adhesive
- · I-Part Spray Foam
- · Caulk
- · Insulation
- · Weatherstrip
- · Door Bottom
- · Lock set



21-2 DOOR INSTALLATION



1. Remove old door and clear away debris



2. Measure opening and ensure that the door on location is the proper size



3. Prepare opening by ensuring that jacks are plumb and threshold is level



4. Frame in and adjust opening as necessary to accommodate new door



5. Attach flashing, if necessary, to protect any new materials from water intrusion



6. Using shims, locate door in frame, adjusting for level and plumb, and attach securely



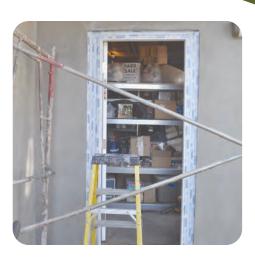
21-2 DOOR INSTALLATION



7. Ensure door is fully operational and lock set is aligned



8. Insulate gaps between door jamb and frame



9. Seal rough opening, to prevent both air and water intrusion



10. Replace trim



11. Seal along threshold, ensuring water will flow away from door

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22-1 WINDOW GLASS REPLACEMENT

Aligns with SWS 3.0201.1, 3.0201.4

NOTES

Check file for age of house and complete any

required lead testing before work begins.





TOOLS

- · Heavy Work Gloves
- · Glass Cutter
- · Scraping Tool

BEFORE

Broken, cracked or missing glass breaks the pressure and thermal boundary

AFTER

Newly installed glass is sealed to prevent air and water infiltration

MATERIALS

- · Cleaning Solution
- · New Window Pane
- · Silicone Caulk
- · Window Glazing
- · Tape

PPE







22-1 WINDOW GLASS REPLACEMENT



1. Remove all broken glass



2. Clean all debris, caulk, etc., from sash



3. Measure rough opening for pane, size pane 1/8-3/16 inches less than RO

NOTES



4. Run interior bead of caulk



22-1 WINDOW GLASS REPLACEMENT



5. Install new glass, using tempered where code requires, that meets or exceeds previous glazing



6. Hold new pane with tape or stops



7. Caulk all edges

NOTES

Tools and materials listed are only recommendations and may not include everything needed to complete the job.



23-1 INSULATE AN ELECTRIC DOMESTIC WATER HEATER

Aligns with SWS 7.0301.2





TOOLS

· Utility Knife

BEFORE YOU BEGIN

Check data plate on water heater to find existing insulation level (if any) and verify additional insulation is not prohibited

AFTER

 A properly insulated water heater safely reduces standby losses

MATERIALS

- Water Heater
 Insulation Blanket
- · Foil Tape
- · Tie Strap
- · Wire
- · Twine

PPE









23-1 INSULATE AN ELECTRIC DOMESTIC WATER HEATER



1. Insulate tank with minimum R-10 or better



2. Ensure a continuous vapor barrier with no gaps



3. Do not obstruct temperature and pressure relief valve (T&P)



4. Tape all seams and edges airtight



5. Cut flaps at access plates, tape them shut and then label from the exterior



6. Secure seams with tie strap, wire or twine and minimal compression

NOTES



23-2 INSULATE A GAS DOMESTIC WATER HEATER

Aligns with SWS 7.0301.2





TOOLS

· Utility Knife

BEFORE YOU BEGIN

Check data plate on water heater to find existing insulation level (if any) and verify additional insulation is not prohibited

AFTER

✓ A properly insulated water heater safely reduces standby losses

MATERIALS

- Water Heater Insulation Blanket
- · Foil Tape
- · Tie Strap
- · Wire
- · Twine

PPE







Tools and materials listed are only recommendations and may not include everything needed to complete the job.



23-2 INSULATE A GAS DOMESTIC WATER HEATER



1. Insulate tank with minimum R-10 or better



2. Ensure a continuous vapor barrier with no gaps



3. Cut insulation to allow 6-inch space to draft diverter and flue pipe

NOTES



4. Do not obstruct burner access plate or combustion air intake



23-2 INSULATE A GAS DOMESTIC WATER HEATER



5. Do not obstruct temperature and pressure relief valve (T&P)



6. Tape all seams and edges airtight



7. Cut flaps at access plates, tape them shut and then label from the exterior



8. Secure seams with tie strap, wire or twine and minimal compression

NOTE:	5
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23-3 INSULATE DOMESTIC **HOT WATER (DHW) PIPES**

Aligns with SWS 7.0301.1



Insulate pipes to a minimum R-3 at least 6 feet from DHW on both hot and cold lines



Insulation should be continuous with no gaps

TOOLS

- · Utility Knife
- · Measuring Tape

MATERIALS

- · Pipe Insulation
- · Tape or Tie Straps

PPE









23-3 INSULATE DOMESTIC HOT WATER (DHW) PIPES



Keep insulation back at least 6 inches from draft diverter and single wall pipe



Do not rely on manufactured adhesive seam seal to hold closed



Secure seams with tape



When path is partially obstructed or curved, shape insulation to the location to eliminate gaps

NOTES

ed :	to complete the job.



24-1 INSTALL A LOW-FLOW SHOWERHEAD

Aligns with SWS 7.0201.1



BEFORE

X Higher flow showerheads

waste water and cause water heaters to run more

than necessary



AFTER

Low-flow showerheads must be 2.5 gallon per minute (gpm) or less flow rate, to reduce heating load and encourage lower water use.

TOOLS

- · Adjustable Wrench
- · Pipe Wrench
- · Channel Locks
- · Buffer Material
- · Rag
- · Toothbrush/Wire brush

MATERIALS

- · Thread Tape
- · New Showerhead

PPE





24-1 INSTALL A LOW-FLOW SHOWERHEAD



 Carefully remove old showerhead with adjustable wrench, taking care not to loosen shower arm



2. If old showerhead does not have flat sides at connection, wrap with buffer material, such as a piece of rubber



3. Then use pipe wrench or channel locks to loosen connection at shower arm



4. Clean threads of shower arm well to remove old residue



5. Wrap new thread tape around threads



6. Install new showerhead according to occupant needs, such as hand-held, shutoff or swivel



24-1 INSTALL A LOW-FLOW SHOWERHEAD



7. Ensure that connections will not leak while preventing damage by using buffer material



8. Use thread tape at all connections



9. Verify proper water flow and that there are no leaks

NOTES

Tools and materials listed are only recommendations and may not include everything needed to complete the job.



24-2 INSTALL A LOW-FLOW FAUCET AERATOR

Aligns with SWS 7.0201.1





TOOLS

- Adjustable Wrench/ Aerator Wrenches
- · Soft Rag

BEFORE

Faucets without aerators produce excess flow and old aerators can impinge flow or cause leakage

AFTER

✓ Low-flow faucet aerators limit flow to 2.2 gpm or less and reduce heating load by encouraging lower water use

MATERIALS

- · Thread Tape
- · WaterSense Aerator

PPE





24-2 INSTALL A LOW-FLOW FAUCET AERATOR



1. Using adjustable wrench or aerator wrench, gently remove old aerator, taking care not to damage faucet



2. Once loose, continue removal by hand



3. Clean threads of the faucet with a soft rag to remove any debris



4. Verify size and type of aerator will work with faucet



5. Wrap thread tape around new aerator if male, or faucet threads if it takes a female aerator



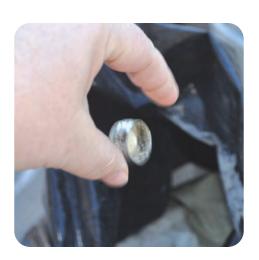
6. Carefully install new aerator, ensuring any necessary rubber washers are in place and taking care not to cross-thread



24-2 INSTALL A LOW-FLOW FAUCET AERATOR







7. Do not overtighten aerator 8. Run water through new aerator to verify it is not cross-threaded and

no water is leaking around sides

9. Remove old aerator from property and permanently dispose of it

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For kitchen sinks, 1.0-1.5 gpm save water without affecting performance. For
lavatory sinks, as low as 0.5 gpm is adequate.

Tools and materials listed are only recommendations and may not include everything needed to complete the job.



25-1 INSTALL ROOF VENT

Aligns with SWS 6.0101.2, 6.0201.1, 6.0201.2, 4.0188.2





TOOLS

- · Measuring Tape
- · Dvill
- · Hole Saw
- · Caulk Gun
- · Utility Knife
- · Mastic Brush

BEFORE

X Kitchens, bathrooms, and attics all have requirements for ventilation to the exterior, as well as dryer and combustion exhaust venting

AFTER

✓ A properly installed vent preserves the integrity of the roof

MATERIALS

- · Vent with Collar
- · Caulk
- · Mechanical Fasteners
- · Joint Tape
- · Mastic

PPE















* if going in attic **location dependent ***weather dependent ****if using power tools

Tools and materials listed are only recommendations and may not include everything needed to complete the job.



25-1 INSTALL ROOF VENT



1. Determine the appropriate vent dependent on its use – attic ventilation, kitchen hood, bath fan, dryer exhaust (these should ideally be lower), or combustion exhaust



2. Locate ideal hole location from attic side of roof deck and drill center hole



3. Mark out size and location of hole on roof deck, verifying size of termination collar

NOTES



25-1 INSTALL ROOF VENT







4. From roof side, cut hole slightly larger than termination collar. If shingle roof, cut just below one layer of shingles in order to preserve overlap

5. Run sealant around perimeter of vent and tuck under any surrounding uphill shingles. Seal uphill shingles over vent



6. Collar should extend down through roof into attic



7. Slide vent ducting to collar, sized to match the duct diameter, and attach with mechanical fasteners



8. Seal duct joints with mesh and mastic to complete vent installation. Insulate as required

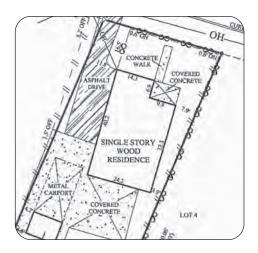


25-2 LOCATE AN EXTERIOR TERMINATION

Aligns with SWS 6.0101.2

CHECKLIST

✓ Locate all exhaust terminations to the outside – not attics and crawlspaces – and:



✓ At least 3 feet from the property line



✓ At least 3 feet from all operable openings



✓ At least 10 feet from a mechanical intake



✓ If near soffit, no open soffit venting for at least 6 feet on each side

NOTES

See these Job Aids

for PPE for appropriate

termination installations

17-1 Vent a Clothes
Dryer

18-1 Install Exhaust Fan Flex Duct (Bath Fan Only)

18-2 Install a Hard-Ducted Exhaust Vent

25-1 Install Roof Vent

A-1 Index of Standard Work Specifications Referenced:

**Note: Inclusion on this list does not imply that every Specification within the cited Detail is addressed in the Field Guide/Appendices. Job Aids in parentheses () presume referenced SWS has been followed.

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2.0101.1	Hardwired (interconnected) Smoke Alarms	<u>A-2</u>
2.0101.2	Battery-Operated Smoke Alarms	<u>A-2</u>
2.0102.1	CO Detection and Warning Equipment	<u>A-2</u>
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2.0202.2	Vented Subspaces – Ground Cover	<u>16-1</u> , 16-2
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3.0101.1	Air Sealing Holes	2-1, 2-2, 2-3, 2-4, 2-5, 2-6, 2-7, 8-1, 8-2, 13-1, 13-2, 13-3
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<u>3.0102.2</u>	Sealing High-Temperature Devices	<u>3-1</u>
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<u>3.0102.5</u>	MH Belly Repair – Soft Bottom Patching	(<u>15-1</u>)
<u>3.0102.6</u>	MH Belly Repair – Soft Bottom Replacement	(<u>15-1</u>)
<u>3.0102.7</u>	MH Belly Repair – Rigid Bottom Patching	(<u>15-1</u>)
<u>3.0102.9</u>	Sealing Dropped Soffits/Bulkheads	<u>2-2</u>
<u>3.0102.11</u>	Sealing Roof/Wall Connections	<u>2-1, 8-1</u>
<u>3.0103.1</u>	Access Doors and Hatches	<u>5-1, 5-2</u>
<u>3.0104.1</u>	Closed Crawlspace Air Sealing	<u>12-1, 13-1, 13-2,</u> (<u>16-1, 16-2</u>)
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3.0201.4	Glass Replacement	<u>22-1</u>
<u>3.0201.9</u>	Window Replacement	<u>21-1</u>
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3.0202.2	Door Replacement	<u>21-2</u>
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<u>4.0103.2</u>	Accessible Attic – Loose Fill Installation	<u>4-1, 6-1</u>
<u>4.0103.3</u>	Accessible Attic – Batt Insulation over Existing Insulation	<u>4-1</u>
<u>4.0103.4</u>	Accessible Attic – Loose Fill over Existing Insulation	<u>4-1, 6-1</u>
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<u>4.0104.2</u>	Knee Wall – Batt Insulation	<u>6-3, 8-3</u>
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4.0201.3	Dense Pack Insulation (Accessible Walls)	6-3
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4.0202.3	MH – Fiberglass Batts (Enclosed Walls)	10-1
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NFPA 72	National Fire Alarm and Signaling Code	<u>A-2</u>
NFPA 720	Standard for the Installation of Carbon Monoxide (CO) Detection and Warning Equipment	<u>A-2</u>

Useful Acronyms in this Guide:

ASHRAE: American Society of Heating, Refrigerating and Air-Conditioning Engineers, https://www.ashrae.org

EPS: Expanded Polystyrene – lightweight insulation board composed of foam beads, will absorb water

gpm: Gallons per Minute, measurement of water flow at a fixture

LED: Light-Emitting Diode, increasingly cost-effective and efficient lighting technology

IESNA: Illuminating Engineering Society of North America, https://www.ies.org

NECA: National Electrical Contractors Association, https://necaonline.com

NEMA: National Electrical Manufacturers Association, https://www.nema.org/Standards

NFPA: National Fire Protection Association, https://www.nfpa.org

OSB: Oriented Strand Board, wood by-product pressed into sheets, similar to particle board but with larger pieces compressed together with adhesives

SWS: Standard Work Specification, https://sws.nrel.gov

UL: Underwriters Laboratories, https://ul.org

XPS: Extruded Polystyrene – lightweight insulation board characterized by smooth uniform foam appearance, often in pastel colors indicating manufacturer

A-2 Safety Measures

Smoke Alarm Installation

Aligns with <u>2.0101.1</u>, <u>2.0101.2</u>, NFPA 72

Smoke alarms, either battery-operated or hardwired (interconnected), will be listed and labeled in accordance with UL 217

Battery-operated smoke alarms will have sealed, non-replaceable 10-year batteries

Smoke alarms, either battery-operated or hardwired (interconnected), will be installed in the locations required by Authority Having Jurisdiction

NFPA 72 states that smoke alarms will be installed:

- Inside each bedroom
- Outside each sleeping area
- On every level of the home, including the basement
 - o If a level does not have a bedroom, install in the living room or near the stairway to the upper level, or both locations
 - o In the basement, install on the ceiling at the bottom of the stairs leading to the next level
- On walls at a height not more than 12 inches away from the ceiling (to the top of the alarm) or on the ceiling
- At least 10 feet from any cooking appliance
- Away from windows, doors, or ducts where drafts might interfere with their operation
- For pitched ceilings, install alarm within 3 feet of the peak, but not in the apex (within four inches of the peak)

Install smoke alarms in accordance with the manufacturer's instructions

Provide occupants the manufacturer's written instructions

Carbon Monoxide (CO) Detection and Warning Equipment

Aligns with <u>2.0102.1</u>, NFPA 720

Select CO alarms that are listed and labeled in accordance with UL 2034, or approved by the authority having jurisdiction, have a minimum of 10-year manufacturer's warranty and contain internal, non-replaceable batteries

Install CO alarms in the locations required by the Authority Having Jurisdiction

NFPA 720 states that carbon monoxide alarms will be installed:

- In each sleeping area, within 10 feet of each bedroom door
- On every level of the home, including the basement
- More than 15 feet from heating or cooking appliances
- NOT in or near very humid areas, such as bathrooms

In addition, the International Association of Fire Chiefs recommends installing a CO detector near or over any attached garage.

Install CO alarms in accordance with the manufacturer's instructions, taking note of instructions for placement and height, as this can vary significantly by manufacturer

Provide occupants the manufacturer's written instructions

A-3 Baseload Lighting Measures

FOR ALL BASELOAD LIGHTING MEASURES:

Provide occupants/owners with user's manual, warranty information, installation instructions, and installer contact information

Permanently remove uninstalled equipment from job site and recycle or dispose of removed equipment and refrigerant in accordance with local and federal law (e.g., EPA Section 608 of Clean Air Act of 1990)

Permanently decommission old equipment

Lighting Replacement

Aligns with 7.0103.1

Discuss the lighting schedule with the client. At a minimum, replace any incandescent lamps that are on for one or more hours each day.

Educate client about incandescent lamp use, including using these lamps as little as possible.

Select replacement lighting that is appropriate for the intended application (e.g., enclosed, dimmable, potential for breakage, indoor vs. outdoor).

LEDs rated 2700-3000 K have similar color to incandescent bulbs.

Provide lighting level quality required for the intended application (e.g., task lighting, hazards lighting, nightlights) and approximate the lumen rating of incandescent lamp being replaced (see chart at right), except in circumstances where Lighting Reduction may be put into place (see Article below).

LED/Incandescent Lamp Equivalency Chart		
LED	Incandescent	Lumens
6 – 9 W	40 W	450 lm
8 – 12 W	60 W	800 lm
9 – 13 W	75 W	1100 lm
16 – 20 W	100 W	1600 lm
25 – 28 W	150 W	2600 lm

All replacement lamps are the highest level of efficiency within a technology (e.g., LED

bulbs) and are ENERGY STAR® qualified, equivalent or better, and UL approved.

New fixtures or lamps facilitate upgrade to future lighting technologies

New lamps are rated no more than the rated wattage of fixture.

Install lighting in accordance with manufacturer specifications and applicable code (i.e., NFPA 70, NFPA 101, NECA/IESNA 500)

If applicable, clean lens and reflector before installing new bulb

Install all electrical wiring according to applicable code (i.e., NFPA 70)

Lighting Reduction

Aligns with <u>7.0103.2</u>, <u>7.0103.7</u>

Replace or maneuver window coverings (e.g., blinds, shades, movable insulation) to maximize useful daylight where appropriate

Follow IESNA protocols for appropriate light levels for certain tasks when designing delamping procedure

Ensure final lighting levels are in accordance with ASHRAE 90.1 or 90.2

Ensure final egress lighting levels are in accordance with NFPA 70 and 101

Ensure that delamping does not impact required egress lighting, as required by ANSI/NFPA 101

De-energize circuit and lock out power before work begins

Remove bulbs or fixtures per plan ensuring that no open connections will remain after work is finished

Terminate all unused electrical connections in appropriate covered junction box per NFPA 70

Seal any penetrations created by removal as per ANSI/NFPA/ICC Fire Code

If removed bulbs or fixtures meet retrofit standards and are operational, store them in a dry location for reuse

Fixture Replacement

Aligns with 7.0103.3, 7.0103.4, 7.0103.5, 7.0103.6

FOR ALL FIXTURE INSTALLATIONS:

De-energize circuit and lock-out power before work begins

Locate and install new fixtures in accordance with appropriate code (e.g., NFPA 101, NFPA 70, NECA/IESNA 500)

Ballast Replacement

Select pulse start, high-efficiency, electronic ballasts that meet the appropriate nationally recognized product standards (ANSI C82.1, ANSI C82.2, UL 924, UL 1029, NEMA) and have a ballast factor of 0.85 or greater

Select ballasts that match the input and output voltage of the existing fixture, that fit within the existing enclosure, and will support the necessary wattage of the bulbs

Install ballasts in accordance with manufacturer specifications

Clean the lens and reflector once installation is complete

Exit Sign Replacement

Select exit signs from the NEMA Premium Exit Sign List and that meet all applicable codes (UL 924, NFPA 70, and/or IBC and IFC, as appropriate)

Signs that include battery-backups that can maintain the total load for a minimum period of 1-1/2 hours and indicate system failure with visual and audible alarm

Signs that are able to be attached to the existing outlet box

Signs that are rated for a maximum of 5 watts per illuminated side

Signs with at least a 1-year warranty

Emergency Lighting Replacement

Select emergency light fixtures that are UL approved for location installed (i.e., indoor, outdoor, wet location)

Emergency light fixture has battery-backup that can maintain the total load for a minimum period of 1-1/2 hours, in accordance with section 700.12 of NFPA 70

Security Lighting

Select security light fixtures that are UL approved for location installed (i.e., indoor, outdoor, wet location)

Security light fixtures provide the required lighting conditions with the lowest possible energy-use, are vandal-proof, are dark-sky approved and are ENERGY STAR® qualified, equivalent or better

Aim light fixtures to minimize light emitted above the horizontal, beyond the perimeter of the property, and not directly into any window of a residence

Clean the lens and reflector once installation is complete

Install both photo and motion sensors and configure to only activate when sun is down and to switch off within 5 minutes if no motion is detected

Lighting Controls

Aligns with <u>7.0104.1</u>, <u>7.0104.2</u>, <u>7.0104.3</u>, <u>7.0104.4</u>, <u>7.0104.5</u>

FOR ALL CONTROL INSTALLATIONS:

Select controls that are compatible with the existing wiring and lighting fixture, and are UL approved and listed for the installed location

Install control in accordance with NFPA 70 and manufacturer specifications, in a secure location, and in location appropriate enclosure (e.g., weatherproof) or protected from physical damage

Occupancy Sensors

Do not install occupancy sensors in areas accessed for electrical and mechanical maintenance

Set controls to match the intended use of the space (i.e., time off setting not too short or too long)

Stand-Alone Timers

Select timer that has at least 10 hours of battery backup time, has at least two programmable schedules, and has an appropriate manual override

Do not install timers for egress lighting required by NFPA 101

Set timer to turn off exterior fixtures when there is sufficient daylight (civil twilight) or when lighting is no longer needed at night per ASHRAE 90.1 or 90.2

Set timer to turn off interior fixtures when light is no longer needed in the space

Motion Control Sensors

Select sensor that is location- and climate-appropriate (e.g., outdoor weatherproof fixture)

Locate sensor where it will minimize false starts

Set controls of motion sensor based on anticipated occupant usage or security needs

Set control to turn off lighting if no motion is detected for a maximum of 15 minutes

Outdoor Photo Sensors

Select sensor that is UL approved and listed for the installed location (e.g., UL 60730-1) and is location- and climate-appropriate (e.g., outdoor weatherproof fixture)

Select fixture that allows for replacement of photo sensor independently

Position sensor to properly sense natural light, but shielded from artificial light sources (e.g., other outdoor lighting)

Bi-Level Controls

Select control that has an appropriate manual override

Affix permanent labels near the switch location to indicate light level and fixture control