



Hoyer Lift: Operation Instructions and Proper Use

Using a manual Hoyer lift safely and effectively requires attention to detail and adherence to proper procedures. Below are instructions for using a manual Hoyer lift:

1. Preparation:

- Verify that all parts are in good condition, including straps, hooks, and the hydraulic pump if applicable.
- Check the weight capacity of the lift and ensure it exceeds the weight of the individual being lifted.
- Position the lift near the individual needing assistance, making sure there's enough space to maneuver safely.

2. Prepare the Individual:

- Removing Communicate with the individual to explain the process and ensure they are comfortable and ready.
- Assist the individual to a seated position on a stable surface such as a bed or wheelchair.
- If transferring from a bed, ensure the bed is at a suitable height for the transfer.

3. Attach Sling:

- Select the appropriate sling based on the individual's needs (e.g., full-body, U-shaped, or toileting sling).
- Position the sling behind the individual, ensuring proper alignment and comfort.
- Attach the sling straps to the lift's hooks securely, double-checking that all connections are tight and stable.
- Ensure the sling is positioned correctly under the individual to provide proper support during the lift.
- When using slings/lifts with chains, the consumer's arms should be positioned outside the chains
- When attaching a consumer to seat hangers, the S-hooks should be positioned away from the consumer's body

4. Adjust the Lift:

- Position the Hoyer lift legs around or close to the individual, ensuring stability and clearance for the lift.
- Adjust the lift's legs to the appropriate width to provide stability during the transfer.

- Lower the lift's mast to a level that allows the sling to clear the surface the individual is on but is still within reach for the lifting process.

5. Perform the Lift:

- Operate the hydraulic pump or manual crank to gradually raise the individual off the surface.
- Lift smoothly and evenly, ensuring the individual feels supported and secure throughout the process.
- Check that the sling is not twisted or bunched up and that the individual is comfortable.
- Lift the individual to a sufficient height to clear obstacles or reach the desired destination.

6. Transfer:

- Maneuver the lift carefully to the desired location, ensuring there are no obstacles in the way.
- Lower the individual gently into the new position, such as a wheelchair, chair, or bed.
- Ensure the individual is positioned comfortably and securely before detaching the sling.

7. Detach the Sling:

- Once the individual is safely positioned, detach the sling from the lift's hooks carefully.
- Store the sling properly for future use, ensuring it is clean and undamaged.

8. Stow the Lift:

- If no longer needed, lower the lift's mast and carefully disassemble or stow it according to the manufacturer's instructions.
- Ensure the lift is stored in a safe and secure location to prevent accidents or damage.

9. Clean and Maintain:

- After each use, clean the lift and sling according to the manufacturer's recommendations to maintain hygiene and prevent contamination.
- Regularly inspect the lift for any signs of damage or wear and address any issues promptly to ensure safe operation.

10. Training and Supervision:

- Only trained personnel should operate the Hoyer lift.
- Supervise transfers, especially when using the lift with individuals who have limited mobility or cognitive impairments.



Skills Test: Hoyer Lift

First Name:

Last Name:

1. What is the primary function of a Hoyer Lift?
 - A. To provide physical exercise
 - B. To transfer a person with minimal physical effort
 - C. To assist with household chores
 - D. To elevate a person for medical examination
2. Why is it important to practice using the Hoyer Lift with a helper before lifting the consumer?
 - A. To ensure the lift operates smoothly
 - B. To avoid injury to the consumer
 - C. To test the battery life of the lift
 - D. To demonstrate proper lifting techniques
3. Which part of the Hoyer Lift should be always centered over the base legs?
 - A. Mast/boom assembly
 - B. Steering handle
 - C. Hydraulic pressure release knob
 - D. Consumer's weight
4. What should be done before attempting to lift a consumer using the Hoyer Lift for the first time?
 - A. Adjust the lift's battery pack
 - B. Lower the side rails of the bed
 - C. Explain the lifting sequence to the consumer
 - D. Fold the U-Sling
5. Which position should the consumer be in before attaching the sling?
 - A. Sitting upright
 - B. Resting on their side
 - C. Standing
 - D. Lying face down
6. Which type of sling is commonly used for transferring a consumer from a bed?
 - A. Full hammock style sling
 - B. Padded U-Sling
 - C. Chain sling
 - D. Draw sheet
7. How should the lifter be positioned for attachment of the sling?



- A. With the legs of the base closed
 - B. With the mast/boom assembly swiveled to one side
 - C. With the legs of the base open and locked
 - D. With the steering handle in a vertical position
8. What is the purpose of the parking brakes (caster locks) during lifting?
- A. To prevent the lift from moving
 - B. To ensure smooth movement of the lift
 - C. To stabilize the consumer
 - D. To adjust the height of the lift
9. Where should the consumer's arms be positioned when using slings/lifts with chains?
- A. Inside the chains
 - B. Outside the chains
 - C. Holding onto the sling
 - D. Wrapped around the consumer's body
10. How should the S-hooks of the chain be positioned in relation to the consumer when attaching them to the seat hangers?
- A. Towards the consumer's body
 - B. Away from the consumer's body
 - C. At the same level as the consumer's body
 - D. Above the consumer's body